OMB Control No. 0915-0338, Expiration Date 09/30/2026

INFORMATION IN THIS BOX IS FOR GRANTEE RECORDS ONLY—DO NOT UPI	NFORMATION IN THIS BOX IS FOR GRANTEE RECORDS ONLY—DO NOT UPLOAD				
Name of Participant/Other Adult:	Date of Birth:				
Name(s) & Date(s) of Birth of Other Linked Participants (up to 2 people, as	applicable):				
Name of Other Linked PP #1:	Date of Birth:				
Name of Other Linked PP #2:	Date of Birth:				
Name of Interviewer:					
Names and dates of birth are included above for grantee tracking purposes only a <u>HRSA</u> .	nd <u>should not be submitted to</u>				

Public Burden Statement: The purpose of this information collection is to obtain performance data for the following: HRSA grantees and cooperative agreement recipients, program operations, and reporting requirements. In addition, these data will facilitate the ability to demonstrate alignment between MCHB discretionary programs and the Healthy Start Program to quantify outcomes across MCHB. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB control number for this information collection is 0915-0338 and it is valid until 09/30/2026. Public reporting burden for this collection of information is estimated to average 0.42 hours per response, including the time for reviewing instructions, searching existing data sources, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to HRSA Reports Clearance Officer, 5600 Fishers Lane, Room 14N136B, Rockville, Maryland, 20857 or paperwork@hrsa.gov.

GENERAL INSTRUCTIONS

- This background form must be completed with all participants enrolled in Healthy Start for preconception, prenatal, postpartum, or parenting/interconception case management/care coordination services; an enrolled father or partner; or an "other adult" who is not enrolled in the program but has primary responsibility for/custody of an enrolled child.
- This form must be administered by a trained case worker or other Healthy Start grantee staff member to
 ensure consistency in responses across participants. It should not be self-administered or administered by
 staff who have not received training.
- Every form should include the individual's Unique ID# (UID) in Question G1. Each person's UID should remain the same across phases and years of participation in the program and should be in the format noted in Question G1.
- If there is more than one enrolled participant in the family unit (other than an enrolled child), the UIDs must appear together on this form so that all associated participants can be linked in the database. Participant linkages are made using Question G2 of this form, "other linked primary participant". Enrolled children are linked to participants using the Parent/Child form; do not enter ChildUIDs in this form.

See the next page for additional instructions.

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When to complete this form:

- For enrolled case management/care coordination (CM/CC) participants (an individual who is enrolling, or is already enrolled in Healthy Start for case management/care coordination services):
 - o Complete this form when an individual first enrolls in the Healthy Start program.
 - Update/re-screen this form when the participant enters the prenatal phase, ends the prenatal phase, their enrolled child turns 6 months, and when they exit the Healthy Start program.
- For "other adults" (individuals not enrolled in Healthy Start who have primary responsibility for/custody of an enrolled child):
 - o Complete this form with the caregiver when the child is enrolled into the program.
 - Update/re-screen this form when the enrolled child turns 6 months, and when the child exits the Healthy Start program.

How to update/re-screen this form:

- To perform a re-screen:
 - 1. Select "Updated form" in Question G4.
 - 2. Select a reason for the update from the provided list (example: "enrolled participant enters prenatal phase").
 - 3. Complete the corresponding "Date of update" field by entering the date the form is being updated/re-screened.
 - 4. Re-screen Questions 1-20 with the participant/other adult.
- Other update there are three additional re-screening scenarios:
 - <u>Annual re-screening</u> when a year has elapsed since a participant's/other adult's last screening/update, re-screen the Background form. Select "Updated form" in Question G4, select "Other update" as the reason, complete the "Date of update" field by entering the date the form is being updated, and re-screen Questions 1-20.
 - Re-enrollment when a participant exits the program for any reason and then enrolls again at a later date ("re-enrolls"), re-screen the Background form. Select "Updated form" in Question G4, select "Other update" as the reason, complete the "Date of update" field by entering the date the form is being updated, and re-screen Questions 1-20. Only re-screen Questions 21-25 with participants who have been or can become pregnant.
 - Updates to single questions or sections to update/re-screen a single question or section of the form (such as to add an "Other linked primary participant" in Question G2), select "Updated form" in Question G4, select "Other update" as the reason, complete the "Date of update" field by entering the date the form is being updated, and re-screen the applicable question(s).

