



Compassion on the Go

Engagement Activity

Wednesday, November 3, 2021
11:00am — 11:15am ET

Shayla Collins, Mindfulness Facilitator, Rain or Shine Consulting, Seattle WA

The Healthy Start TA & Support Center is operated by the National Institute for Children's Health Quality (NICHQ). This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number 1 UF5MC327500100 titled Supporting Healthy Start Performance Project.

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Welcome!

We are so glad you are here!

We will get started shortly.
In the meantime, we invite you to
intentionally enter this space.



Silence your cell
phone



Stretch



Close the door



Take a few deep
breaths



Close browser
windows



Emotionally release
your to-do list



Check your audio
and video



Take a bio break

2021 Healthy Start Virtual Grantees' Meeting

Welcome & Introduction to the 2021 Healthy Start Virtual Grantees' Meeting

Wednesday, November 3, 2021 || 11:15 am — 11:45 am ET

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This session is being recorded.



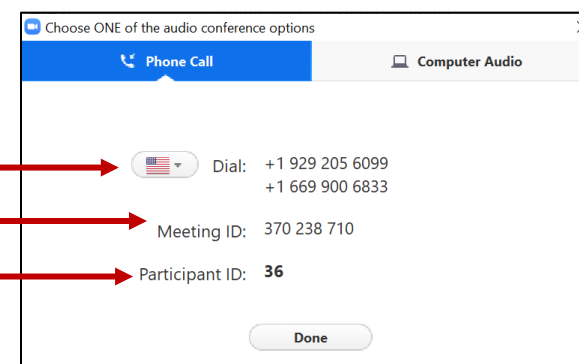
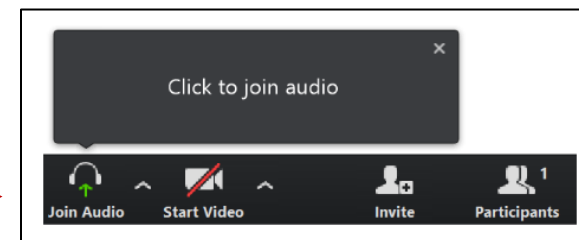
All participants are muted during this session.



Participants are encouraged to share comments via the Chat module and ask questions via the Q&A module in Whova (on the mobile app or browser).

