



November 2023

**Training | Certification | Facilitation | Volunteer Activities | Publications  
Workshop Presentations | Awards | Bibliography**

***Training and Certification:***

- Advanced Master Program on the Treatment of Trauma
- Ages & Stages Questionnaire (ASQ) Certification – Developmental Screening Tools
- Biology of Addiction
- Breastfeeding and Racial Equity
- Child-Rearing Decisions of Asian Indian Parents
- Circle of Security Parenting
- Clinical Pastoral Care Specialist Training (Academy of Clinical Pastoral Training/Day Kimball Hospital)
- Clinical Pastoral Counseling Training (UConn/St. Francis Care Program)
- Clinical Pastoral Counseling Training (Academy of Clinical Pastoral Training/Day Kimball)
- Complicated Pregnancies
- Cultivating Positive Body Image in the Perinatal Period
- Family Development Credential Training (Cornell University/UConn)
- Family Mediation / High Conflict
- Frameworks Institute (Changing the Conversation on Social Issues)
- Implicit Bias, Structural Racialization, and Equity
- Infant Mental Health
- Lactation Counseling Training
- Mandated Reporter Training – CT Department of Children and Families
- Masculinity Paradox
- Men's Trauma and Recovery
- Mind in the Making: Children's Seven Essential Life Skills
- Neurobiology of Sacred Relationships
- Parents with Cognitive Limitations Trainer (CT Dept Children and Families)
- Parent Leadership Training Institute (PLTI) Facilitator Trainer
- Parents Supporting Educational Excellence (PSEE) Facilitator Trainer
- People Empowering People/UConn Program (PEP)
- Perinatal Mood and Anxiety Disorders
- Program Evaluation, Designing, Implementation (Temple University)
- Qualitative Data Methods / University of Hartford

- School Governance Councils Trainer
- Social-Emotional Learning – Children’s Trust Programming
- Toastmasters International
- Trauma in Children and Adolescents
- Trauma-Informed Family Support Practice
- Triple P (Positive Parenting Program) Level 2, 3, and 4 Provider
- The Trauma of Racism - Expert Strategies to Help Clients Heal

**Facilitation:**

- Bridging Troubled Waters: Virtual Training to Support Staff Navigating the Pandemic and Social Unrest (\*)
- Civic Partnering Training, City of Hartford (\*)
- Connecting with Fathers: Virtual Program Facilitation Challenges and Solutions (\*)
- Effective Communication and Connection (\*)
- Facilitator Training (\*) Various Agencies
- Family Community Partnership Training (\*) Various Agencies
- Family Development Empowerment for Leaders Training
- Innovation Online Modules Facilitated Discussion Group Training (\*)
  - CT Office of Early Childhood - Maternal Infant Early Childhood Home Visiting
- Intimacy: Deepening Relationships Personally and Professionally (\*)
- Male Home Visitor Training (\*)
- Parent Workshop Leadership Training (\*)
- Paternal Prenatal Early Attachment Workshops for Couples (\*)
- Paternal Prenatal Early Attachment Workshops for Fathers (\*)
- Real Dads Forever (RDF) Conference Keynotes / Workshops (\*)
- RDF Workshop - “Fatherhood and School” (\*)
- RDF Workshop - “Hey Dad, Let’s Build a Brain” (\*)
- RDF Workshop - “Nest Building” (\*) Eight Sessions
- RDF Workshop - “Engaging with Family Men” - Family Court Magistrates Training (\*)
- RDF Workshop - “Partnering with Family Men: Why and How” (\*)
- RDF Workshop - “Recognizing and Healing the Trauma of Father Absence” (\*)
- RDF Workshop - “What Happened?” - CT Department of Corrections (\*)
- RDF Workshop – “Fatherhood and Equity: Connecting to Maternal/Infant Mortality” (\*)