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[GENERAL INFORMATION to be completed by staff:]

	vidual's Unique ID#:
[Enter	as one number: Grantee Org Code + PP + Client's Unique ID (example: 123PP45678)]
G2. Other en	rolled participants/"other adults" linked to this individual:
(Enter up	to 2 & use format in question G1; do not enter ChildUIDs)
	Other Linked Participant/Adult ID #1:
	Other Linked Participant/Adult ID #2:
	- OR -
	No other participants/adults are linked to the individual completing this form
G3. Date of t	his participant's <u>FIRST</u> enrollment into Healthy Start case management/care coordination:
(Select o	nly one)
	Initial Enrollment Date: (mm/dd/yyyy)
	- OR -
	Not applicable (individual is an "other adult")
G4. This forn	ı is an
(Select o	ne)
	Initial form (this is the first time the individual is completing the form)
	⇒ Date of initial form completion: (mm/dd/yyyy)
	Updated form (the individual has completed this form before and is being screened again)
	Reason for update (Select one):
	☐ Enrolled participant enters prenatal phase
	⇒ Date of update: (mm/dd/yyyy)
	☐ Enrolled participant ends prenatal phase
	⇒ Date of update: (mm/dd/yyyy)
	☐ Enrolled child turns 6 months
	⇒ Date of update: (mm/dd/yyyy)
	☐ Enrolled participant is exiting Healthy Start
	⇒ Date of update: (mm/dd/yyyy)
	☐ Other update
	Date of update: (mm/dd/yyyy)

(ADMINISTRATIVE) Check the box below if this form is a correction to a version already uploaded to the Healthy Start Monitoring and Evaluation Data System (HSMED). Otherwise, leave this box blank.

☐ This form is a correction.

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[Staff – Please read the following statement to the participant:]

This questionnaire should take about 25 minutes to complete. Any information you provide will be kept confidential. You do not have to answer any questions you do not want to, and you can end the interview at any time without any penalty or loss of benefits.

		Participant Genera	Il Information	
1. Are you cur	rently pre	egnant?		
-		-		
	☐ Yes ☐ No/N	ot Applicable		Don't know Declined to answer
 No/Not Applicable Declined to answer 2. Are you currently parenting a child(ren) less than 18 months old? (Select one) Yes, I am parenting child(ren) (enter # of children less than 18 months old) (Staff: Complete a mandatory Parent/Child Form for each child less than 18 months old who is enrolling/enrolled in Healthy Start) No Declined to answer				
_		<i>y</i> , ,		
	(Staff is enr □ No	: Complete a mandatory Parent/Ch colling/enrolled in Healthy Start)		
		Participant He	alth Care	
	=	some questions about your currer	nt health care. Col	
medical co injured, su visits as pr	are, such a uch as an a eventive v	ns a physical or well-visit checkup? annual or sports physical, or well-v	A preventive che	eck-up is when you are not sick or
(Select	(Staff: Complete a mandatory Parent/Child Form for each child less than 18 months old who is enrolling/enrolled in Healthy Start) No Declined to answer Participant Health Care ext, I'd like to ask you some questions about your current health care. Collecting this information gives us a letter idea of our participants' experiences and needs so we can improve the services we offer. During the past 12 months, did you see a doctor, nurse, or other health care professional for PREVENTIVE medical care, such as a physical or well-visit checkup? A preventive check-up is when you are not sick or injured, such as an annual or sports physical, or well-visit. [Staff: Include prenatal and postpartum care visits as preventive visits] (Select one) Yes Don't know No Declined to Answer			
1. Are you currently pregnant? (Select one) Yes Don't know Declined to answer 2. Are you currently parenting a child(ren) less than 18 months old? (Select one) Yes, I am parenting child(ren) (enter # of children less than 18 months old) (Staff: Complete a mandatory Parent/Child Form for each child less than 18 months old who is enrolling/enrolled in Healthy Start) No Declined to answer Participant Health Care Next, I'd like to ask you some questions about your current health care. Collecting this information gives us of better idea of our participants' experiences and needs so we can improve the services we offer. 3. During the past 12 months, did you see a doctor, nurse, or other health care professional for PREVENTIVE medical care, such as a physical or well-visit checkup? A preventive check-up is when you are not sick or injured, such as an annual or sports physical, or well-visit. [Staff: Include prenatal and postpartum care visits as preventive visits] (Select one) Yes				
Are you currently pregnant? (Select one)				
(Select	one)			
	□ Yes, l			