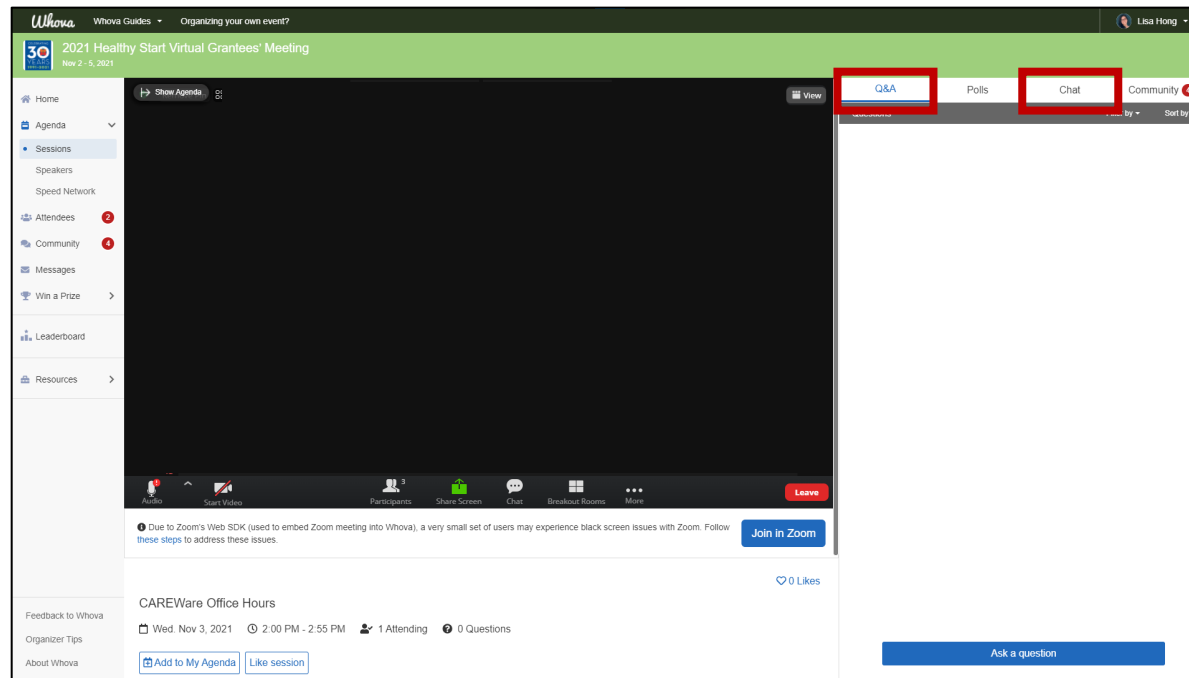
Audio

- After you join the Zoom session, an audio conference box may appear.
 - If you do not see the box, click **'Join Audio'**
- From the audio conference box, select **'Phone Call'** or **'Computer Audio'**
 - If using the phone:
 - Dial one of the given numbers next to **'Dial'**
 - You will be prompted to enter the **Meeting ID**
 - Then you will be prompted to enter the **Participant ID**

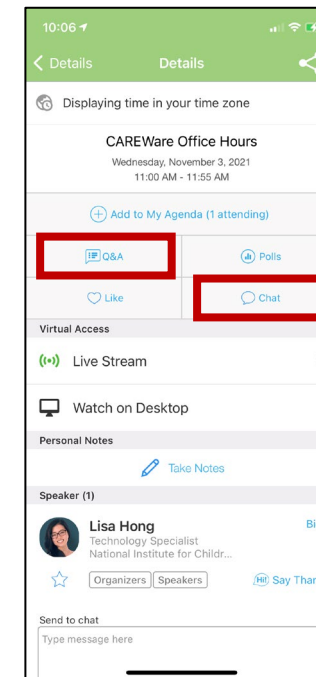


Chat and Q&A via Whova

Desktop Browser



Mobile Application



Like what you see?

The Healthy Start TA & Support Center is now active on social media!

1. Take a picture or a screenshot
2. Share on Instagram or Twitter!
3. Don't forget to tag @HS_TASC and @NICHQ and include hashtags #HealthyStartVGM2021 and #HealthyStartStrong

Technical Issues

If you experience any technical challenges,
please email support@whova.com.

2021 Healthy Start Virtual Grantees' Meeting | Day 1 – November 3, 2021

Start (ET)	End (ET)	Session
10:15 AM	11:00 AM	JavaTalk – <i>optional</i>
11:00 AM	11:15 AM	Mindfulness – <i>optional</i>
11:15 AM	11:45 AM	Welcome & Introduction to the 2021 Healthy Start Virtual Grantees' Meeting
11:45 AM	12:15 PM	The History of Healthy Start
12:15 PM	1:45 PM	Saving the Future: We Must Shed Racist Medical Mythology to Free Children from Illness and Death
1:45 PM	2:00 PM	Whova 101 and Social Media Engagement
2:00 PM	2:55 PM	CAREWare Office Hours & Networking Cafés
3:00 PM	4:20 PM	Breakout Sessions
4:30 PM	4:55 PM	Collaborative Approaches to Addressing Maternal and Infant Health Disparities
4:55 PM	5:00 PM	Wrap-up
5:00 PM	6:00 PM	Networking Table – <i>optional</i>
5:30 PM	6:30 PM	Family Feud – <i>optional</i>

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#HealthyStartStrong

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2021 Healthy Start Virtual Grantees' Meeting

Hosted by the Healthy Start TA & Support Center at NICHQ on November 3, 2021



Welcome & Introduction to the 2021 Healthy Start Virtual Grantees' Meeting

Plenary

Wednesday, November 3, 2021
11:15am – 11:45 am ET

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Congresswoman Eleanor Holmes Norton
District of Columbia, District At Large 102nd-117th (1991-Present)



Our Speakers

Michael D. Warren, MD, MPH, FAAP

Associate Administrator, Maternal and Child Health Bureau
(MCHB), Health Resources and Services Administration
(HRSA)

Lee A. Wilson, MA

Director, Division of Healthy Start and Perinatal Services
(DHSPS) MCHB, HRSA

Benita Baker, MS

Perinatal Services Branch Chief, DHSPS, MCHB, HRSA

Scott D. Berns, MD, MPH, FAAP

President and CEO, National Institute for Children's Health
Quality (NICHQ)

Welcome & Introduction to the 2021 Healthy Start Virtual Grantees' Meeting

Plenary

Wednesday, November 3, 2021
11:15am — 11:45 am ET

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The History of Healthy Start

Plenary

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Our Speakers

Deborah Frazier

Chief Executive Officer
National Healthy Start Association (NHSA)