**Note: (\*) Curricula created by Doug Edwards**

***Volunteer Activities (Past):***

- 100 Black Men of America (Las Vegas NV, Jackson MS, Miami FL)
  - Parental Involvement and the Parent Leadership Training -
- Centering Pregnancy Fatherhood Groups
- Children's Law Center Board of Directors, President
- Children's Law Center High Conflict Family Mediator
- CT Bar Association Continuing Legal Education Training
- CT Center for Judicial Education - Family Support Magistrate Training
- CT Support Enforcement Services Fatherhood Training
- Fetal and Infant Mortality Review, Community Review Team Hartford
- Governor's Early Childhood Education Cabinet –
  - Family Engagement Home Visiting Workgroup
- Literacy Volunteers of Greater Hartford
- Manchester Historical Society Board of Directors, Vice-President
- Manchester Police Department Community Policing
- Men's Fellowship President, The First Cathedral Church
- New Haven MOMS Advisory Committee
  - **Mental health Outreach for Mothers (MOMS) Partnership**
- Perinatal Health Advisory Committee
- Transitional Living Center (TLC) House, Board of Directors, Manchester CT

***Volunteer Activities (Present):***

- CT Association for Infant Mental Health, Board of Directors, New Haven CT
- CT Breastfeeding Coalition
- CT Department of Corrections (Education Dept.) Fatherhood Workshops
- CT Judicial Court Support Services Division
  - Parent Education Program Advisory Council
- CT Two-Generation Policy Workgroup
- CT Fatherhood Initiative Executive Board / Advisory Committee
- ECHN Family Development Center Advisory Council, Chair
- Integrated Health Services, Chair Board of Directors, East Hartford CT
- Manchester Early Childhood Collaborative (formerly School Readiness Council)
- Manchester Public Schools Office of Equity & Partnerships
  - Advisory Council
- Maternal Child Health (Advisory Council to CT Department Public Health)
- New England Fathering Conference Planning Committee
- New Haven Breastfeeding Task Force
- Prevent Child Abuse CT - PCA CT - (Advisory Council to Office of Early Childhood)
- Town of Manchester Maternal Health Working Group

**Activities (Other):**

- Boston Medical Center/Boston University
  - National Advisory Board for Innovative Health IT for African American Men
- Childhood Conversations Conference Workshop Presenter
- Children's Trust (Boston) Partnering with Family Men Workshop Series
- Dads Matter Too! Keynote and Conference Presenter
- Friday Café Workshop Presenter (CT State Dept of Education)
- Hartford Healthy Start, Paternal Prenatal Early Attachment Program
- National Healthy Start, Paternal Prenatal Early Attachment Program
- New Haven Healthy Start, Paternal Prenatal Early Attachment - Workshops
- New Haven Family Alliance, Engaging Family Men - Professional Development
- WIC Father Friendly Site Assessments and Engaging Family Men - Staff Training
- American Public Health Association 2023 Conference – Fatherhood and Maternal Child Health

**Publications and Workshop Presentations:**

- ***A Father's Perspective: Issues Related to Grief and Loss*** - Women and children have been the focus of much-needed attention around community health issues. But the intentional inclusion of Dad as an asset, (an obvious and necessary collaborator that he is) has somehow escaped our consideration. We developed a ***Needs Assessment and Survey*** to explore Fathers' perspectives as they relate to grief and loss because we needed to address the most overlooked and neglected portion of their experience.
- ***Adolescent Family Life Teen Fathers Program*** - A professional development training to comprehensively examine the value of active fatherhood and its relationship to family strength and child development. Successful and proven strategies for recruiting, engaging, and retaining young men in a fatherhood program will be explored. We'll also look at child-centered, strength-based methods of developing and maintaining connections between moms and dads in or out of a love relationship.
- ***Get Connected / Stay Connected*** - A booklet created to support incarcerated fathers and family men (who are in the care and custody of the Connecticut Department of Corrections) in their efforts to enhance their relationships with their children.
- ***Partnering with Fathers and Affirming the Roles of Family Men*** - An Online Training Module for family support providers and home visitors, in partnership with Eastern Connecticut State University and CT Office of Early Childhood.