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5. What kind of	health	insurance	do	you	have	now?
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(Select all that apply)

	Insurance Type	Participant's Response(s)
a.	Private health insurance from my job or the job of my spouse or partner	
b.	Private health insurance from my parents	
C.	Private health insurance from the <state> Health Insurance Marketplace or <state website=""> or HealthCare.gov</state></state>	
d.	Medicaid (Title XIX) (Specify state Medicaid name:)	
e.	Medicare (for individuals with disabilities)	
f.	Medicare (for individuals over age 65)	
g.	CHIP (Title XXI)	
h.	Subsidized ACA plan (also called 'subsidized premium or subsidized coverage through the Affordable Care Act')	
i.	TRICARE or other military health care	
j.	Indian Health Service or tribal	
k.	Other health insurance (do not include private plans that only pay for one type of service such as family planning, accidents, or dental care.) (Specify other insurance name:)	
l.	I do not have health insurance now	
m.	Don't know	
n.	Declined to answer	

Personal Well-Being

Over the next few questions, I'm going to ask you about how you're doing in day-to-day life, that is, your own sense of personal well-being. I'll start with a couple of questions about income because the financial resources available to us can have a big impact on stress in our daily lives.

sources of income for indiv partner's income, your par	iduals living in your household, ents' income (if in same househ	isehold income before taxes? Include all including your income, your spouse's or nold), and any other income you may have affect any services you are now getting.
(Select one)		
	dollars	☐ Don't know
		Declined to answer

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-	<u>st 12 months</u> , how many people, including unts as one person)	g yourself, depended on this income? (A pregnar	۱t
(Select ali	that apply)		
	Adults age 18 or older: (# of adults)	Don't knowDeclined to answer	
	Children age 17 or younger: (# of children)		
8. Which of thes	e statements best describes the food situ	ation in your household in the past 12 months?	
(Select or	ne)		
	We always had enough to eat but not a	always the kinds of food we should eat	
9. Has your fami	ly consistently had adequate housing ove	er the <u>past 12 months</u> ?	
(Select or	# Adults age 18 or older:		
	No		
10. Do you feel s	afe where you are living now?		
(Select on	- 		
	Some of the time		
resources, m	eetings, work or from getting things need		
	adults age 18 or older: (# of adults) Children age 17 or younger: (# of children) f these statements best describes the food situation in your household in the past 12 months? ect one) We could always eat good nutritious meals We always had enough to eat but not always the kinds of food we should eat Often we didn't have enough to eat Declined to answer r family consistently had adequate housing over the past 12 months? ect one) Yes No Declined to answer feet safe where you are living now? ect one) Most of the time Some of the time Rarely past 12 months, has lack of transportation kept you from medical appointments, community res, meetings, work or from getting things needed for daily living? ect all that apply) Yes, it has kept me from medical appointments, getting medications, or other community resources (such as Healthy Start education classes, WIC, etc.) Yes, it has kept me from work, school, or getting things that I need for daily living		

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Next, I'm going to ask you a couple of questions about how your mood has been lately.

12. Over the last 2 weeks, how often have you been bothered by the following problems?

[Staff: Read each item to the individual and check one response for each item. A Total Score of 3 or more indicates possible additional screening and referral is needed.]

	Mood	Not at all	Several Days	More than half the days	Nearly every day	TOTAL	Declined to answer
a.	Little interest or pleasure in doing things	□ 0	□ 1	□ 2	□ 3		
b.	Feeling down, depressed, or hopeless	□ 0	□ 1	□ 2	□ 3		
TOTAL SCORE							

<i>13</i> .	[Staff: Please indicate whether a referral for follow-up services related to possible depression was
	provided.]
	(Select one)

Yes, a referral for follow-up services was provided or the particip	ant is already receiving
services for depression or possible depression	
No, a referral for follow-up services was not provided because	(select one reason)

☐ The participant's score was less than 3 and did not indicate a need for referral

☐ The participant declined referral

☐ Unable to administer screening or participant declined to answer

The next couple questions are sensitive in nature and can be uncomfortable to answer. Please know that I ask everyone the same questions. It's important to answer honestly so we can provide the best services to you. Your answers will not change what I think of you or how we work together. Your answers will not change our relationship or how you're viewed or treated.