Louis W. Sullivan, MD

Founding President of the Morehouse
School of Medicine
Former Secretary of the U.S. Department of Health
and Human Services

Thurma McCann Goldman, MD, MPH

First Director of the Division of Healthy Start
(now DHSPS)

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The History of Healthy Start

Plenary

Wednesday, November 3, 2021
11:45am – 12:15pm ET

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Q&A

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Saving the Future: We Must Shed Racist Medical Mythology to Free Children from Illness and Death

Plenary

Wednesday, November 3, 2021
12:15pm – 1:45pm ET

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Our Speaker

Harriet A. Washington, MA
Award-winning Medical Writer,
Editor, and Medical Ethicist

Q&A

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Whoa 101 and Social Media Engagement

Plenary

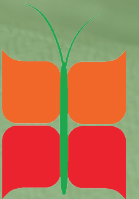
Wednesday, November 3, 2021
1:45 — 2:00 pm ET

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Our Speakers

Domonique Davis

Marketing and Communications Manager
National Institute for Children's Health Quality

Lisa Hong

Technology Specialist
Healthy Start TA & Support Center
National Institute for Children's Health Quality

Nikki Maffei, MSc

Senior Project Manager
Healthy Start TA & Support Center
National Institute for Children's Health Quality



**We're excited to
engage you
during the VGM
in a few new and
exciting ways!**

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Engagement Activities

- JavaTalks
- Compassion on the Go
- Networking Cafés
- Networking Tables
- Family Feud
- Photo Contest
- Community Discussion Boards



Engagement Activities

- **JavaTalk:** Opportunity for causal connection and conversation each morning from 10:15-11 am ET
- **Compassion on the Go:** Mindfulness sessions each morning from 11-11:15 am ET
- **Networking Cafés:** Informal sessions where HS staff can come together and share their experiences, challenges, and strategies around a specific topic each day from 2-2:55 pm ET

Engagement Activities

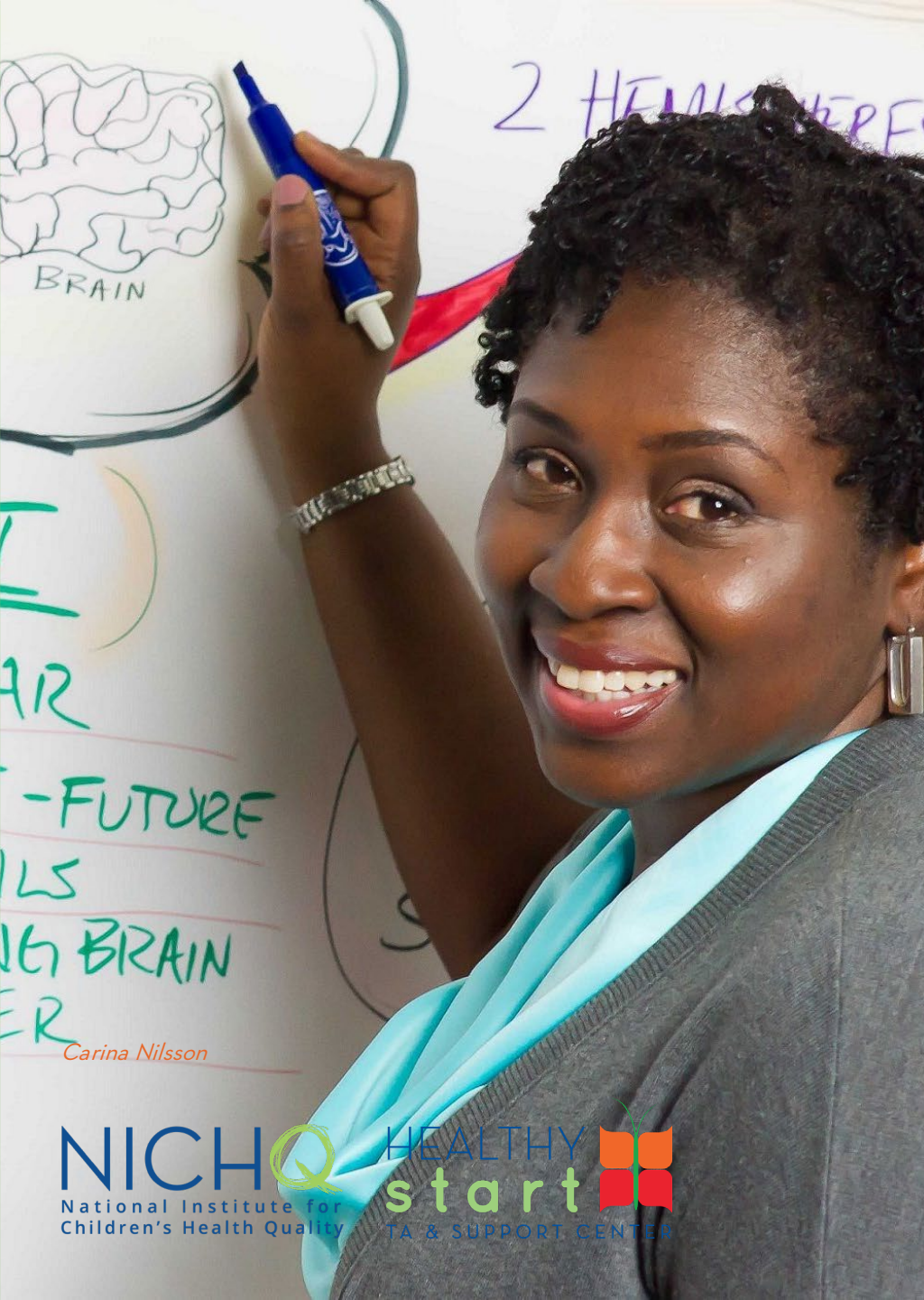
- **Networking Tables:** Opportunity to speed network with other participants by joining a “table” and engaging in 15-minute discussions. Hosted each evening.
- **Family Feud:**
 - Hosted by the Healthy Start TA & Support Center on Wednesday night
 - Hosted by the National Healthy Start Association on Thursday night