- ***The Value of a Man in the Life of a Child*** - An eight-session program for family men to learn the unique value of their social, emotional, and physical makeup and its corresponding support to the development and success of their children at school.
- ***Paternal Prenatal Early Attachment*** - A curriculum designed for expecting couples to strengthen fathers and enhance their support of mothers and children during pregnancy and after birth.
- ***Partnering with Family Men: Why and How?*** - A day-long training to develop a working partnership between caregivers and staff that catalyzes social and emotional child development for children.
- ***Parent Workshop Leadership Training*** - A ten-session training to inspire Parent Leaders to successfully implement parent-led workshops in partnership with schools.
- ***Civic Partnering Training*** - A curriculum designed to support dual-capacity learning to be used by partner agencies and other interested organizations.
- ***Bridging Troubled Waters*** - A professional development training to enhance the skills and competencies of family workers as they navigate the COVID-19 pandemic, social unrest, politics, and economic challenges. Navigating the space between themselves and the families they serve, family workers must understand the nuances of the impact of those issues. Our effectiveness depends on that understanding.
- ***Intimacy*** - An interactive training conversation about the relationship between intimacy and self-care, with strategies for deepening relationships personally and professionally.
- ***SEX: The Thrill & The Bill*** - a workshop for older teens to explore a graphic examination of the benefits and costs of sexual activity as it relates to the social, emotional, physical, educational, and financial areas of life.
- ***The Benefits of Perinatal Father Involvement*** - An article supporting father involvement with incarcerated expecting mothers.
- ***Co-Parenting for Your Kids to Succeed*** - A booklet created to support incarcerated fathers and mothers (who are in the care and custody of the Connecticut Department of Corrections) in their efforts to co-parent so their children can succeed.
- ***Relational Health Strategies*** – A professional development training that addresses the social, political, racial, and economic climate, complicated by the continued “hangover” of the COVID pandemic and its impact on collective and individual relational health.

- ***Nest Building - Successful Parenting so Your Kids Can Thrive*** – An Eight Session Workshop Series with a focus on family men. Parents will have an opportunity to discover ways to enhance their children's success while Co-parenting (whether they are in a love relationship or not) and to support their development.
- ***Fatherhood and Equity: Connection to Maternal & Infant Mortality*** – A Three Session Workshop Series for family workers with a focus on fathers, how they show up, and what they bring to the pregnancy. Facilitators will learn how to work with fathers in that sacred space between them recognizing inequities, personal barriers, and institutional and social biases. They will discover how to help dads be at their personal best to partner with, support, and advocate for mom and their children during and after pregnancy.
- ***Fatherhood and Prevention: From Conception to Forever*** - A Three-Hour Workshop  
Fathers are a social and emotional resource for Moms, children, and communities. Good fathering includes healthy relationships that enhance prevention. We will look back and start from early childhood to trace the preventive elements of fathering along with the skills and assets family men bring to the lives of children. We'll look forward, finding ways to address unconscious bias about family men while highlighting the value of fatherhood in your work. Together, we'll have a lively interactive conversation using a multi-sensual approach, with research, music, photos, and videos.
- ***Arise and Shine, We Have Work to Do*** - A Three-Hour Workshop  
The colorless, odorless, tasteless, silent cloud of the pandemic and the stressor accompanying it are slowly lifting. It's time to re-discover ourselves and each other and connect. We will look back at our early childhood and learn the importance of bringing those experiences forward to weave them into our work with a fresh sense of enthusiasm and joy.

**Awards:**

- 1999** Manchester Community Services Council Volunteer Recognition Award
- 1999** Department of Children and Families Participation in 2<sup>nd</sup> Annual Family Day
- 2000** CT Department of Social Services and Children's Trust Fund Recognition for Visionary Leadership and Outstanding Dedication in Support of CT Fathers and Families
- 2001** CT Certificate of Special Congressional Recognition for Community Service
- 2005** City of Hartford Day Care Award for Dedication, Support, and Parental Involvement
- 2007** The 8<sup>th</sup> Annual New England Fathering Conference Fathering Award
- 2008** 100 Black Men of America Mini Institute in Recognition of Excellent Service in "The Future of Education"
- 2008** Child Plan Parent Leader of the Year Award
- 2008** Greater Bridgeport Adolescent Parenting Program Teen Fathers Support Award
- 2009** CT Fatherhood Program Award
- 2010** NAACP Baquet Speaker Award Bristol CT
- 2014** Robert Haller Memorial Award for Outstanding Community Service
- 2014** Stone Soup Parents as Partners Award
- 2015** 100 Men of Color - Recognition of contributions to service and the impact on the lives of people throughout the State of Connecticut
- 2015** JSM CT Fatherhood Initiative Outstanding Fatherhood Leadership Award
- 2015** CT Fatherhood Initiative Executive Committee Appreciation
- 2015** CT DCF Fatherhood Engagement Leadership Team Certificate of Appreciation
- 2015** CT Parent Power Exemplary Fatherhood Hero Award
- 2018** Childhood Conversations Community Vision Award
- 2019** CT Fatherhood Initiative Distinguished Member Award
- 2020** CT Association for Infant Mental Health Bourns Award for Excellence
- 2022** CT Breastfeeding Coalition Certificate of Excellence in Support of CT's Breastfeeding Families