The first questions relate to your experience with alcohol, cigarettes, and other drugs. Some of the types of substances we'll talk about are prescribed by a doctor (like pain medications). But I will only record those if you have taken them for reasons or in doses other than prescribed.

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Less than

Monthly

Never

Monthly

Declined

to

answer

14. In the <u>past 12 months</u>, how often have you...? [Staff: Read the substance types and answers to the individual and <u>check one response for each type</u> of substance.]

Daily or

Almost

Daily

Substance Type

a.	Used any tobacco product (for example, cigarettes, e-cigarettes, cigars, pipes, or smokeless tobacco)?							
b.	For women: Had 3 or more drinks containing alcohol in one day? For men: Had 4 or more drinks containing alcohol in one day? One standard drink is about 1 small glass of wine (5 oz), 1 beer (12 oz), or 1 single shot of liquor.							
c.	Used any cannabis product?							
d.	Used any illicit drugs including cocaine or crack, heroin, methamphetamine (crystal meth), hallucinogens, ecstasy/MDMA?							
e.	Used any prescription medications just for the feeling, more than prescribed, or that were not prescribed for you? Prescription medications that may be used this way include: Opioid pain relievers (for example, OxyContin, Vicodin, Percocet, Methadone) Medications for anxiety or sleeping (for example, Xanax, Ativan, Klonopin) Medications for ADHD (for example, Adderall or Ritalin)							
_	 15. [Staff: Please indicate whether a referral for follow-up services related to cigarette/tobacco use was provided. Follow-up services may include further screening, education, and/or intervention.] (Select one)							
	□ No, a referral for follow-up services was not provided because (select one reason)							

We are concerned about the safety of all participants. Please answer the following questions so that we can help you if needed.

Unable to administer screening or participant declined to answer

☐ The participant declined referral

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16. During the <u>past 12 months</u>, has anyone... [Staff: Read each item to the individual and <u>check all responses</u> that apply for each item.]

	During the past 12 months has anyone	Current or Former Intimate Partner	Other Family Member	Someone Else	No-one	Declined to answer
a.	Threatened you or made you feel unsafe in some way?					
b.	Made you feel frightened for your safety or your family's safety because of their anger or threats?					
c.	Tried to control your daily activities, for example, control who you could talk to or where you could go?					
d.	Pushed, hit, slapped, kicked, choked, or physically hurt you in any other way?					
e.	Forced you to take part in touching or any sexual activity when you did not want to?					

17	[Staff: Please indicate whether a referral for follow-up services related to interpersonal violence was
	provided.]

(Select one)

	Yes, a referral for follow-up services was provided or the participant is already receiving
	appropriate services
	No, a referral for follow-up services was not provided because (Select one reason)
	☐ The participant did not indicate experiencing interpersonal violence
	☐ The participant declined referral
	☐ Unable to administer screening or participant declined to answer

[Staff: If any of the above screenings were not completed, please screen on the next visit.]

- "Other adults": This form is now complete. Complete the Parent/Child Form for the enrolled child.
- <u>CM/CC participants:</u> Complete the "Reproductive Health" section below.

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Reproductive Health

Next, I have a few questions about your thoughts on having (more) children. This information will help me support you in making decisions about whether and when you might have (more) children.

18. Do you want	any (more) children?		
(Select on	e)		
	Yes [Complete Q18a]		Don't know [Skip to Q19]
	No [Skip to Q19]		Declined to answer [Skip to Q19]
18a. How	long do you plan to wait until you/your pa	artner becomes	pregnant (again)?
(Sele	ct one)		
	0 – 11 months		Unable to get pregnant/Partner
	12 – 17 months		unable to get pregnant
	18 – 23 months		Don't know
	24 months +		Declined to answer
(Select on	•		
	Yes		No – Married or partnered
	No		No – Not sexually active
			Declined to answer
If you are cui again before	f birth control are you currently using to kee crently pregnant/expecting, what method a you are ready? that apply)		
	Tubes tied or blocked (female sterilization or Essure®)		Contraceptive implant in the arm (Nexplanon® or Implanon®)
П	Vasectomy (male sterilization)	П	Natural family planning
П			(including rhythm method)
П	Condoms		Withdrawal ("pulling out")
П	Shots/injections (Depo-Provera®)		Not having sex (abstinence)
	Contraceptive patch/vaginal ring		Unable to get pregnant/Partner
	(OrthoEvra®/NuvaRing®)		unable to get pregnant
	IUD (Mirena®, ParaGard®,		None
	Liletta®. or Skyla®)		Declined to answer