See the agenda on Whova for additional details about these engagement activities

Engagement Activities

- **Photo Contest:** Share photos on Whova and like photos that other attendees shared! The photos with the most “likes” will win a prize!
- **Community Board:** Start a discussion board within the Whova platform to dialogue with other attendees around a topic you are interested in or passionate about!

Visit the Whova platform for additional details about these engagement activities



Carina Nilsson

Illustrator & Graphic Recorder



- Carina will be present during sessions to witness the discussions and **visually support** them with **graphic recording**. This means that she'll be drawing **live** as the conversation flows and creating a **visual snapshot** that can be viewed and shared to continue the conversations beyond today's meeting.
- Look for Carina's video "square", as she will have a live feed from her iPad going so you can watch along as you like. When she's not spotlighted, you can pin her video to keep it up on your own screen.



Your go-to place for all VGM related information!

***Use the Whova web browser or app
to:***

- **View the full agenda and curate your own calendar**
- **Join plenaries, breakouts, networking cafes**
- **Join Networking Tables**
- **Connect with fellow participants**

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2021 Healthy Start Virtual Grantees' Meeting

Nov 2 - 5, 2021

Home

Agenda

Sessions

Speakers

Speed Network

Attendees

Community

Messages

Win a Prize

Leaderboard

Resources

Show Agenda

The session broadcast is live.
How would you like to join the session?

Join in Zoom

We will take you to the native Zoom App to
join this meeting.

Join in Whova

You will join the meeting directly on the
Whova web app.

5 Likes

The Equity Table

Tue. Nov 2, 2021 6:00 PM - 7:15 PM 133 Attending 8 Questions

Add to My Agenda

Like session

Speakers



Arthur James, MD, FACOG

Send Message

View Profile



Denise Evans, MM, MA, R...

Project Coordinator
Strong Beginnings - Healthy Start

Send Message

View Profile

Q&A

Polls

Chat

Community



0 Votes

What about Bill HR40: Establishing a comission to study and make a case for reparations. I think Healthy Start is well positioned to make a case for reparations given the access we have to data on infant mortality, and other health outcome disparities. Can bill be something we support and push to law?

New question



0 Votes

11/2/2021, 7:08 PM • Onaje Muid
why can't we increase the number of healthy starts to increase prevention?

New question



0 Votes

11/2/2021, 7:12 PM • Lud Abigail Duchatellier-Jeudy
will we get a copy of the presentations?

New question

Answered Questions



3 Votes

11/2/2021, 12:40 PM • Richard DeRosa
Over the past year and a half I have become extremely frustrated with our organizations engaging in the same strategies which we have found are ineffective. How do we move towards sitting with the unknown and be able to tolerate new approaches which may seem scary and uncontrollable. How do we trust our communities with the power to make decisions and spend public money on their comm. needs.

