



Fatherhood Talk Tuesday

April 13, 2021



Agenda



Housekeeping	Lisa Hong, NICHQ
Welcome	Michael Muni, DHSPS
Introductions	Kenn Harris, NICHQ
Positive Parenting	Dr. Derrick Gordon, Yale Consultation Center
Questions & Answers	All
Closing	Danisha Charles, NICHQ

Meeting Logistics

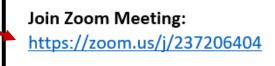




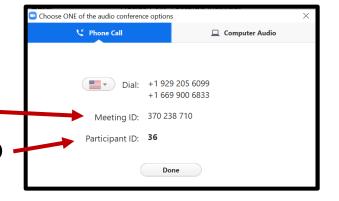
- This session is being recorded.
- All participants are muted upon entry. We ask that you remain muted to limit background noise.
 - Members are encouraged to participate in the discussion by typing your comments or asking questions using the chat box.

Connecting to the Audio Conference

- Join the Zoom Meeting by clicking the Zoom Meeting link & launching the Zoom application
 - An audio conference box will appear
 - If you do not see the box, click 'Join Audio' –
 - From the audio conference box, select 'Phone Call' or 'Computer Audio'
 - If using the phone:
 - Dial one of the given numbers next to "Dial"
 - You will be prompted to enter the Meeting ID
 - Then you will be prompted to enter the **Participant ID**



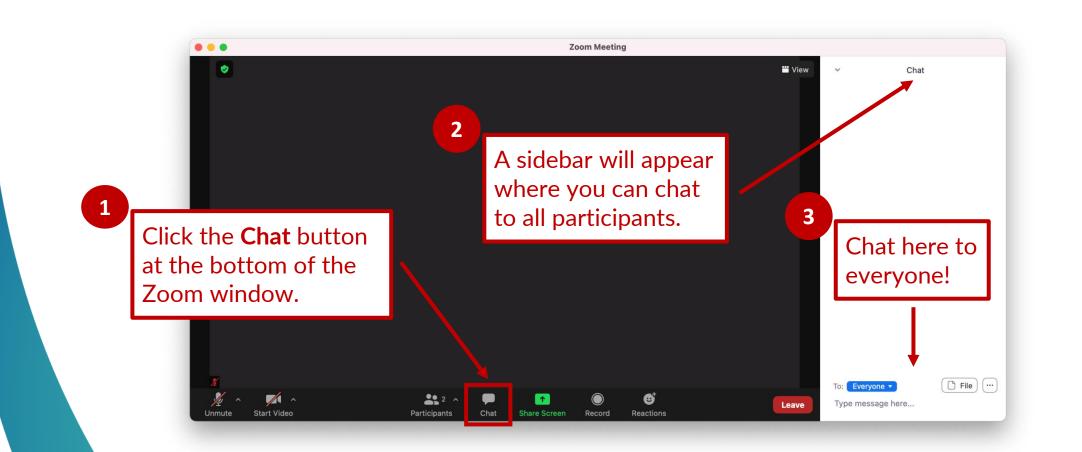






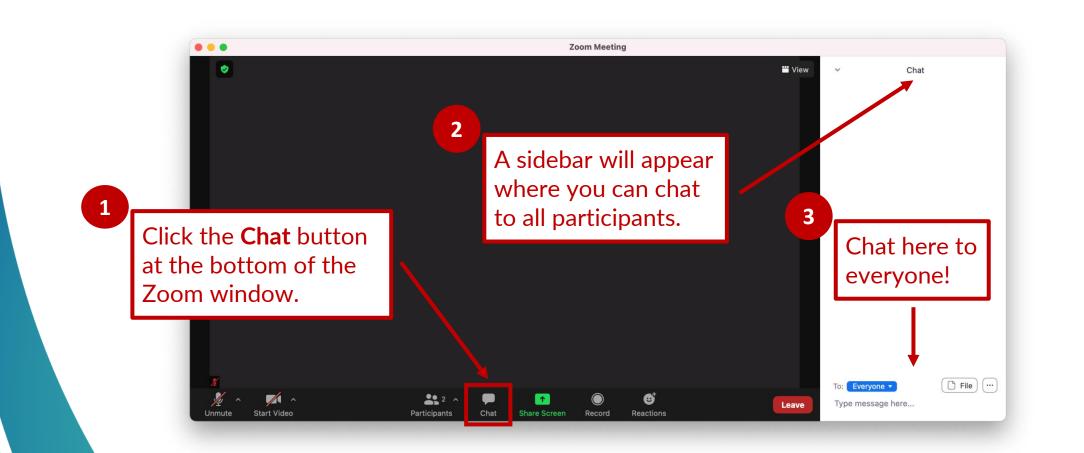
How to Chat





How to Chat





Participating with **Poll Everywhere** via text messaging



To join, include in body of text the word HEALTHYSTART428

You only need to do this once





After you have successfully joined, you will receive a confirmation message.