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[Staff: A satisfactory reproductive life plan (RLP) is defined by an individual's responses to Questions 18, 18a, & 20. That is, if the individual <u>doesn't</u> want (more) children (Q18), they have identified a method of birth control to use to prevent pregnancy (Q20); if the participant <u>does</u> want (more) children (Q18), they have thought about their spacing (Q18a), and how to prevent pregnancy until they are ready (Q20). If the individual's responses leave them vulnerable to unplanned pregnancies, provide education and support to assist them in developing a satisfactory RLP.]

- <u>CM/CC male participants:</u> This form is now complete. Complete the Parent/Child Form if he has an enrolled child.
- <u>CM/CC female participants</u>: Complete the "Pregnancy and Childbirth History" and "Previous Births" section below.

Pregnancy and Childbirth History

[Staff – Complete with enrolled participants who have been or can become pregnant only]

Next, I'd like to ask you some questions about your pregnancy and childbirth history.

21. Ho	ive vou	ever had	l any o	f the	followir	1a?

(Select all	that apply and enter appropriate number)
	Live birth – How many? (# of live births)
	⇒ How many were singleton births? (# of singleton live births)
	[Staff: A "singleton" birth is the birth of only one child during a single delivery]
	Pregnancy that did not result in a live birth (check all that apply and enter number)
	☐ Ectopic or tubal pregnancy — Number:
	☐ Miscarriage (pregnancy ended spontaneously before 20 weeks) Number:
	☐ Stillbirth or fetal death (pregnancy ended at 20 weeks or more) Number:
	☐ Termination of pregnancy , Number:
	None of the above – I have not had a pregnancy in the past
	Declined to answer

- If participant hasn't had a live birth, had only pregnancies that did not result in a live birth, or declined to answer Question 21, this form is complete.
- If participant has had a live birth (Question 21), complete the "Previous Births" section below.

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Previous Births

[Staff – Complete only for enrolled participants who have had a previous live birth (Q21). If participant becomes distressed at any point, use your judgement about continuing the interview. If necessary, complete this form and any additional required forms within 30 days of first beginning this interview]

To finish, I'd like to ask you a few questions about your previous births.

22. A preterm birt the past?	h is one that occurs before the 37	th week of pregnancy.	Have you had a preterm birth in
(Select one)		
	Yes - How many?(# of preterm births)		No Don't know Declined to answer
23. Did any of you	r babies weigh LESS than 5 pound	<i>ls, 8 ounces</i> [2500 grar	ns] <i>at birth?</i>
(Select one)		
	Yes [Complete Q23a] — ⇒ How many? ⇒ How many were multiples No [Skip to Q24] Don't know [Skip to Q24] Declined to answer [Skip to Q24]		abies) ets)? (# of babies)
	ur babies who were born weighin THAN 3 pounds, 5 ounces [1500 g t one)	-	Rounces, did any of them weigh
	Yes - How many? (# of babies)		No Don't know Declined to answer
24. Did any of you	ır babies weigh more than 9 poun	ds 4 ounces [4500 gra	ms] at birth?
(Select one)		
	Yes, How many?(# of babies)	_	No Don't know Declined to answer

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	ler to offer you the best, most sensitive service I after they were born?	can, can you tell me if you've ever lost a baby or
(Se	elect one)	
	☐ Yes [Complete Q25a & Q25b]☐ No [this form is complete]	Declined to answer [this form i complete]
25	5a. [Staff: If participant indicates the prior loss of the number of babies/children.]	a child in previous question, sensitively ask about
	Number of babies/children participantDeclined to answer	has lost:
25	5b. [Staff: Sensitively ask about the child's or child	dren's age(s) at death and record below:]
	□ Number of children who died 28 to 364	to 27 days of life (neonatal): 4 days after birth (infant): onths/365 days or older (post-infancy):
		onths/365 days or older (post-infancy):

The Healthy Start Background Information Form is Complete. Thank you!