1 new reply



0 Votes

11/2/2021, 12:59 PM • Keyonna M. Tompkins MPH, MBA, CLC
How do we move towards equity while we have a foundation of mistrust in our communities?

1 new reply

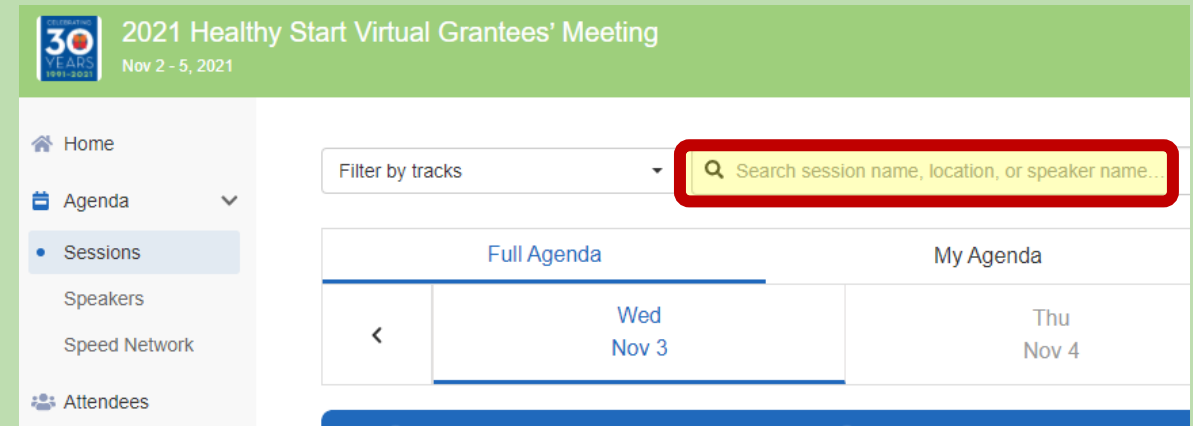
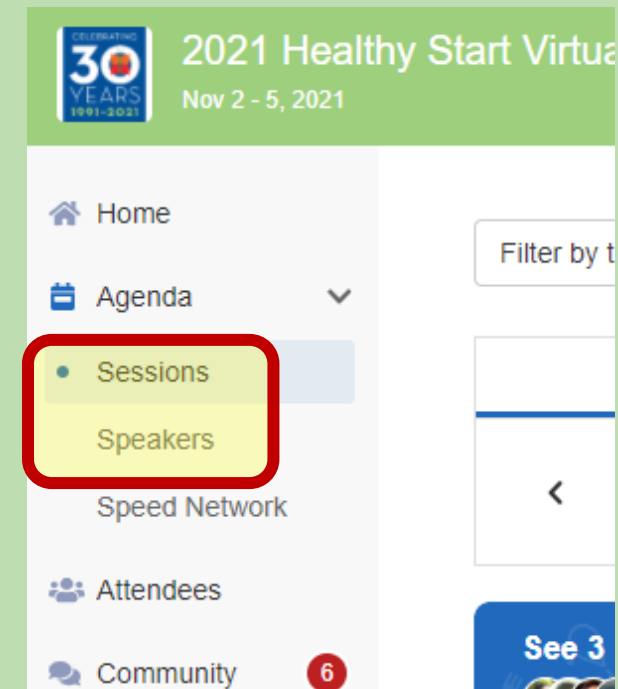
Ask a question

How to Access a Session

1. Go to **Agenda**
2. Click on **Sessions**
3. Search by scrolling through the dates and times OR use the search field at the top
4. Click on **View Session** to access the following
 - Session Speaker(s) and their information
 - Session description
 - Session Q&A and chat modules
 - Join the session
5. Click **Add to My Agenda** to personalize your VGM schedule

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Session Q&A and Chat Modules

Share your questions via the Q&A module and speakers or the Healthy Start TA & Support Center will do their best to address them before, during, or after the session.