HEALT

TA & SUPPORT C





- Capitalization does not matter; spelling and spaces do.
- You only have to text '**HEALTHYSTART428**' the first time. After that, send normal text messages to respond to polls.
- If texting **22333** does not work, visit **pollev.com/HEALTHYSTART428** to respond to the current poll.
- There will be NO charges to your cellphone beyond what your phone carrier typically charges for a text message.





Welcome

Michael Muni Project Officer Division of Healthy Start and Perinatal Services









Introduction

Kenn Harris Healthy Start TA & Support Center





When you think of fathers and parenting, what kinds of things come to mind?

"Protector"

"Being a role model"

"Leadership"

"Positive self esteem"

Do you use a parenting curriculum with your fathers?

100%



No

Please share the curricula you use.

"Fathering in 15"

"The Responsible Fatherhood Curriculum"

"Partners for a healthy baby"

"24/7 dad"

What types of challenges have you experienced with the dads that you've observed with regards to parent engagement?

"Availability"

"Culture"

"Not living with mom"

With regards to your enrollment for fathers, did you meet your goal of 100 last program year?



THRIVING Children and Families: PREVENTION WITH PURPOSE

#ChildAbusePreventionMonth

National Child Abuse Prevention Month

recognizes the importance of families and communities working together to strengthen families to prevent child abuse and neglect. #ChildAbusePreventionMonth

https://www.childwelfare.gov/pubPDFs/guide_2021.pdf

Prevention Resource Guide









Importance of understanding father's roles across the continuum

Goals:

Explore Positive Parenting!

Engage in dialogue around this topic!

provide expertise to you as you support your fathers

Who is He?

Needs related to connecting with children

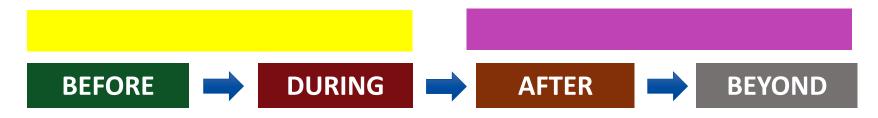
Types of support needed for successful parenting



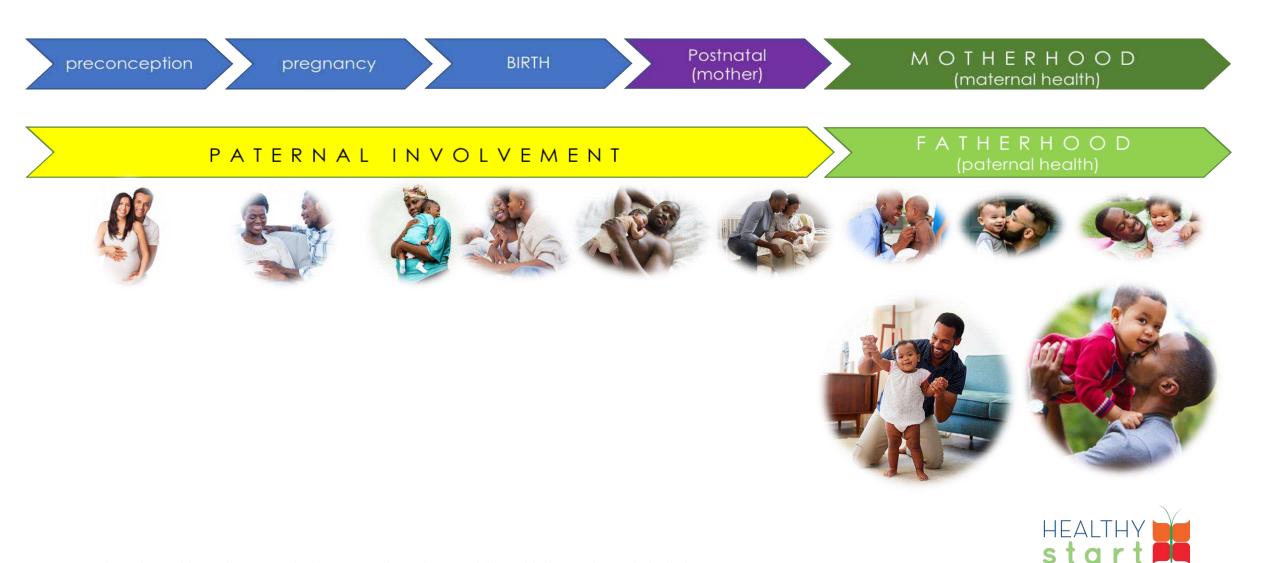
Intentionality: Involvement and Inclusion ICE – inclusion, connection, engagement



Promote father involvement Improve parenting (co-parenting)



Core Adaptive Model for fatherhood (CAM[®])



TA & SUPPORT CENTER

Graphic enhanced from The Partnership for Maternal, Newborn & Child Health (PMNHC) to includes fathers

from Sesame Street to Blues Clues





Keeping fathers out of MCH doesn't work!