## Bibliography

### Mark Brady, PhD

Neuroscience educator, neurobiologist, co-founder of the Children's Grief Program in Palo Alto, CA, and A *A Father's Book of **Listening: Essential Practices for Deeply Loving Our Children** (2004)*  
*The Flowering Brain and Committed Parent (Blog)*



### Thema Bryant, PhD

Clinical psychologist and 2023 president of the American Psychological Association. Doctorate in Clinical Psychology at Duke University and her post-doctoral training at Harvard Medical Center's Victims of Violence Program. Professor of psychology at Pepperdine University and an ordained minister.  
*Intergenerational Trauma and Decolonization of Psychology*  
**"The Cultural Context Of Trauma Recovery (2019)**  
**Homecoming: Overcome Fear and Trauma to Reclaim Your Whole Authentic Self (2022)**



### Deb Dana, LCSW

International lecturer on **Polyvagal Theory** and the **Leading Translator** of this scientific work to the public and mental health professionals.  
**Anchored: How to Befriend Your Nervous System Using Polyvagal Theory (2021)**  
**Polyvagal Practices: Anchoring the Self in Safety (2023)**



### Nadine Harris, MPH, MD

Pediatrician and former Surgeon General of California,  
**Adverse Childhood Experiences** and toxic stress  
Founder and former chief executive officer of the Center for Youth Wellness  
**The Deepest Well: Healing the Long-Term Effects of Childhood Trauma and Adversity (2018)**



### James Hillman, PhD

American psychologist who studied at, and then guided studies for, the C.G. Jung Institute in Zurich. He founded a movement toward **Archetypal Psychology**.  
**The Soul's Code: In Search of Character and Calling (1997)**





### Thomas Hübl, PhD

Teacher, author, and international facilitator of **Healing Collective Trauma** whose lifelong work integrates the core insights of the great wisdom traditions and mysticism with the discoveries of science.

***Healing Collective Trauma: A Process for Integrating Our Intergenerational and Cultural Wounds*** (2020)



### Peter Levine, PhD

The developer of **Somatic Experiencing®**, a naturalistic and neurobiological approach to healing trauma. He holds a doctorate in Biophysics from UC Berkeley and a doctorate in Psychology from International University.

***Waking the Tiger: Healing Trauma*** (1997)

***Trauma Through a Child's Eyes*** (2006)

***In an Unspoken Voice: How the Body Releases Trauma and Restores Goodness*** (2010)



### Gabor Maté, MD

Canadian physician and author. He has a background in family practice and a special interest in childhood development, trauma, and potential lifelong impacts on physical and mental health. Many of his patients had co-occurring mental health and substance use concerns, in addition to chronic health concerns, such as HIV. He worked in harm reduction clinics in Vancouver.

***The Myth of Normal: Trauma, Illness, and Healing in a Toxic Culture*** (2022)

***When the Body Says No: Exploring the Stress-Disease Connection*** (2011)

(Video) *How Childhood Trauma Leads to Addiction*

<https://www.youtube.com/watch?v=BVg2bfqblGI>



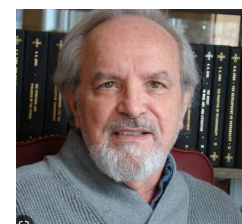
### Thomas Moore, PhD

Psychotherapist, former monk, **Pastoral Counseling Teacher**, and writer of popular spiritual books.

***Dark Nights of the Soul: Finding Your Way Through Life's Ordeals*** (2005)

***Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life*** (2016)

***Soul Therapy: The Art and Craft of Caring Conversations*** (2021)



### Esther Perel, LMFT, Psychotherapist

Belgian-American psychotherapist, known for her work on human relationships and an **International Advisor on Sex and Relationships**.