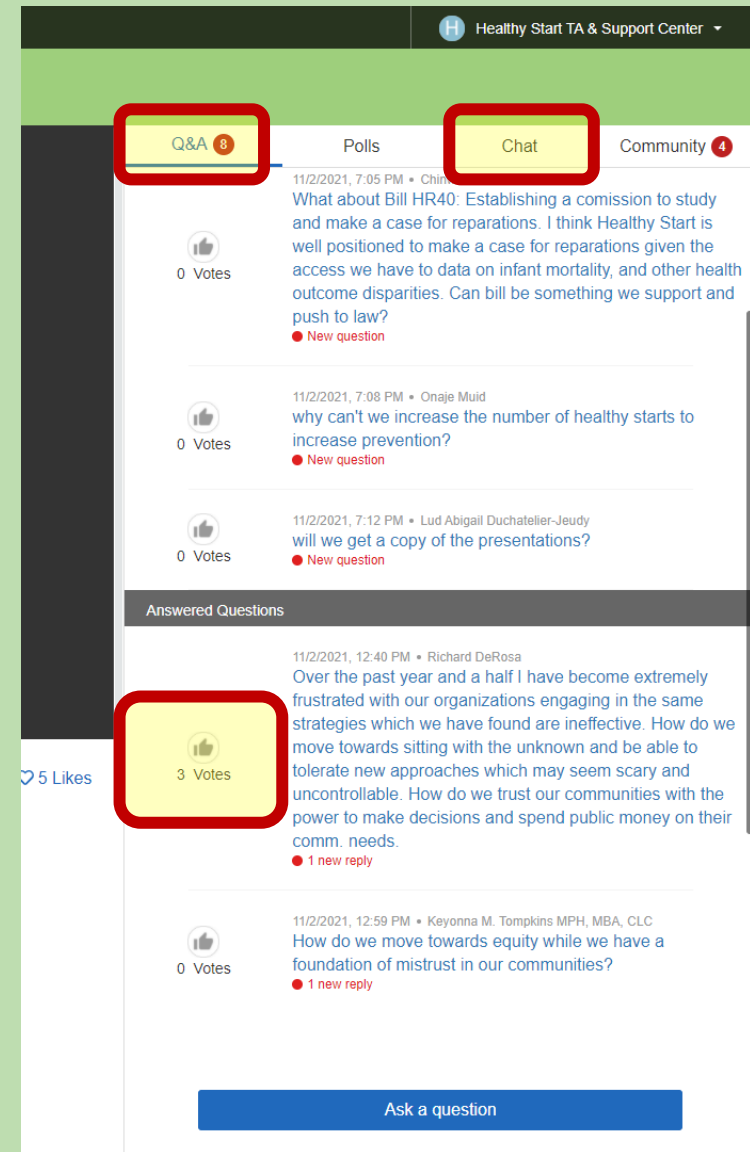
If there is no reply to the question in the Q&A but it is marked as “answered,” the question was responded to during the live stream. The recording of the session will be available on the Healthy Start EPIC website post-VGM.

The Chat module in Whova is public and you cannot privately message through that medium.

Zoom Q&A and Chat will be disabled for the Virtual Grantees’ Meeting.

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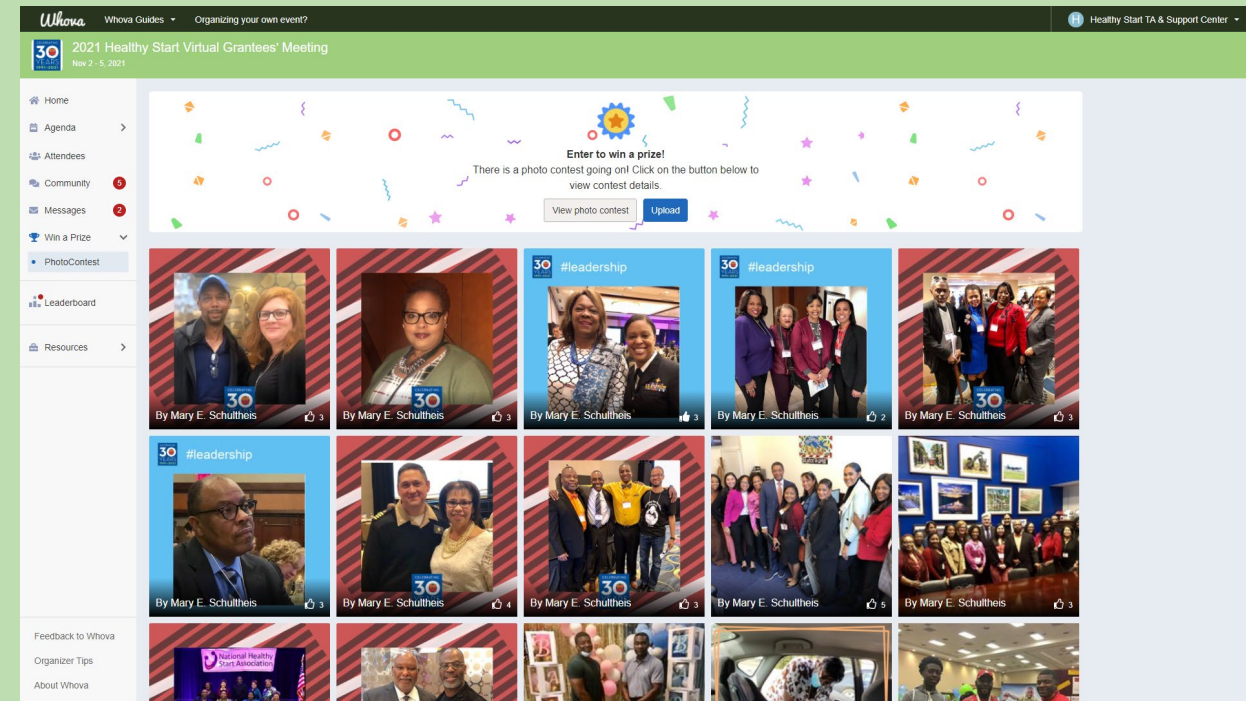
Photo Contest