Building off what we know from MCH... it can work great!

Promoting Positive Parenting

Ioin Zoom Meeting: https://zoom.us/j/237206404





Positive Parenting

Dr. Derrick Gordon Yale Consultation Center





Fathers' role in promoting Positive Parenting Practices: Identifying obstacles and creating possibilities

> Derrick M. Gordon, Ph.D. The Consultation Center Yale University School of Medicine

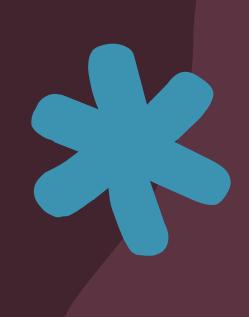


Setting the stage.....

What do we mean when we say, "Positive Parenting Practices?"

- These are parenting behaviors that prepares your child for independence
- These behaviors exhibited by parents consider their stage of development
- They are "positive" in that they are focused on engaging the child in ways that can feel good

What do you mean when you say, "they are developmentally grounded?"



- It understands that children, depending on where they are developmentally, need different things from their parents
- These needs are related to their:
 - Physical
 - Emotional/Psychological
 - Social
 - Cognitive development

So, when we think about positive parenting skills, these skills should be tailored to where our kids are at developmentally?

• Yes!

 They should also play to your strengths and the child's needs



What are these practices?

Pre-term children need.....



- Fathers to support their mother
- Engage in prenatal care with the mother
- Take care of his health

 Begin to engage with them while they are in mom's belly

Drawn from: https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html

Infant children need.....

Fathers to talk to them

 Answer them when they make sounds

- Read to them
- Sing to them

 Praise and give lots of attention

Cuddle them

- Play with them
- You to take care of you



Toddler children (1-2 years of age) need.

- To be read to daily
- Asked to find things or name parts of body
- Play matching games
- Explore new things
- To be talked to
- Develop some independence
- You to respond more to wanted behaviors
- You to encourage curiosity

Drawn from: https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html

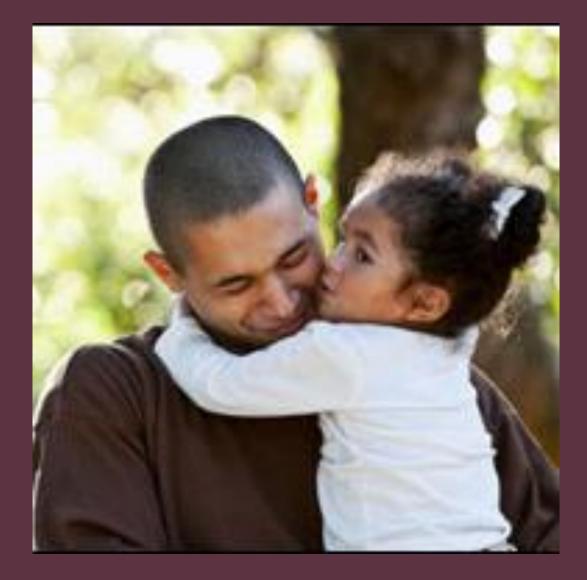


What does this mean for you?

Considering the profile of the men you serve....

List the different profiles of fathers served....







How will the positive parenting practices change as a function of these?

Thank you

Derrick M. Gordon, Ph.D. The Consultation Center Yale University School of Medicine



Questions?