***Mating in Captivity: Unlocking Erotic Intelligence*** (2006)

***The State Of Affairs: Rethinking Infidelity*** (2019)



**Bruce D. Perry, MD, PhD**

Psychiatrist, currently the Senior Fellow of the Child Trauma Academy in Houston, Texas, and an Adjunct Professor of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine in Chicago, Illinois. **Mental Health, Neuroscience, Trauma, Seven Slide Series** (YouTube)  
*The Neurosequential Network* develops and disseminates innovative programs and practices to improve life for children, families, and communities.

***What Happened to You?: Conversations on Trauma, Resilience, and Healing*** (2021)

**Stephen Porges, PhD**

Professor of Psychiatry at the University of North Carolina at Chapel Hill. He is a neuroscientist working at the intersection of behavioral neuroscience, clinical issues, and bioengineering, and tries to decipher, explain, and disseminate knowledge about the nervous system's innate abilities to create and maintain feelings of protection, support, and social connectedness.

***The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-regulation*** (2011)

**Kyle Pruett, MD**

Clinical Professor of Child Psychiatry at Yale School of Medicine, Yale Child Study Center

***The Nurturing Father: Journey Toward the Complete Man*** (1987)  
***Fatherneed: Why Father Care is as Essential as Mother Care for Your Child*** (2001)

**Allan N. Schore, PhD**

A clinical faculty member of the Department of Psychiatry and Biobehavioral Sciences and UCLA David Geffen School of Medicine. His contributions provide substantial research and clinical evidence supporting the proposition that the early developing, emotion-processing right brain represents the psychobiological substrate of the human unconscious described by Sigmund Freud. His work has been an important catalyst in the ongoing "emotional revolution" now occurring across all clinical and scientific disciplines.

***The Development of the Unconscious Mind*** (2019)  
***Right Brain Psychotherapy*** (2019)



**Daniel J. Siegel, M.D.**

Clinical Professor of Psychiatry at the UCLA School of Medicine and the founding co-director of the Mindful Awareness Research Center at UCLA. He has articulated the idea of **Mindsight** which is a kind of focused attention that allows us to see the internal workings of our minds. It helps us to be aware of our mental processes without being swept away by them. It enables us to get ourselves off the autopilot of ingrained behaviors and habitual responses and moves us beyond the reactive emotional loops we all tend to get trapped in.

***Mindsight: The New Science of Personal Transformation (2010)***



**Barbara Stroud, PhD**

Dr. Stroud is a licensed psychologist with over three decades worth of culturally informed clinical practice in early childhood development and mental health. She is a founding organizer and the inaugural president (2017-2019) of the California Association for Infant Mental Health, a ZERO TO THREE Fellow, and holds prestigious endorsements as an Infant and Family Mental Health Specialist/Reflective Practice Facilitator Mentor.

***Intentional Living: finding the inner peace to create successful relationships (2015)***



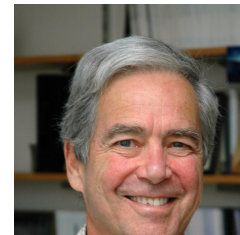
**Edward Tronick, PhD**

Edward Tronick is an American developmental psychologist best known for his studies of infants, carried out in the 1970s, showing that when the connection between an infant and caregiver is broken, the infant tries to engage the caregiver, and then, if there is no response, the infant pulls back – first physically and then emotionally. He is a Director of the Child Development Unit and a Distinguished Professor at the University of Massachusetts Boston.

***The Power of Discord: Ups and Downs of Relationships (2020)***

***The Neurobehavioral and Social-Emotional Development of Infants and Children (Norton Series on Interpersonal Neurobiology) (2007)***

***Infants' Meaning-Making and the Development of Mental Health Problems. (2011)***



**Bessel van der Kolk, MD**

The psychiatrist was noted for his research in the area of post-traumatic stress since the 1970s. His work focuses on the interaction of attachment, neurobiology, and developmental aspects of trauma's effects on people.

***The Body Keeps the Score (2014)***

***Trauma and Memory: Brain Body in a Search for the Living Past (2015)***