- **Click on Win a Prize** in the navigation menu
- **Upload a photo.** Here are some ideas:
 - Share a photo of your Healthy Start Team and or clients!
 - Snap a photo of you or your team dressed up for the three decades of Healthy Start that have passed!
 - Capture your team in action!
- **View and “Like” photos shared by other attendees!**

The photos with the most “likes” will get a prize after the Virtual Grantees’ Meeting!

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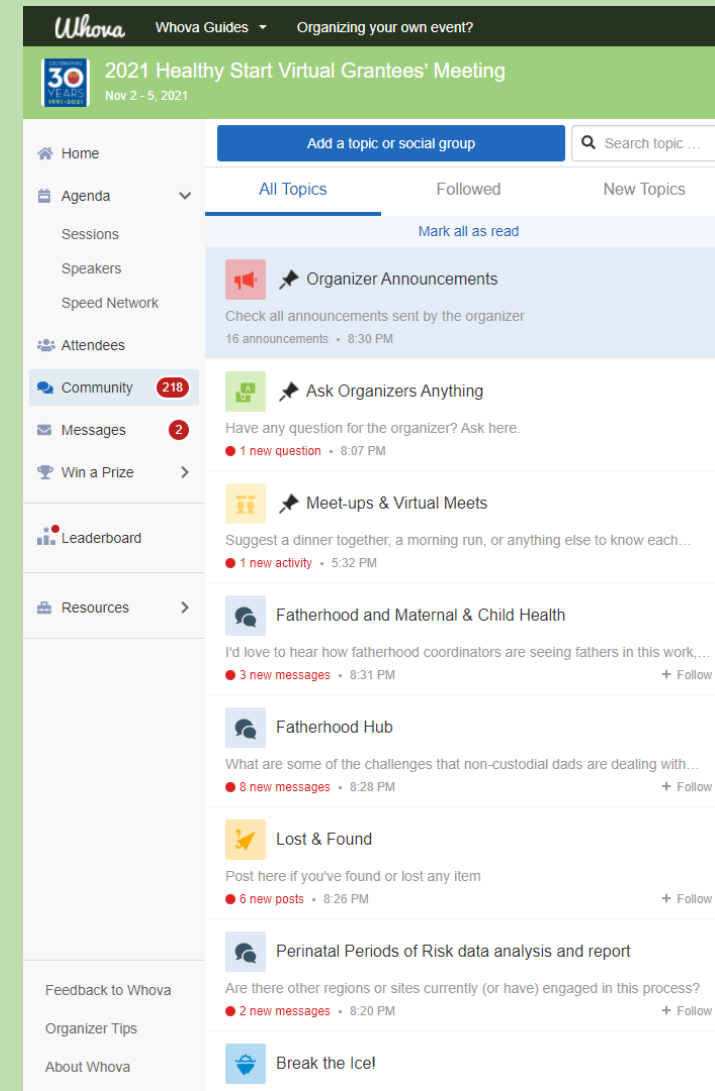
Community Board

1. Click on **Community** in the navigation menu.
2. The more active the topic, the higher up on the list it will be.
3. Start a new topic by clicking on **Add a topic or social group**

The Community Board is also where you can find any announcements from the Healthy Start TA & Support Center!