Healthy Start Deadlines & Events



Can be found on the EPIC website or bit.ly/hs-deadlines-and-events

April 2021

Deadlines:

- Apr 2 Trauma Informed, Resilience-Oriented and Equitable Care Community of Practice Application Due
- Apr 15 HSMED-II Report (CSV or XML) Due
- Apr 30 Aggregate Report (Excel) Due

Events:

- Apr 1 Rapid Response Virtual Home Visiting Series Webinar #1
- Apr 7 HS Breastfeeding Cohort Meeting #2 Cohort members only
- Apr 12 CIGNAL for Perinatal Behavioral & Mental Health Webinar
- Apr 13 Fatherhood Talk Tuesday
- Apr 14 HS CAN Cohort Meeting #4 Cohort members only
- Apr 16 Quality Improvement Learning Academy Meeting #3
- Apr 20 Maternal Mental Health Series Webinar #1
- Apr 21 HS COIN Meeting #5 COIN members only
- Apr 21 HS Evaluation Cohort Meeting #2 Cohort members only
- Apr 22 Harambee: Creating Context for Equity and Justice Webinar #3
- Apr 22 NPCL Fatherhood Development Training Day 1
- Apr 23 NPCL Fatherhood Development Training Day 2
- Apr 27 Rapid Response Virtual Home Visiting Series Webinar #2
- Apr 28 Fatherhood Cohort Meeting #4 Cohort members only
- Apr 28 Conversations with the Division

Healthy Starf Support Groups hosted by Postpartum Support International – held weekly through May 2021

- Frontline Staff Group: Wednesdays from 3-4 p.m. EST
- Project Directors/Managers Group: Mondays from 2-3 p.m. EST



www.healthystartepic.org

HEALTHY starter ta a support center NICHQ Method Instruction

Positive Parenting Resources

Evidence-Based Practices Available on Healthy Start EPIC Center Website

This resource was developed by the Healthy Start TA & Support Center at NICHQ for the April 2021 Fatherhood Talk Tuesday, which focused on Positive Parenting. This document includes evidence-based practices found on the Healthy Start EPIC Center website that focus on positive parenting and child abuse prevention.

2018 Prevention Resource Guide

This prevention resource guide offers information, strategies, and resources to support community service providers as they work with parents, caregivers, and children to prevent child maltreatment and promote social and emotional well-being. The guide focuses on protective factors that build on family strengths and promote optimal child and youth development. Information about protective factors is augmented with tools and strategies that help providers, advocates and policymakers integrate the factors into community programs and systems. The guide includes tip sheets for parents in English and Spanish on a range of parenting and child development topics.

- Content includes:
 - Tools for public awareness and creating supportive communities
 - Developing & sustaining prevention programs (includes resources on developing prevention program, conducting community needs assessment, collaboration and partnerships, funding strategies, and making an economic case for prevention in your community or state)
 - Evaluation tools for prevention programs

Boot Camp for New Dads

Boot Camp is a father-to-father community-based workshop that aims to inspire and equip men to become confidently engaged with their infants, support their mates, and personally navigate their transformation into dads. The nonprofit has been named a best practice by many organizations and, having graduated over 325,000 men, is by far the nation's largest program for new fathers.

- Content includes:
 - Boot Camp overview and registration information
 - Resources (includes resource for partners, childbirth educators, community organizers, and more)

Boston Basics

The Boston Basics Campaign is inspired by the fact that 80% of brain growth happens in the first three years of life. During this period, skill gaps between socioeconomic, racial, and ethnic groups become clearly apparent, but this does not need to be. Everyday interactions between children, their parents, and other caregivers provide abundant opportunities to give children from every background a more equal start in life. The Basics are five, fun, simple, and powerful ways that every family can give every child a strong start beginning from birth: 1) maximize love, manage stress, 2) talk, sing and point, 3) count, group and compare, 4) explore through movement and play, and 5) read and discuss stories. The Basics Community Toolkit provides multi-media resources that healthcare and community-based organizations can use to engage and support parents and other caregivers in practicing these basics. The Boston Basics website and materials are also available in Spanish.

Developed by the Healthy Start TA & Support Center at NICHQ



Building a Successful Fatherhood Program Training

The Building a Successful Fatherhood Program Training was held on January 29 and March 19.

Visit healthystartepic.org to view the session recordings and content.



Reminder: Please return the Checklist (Worksheet 11) to <u>healthystart@nichq.org</u>



Available to Grantees: One-Year License of Fathering in 15 Curriculum



If you are interested in obtaining the Fathering in 15 curriculum for your Healthy Start project, please complete the survey by Friday, April 16.



Contact Information



Michael Muni Project Officer, Division of Healthy Start & Perinatal Services Maternal and Child Health Bureau (MCHB) Health Resources and Services Administration (HRSA) Email: mmuni@hrsa.gov Phone: 301-443-2052 Web: www.mchb.hrsa.gov Twitter: Twitter.com/HRSAgov Facebook: Facebook.com/HHS.HRSA





To learn more about our agency, visit

www.HRSA.gov



Evaluation



May Fatherhood Talk Tuesday: ACF Fatherhood FIRE Grant



May 11, 2021 from 3-4:30 PM ET



Thank you!

Contact the TA & Support Center at <u>healthystart@nichq.org</u>