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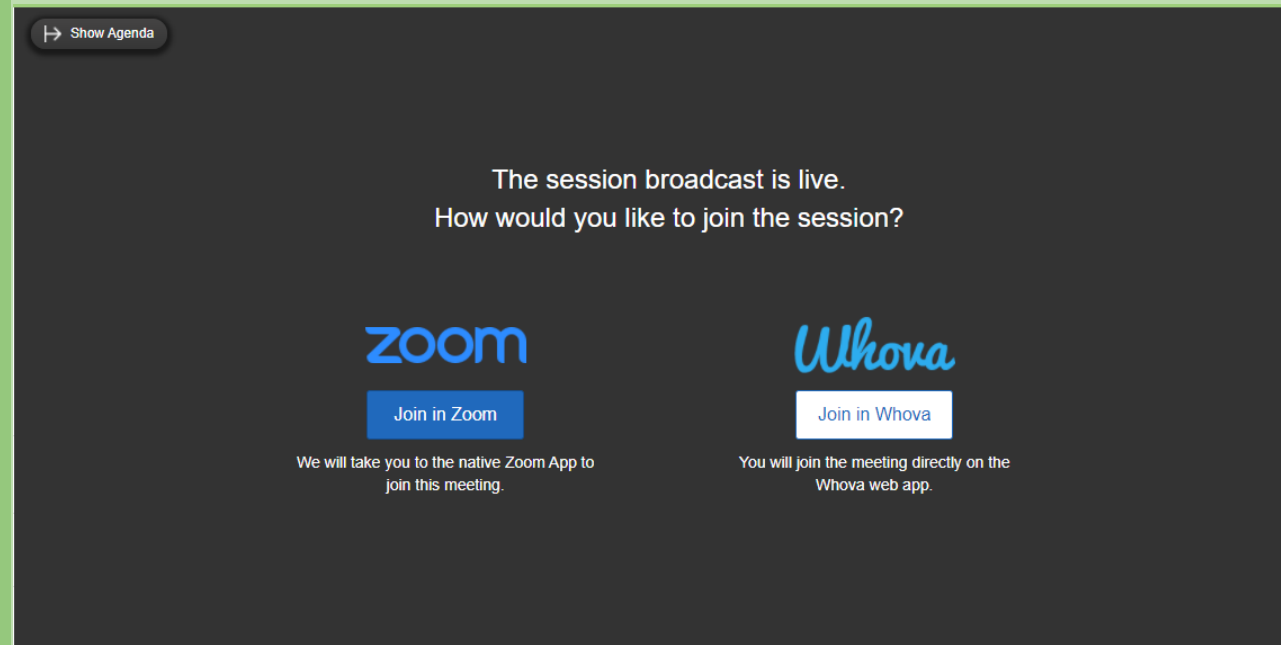
Do I join a session via Whova or Zoom?

The choice is yours!

- **If you Join in Zoom**, please note that the Zoom Chat and Q&A are disabled. You will need to toggle between the Zoom application and the Chrome browser (to access the Whova Q&A and Chat).
- **If you Join in Whova**, the Zoom video will be embedded within the Chrome browser, so the Whova Q&A and Chat are more easily accessible even when you are streaming the Zoom video.

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Let's get social!

Connect with the Healthy Start TA & Support Center team on social media to keep up with the latest in maternal and child health and stay up to date with all the exciting events taking place at this week's 2021 Healthy Start Virtual Grantees Meeting!



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Tweet with the Healthy Start TA & Support Center

- **Follow the hashtags #HealthyStartVGM2021 and #HealthyStartStrong** to stay up to date with important announcements throughout the week and join in on conversations from the 2021 Healthy Start Virtual Grantees Meeting.
- **Follow @HS_TASC** on Twitter for live updates from plenaries and sessions and special announcements.
- **Be sure to tag @HS_TASC and @NICHQ** in your posts so we can amplify your tweets!

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Healthy Start TA & Support Center is new to Instagram!

Follow us on Instagram @HS_TASC
for daily recaps of the exciting
plenaries, networking cafes, and
informational sessions taking place
during the #HealthyStartVGM2021!

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Experiencing challenges?

For issues related to Whova, please email
support@whova.com

For all other support needs, please email
healthystart@nichq.org



We hope you enjoyed this morning's plenaries!

Upcoming session:

Networking Cafés and CAREWare Office Hours

2-2:55 pm ET

Networking Café Topics:

- *Consumers*
- *Fatherhood*
- *IHE Supplement*
- *Staff Self-care*
- *Virtual Services*

If you need any support, **please email** healthystart@nichq.org