



Fatherhood Talk Tuesday

April 14, 2020

NICHQ
National Institute for
Children's Health Quality

Agenda



Housekeeping	Tess Pritchard
Welcome	Brandon Wood
Introductions	Kenn Harris
Men and Substance Use	Dr. Derrick Gordon
Q&A	Dr. Derrick Gordon
TA & Support Center Announcements	Kenn Harris



Meeting Logistics

Please note the following:



- This session is being recorded, and will be archived for future viewing.



- All participants are muted upon entry. We ask that you remain muted to limit background noise.

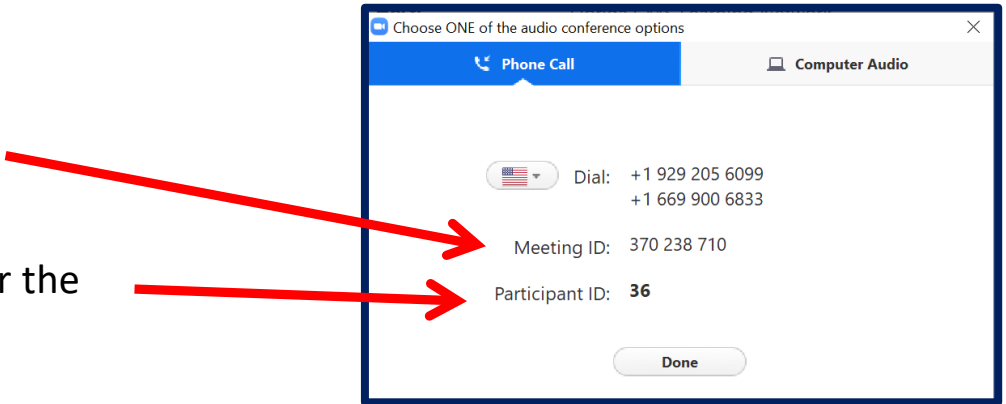
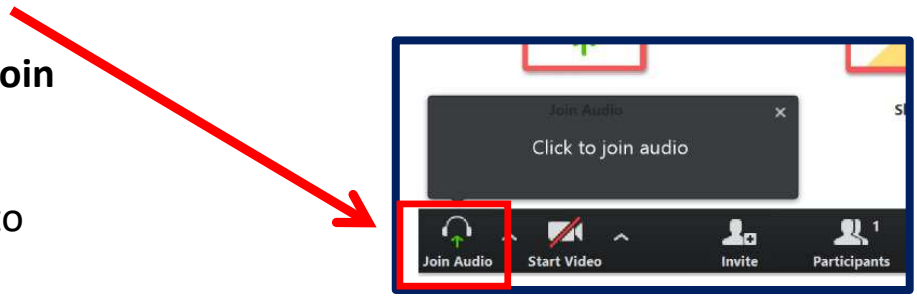


- Members are encouraged to participate in the discussion by typing your comment/asking questions using the chat box.

Connecting to the Audio Conference



- Join Zoom Meeting by **clicking Zoom Meeting link** & launching the Zoom application
- An audio conference box will appear
 - If you do not see the box click the **'Join Audio' button**
- From the audio conference box: Select to **"Phone Call"** or **"Computer Audio"**
- If using the phone:
 - dial the number next to **"Dial"**
 - You will be prompted to enter the **"Meeting ID"**
 - Then you will be prompted to enter the **"Participant ID"**



Ways to Participate: Chat



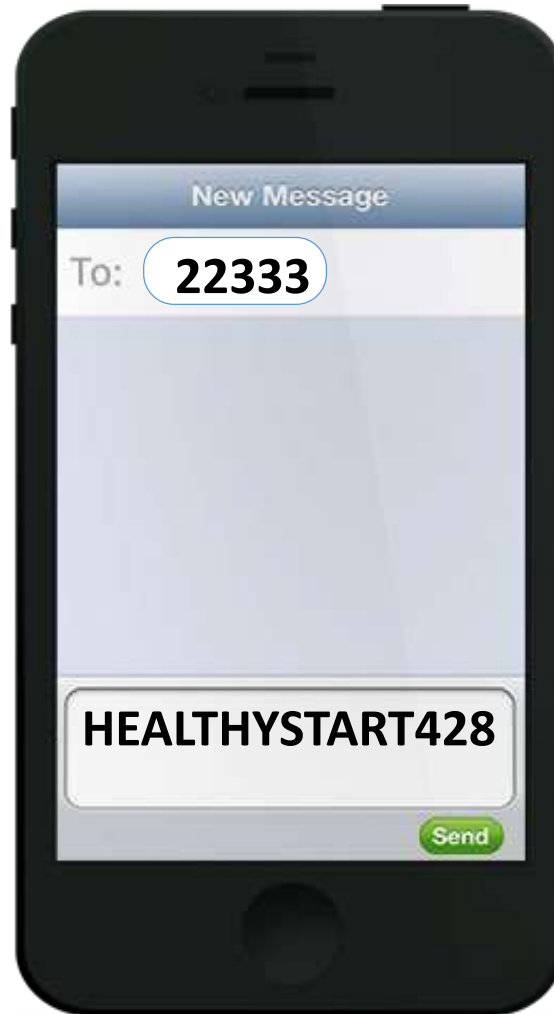
A screenshot of a Zoom meeting interface. The top bar shows 'Zoom Participant ID: 49 Meeting ID: 617-788-369'. Below this, there's a 'Talking:' indicator. The main area displays meeting details: 'Meeting Topic: Healthy Start Webinar', 'Host: HS TA & Support Center', 'Invitation URL: https://zoom.us/j/617788369', and 'Participant ID: 49'. At the bottom, there's a toolbar with icons for 'Join Audio', 'Start Video', 'Invite', 'Participants', 'Share', 'Chat', 'Record', and 'Leave Meeting'. A 'Zoom Group Chat' sidebar is open on the right. A red box highlights the 'Chat' button in the toolbar, with an arrow pointing to the chat sidebar. Another red box highlights the 'Zoom Group Chat' title, with an arrow pointing to the chat area. A third red box highlights the 'Chat' button in the toolbar, with an arrow pointing to the chat area. A fourth red box highlights the chat input area, with an arrow pointing to the chat area. A fifth red box highlights the 'Chat' button in the toolbar, with an arrow pointing to the chat area. A sixth red box highlights the chat input area, with an arrow pointing to the chat area. A seventh red box highlights the chat input area, with an arrow pointing to the chat area. A eighth red box highlights the chat input area, with an arrow pointing to the chat area. A ninth red box highlights the chat input area, with an arrow pointing to the chat area. A tenth red box highlights the chat input area, with an arrow pointing to the chat area. A eleventh red box highlights the chat input area, with an arrow pointing to the chat area. A twelfth red box highlights the chat input area, with an arrow pointing to the chat area. A thirteenth red box highlights the chat input area, with an arrow pointing to the chat area. A fourteenth red box highlights the chat input area, with an arrow pointing to the chat area. A fifteenth red box highlights the chat input area, with an arrow pointing to the chat area. A sixteenth red box highlights the chat input area, with an arrow pointing to the chat area. A seventeenth red box highlights the chat input area, with an arrow pointing to the chat area. An eighteenth red box highlights the chat input area, with an arrow pointing to the chat area. A nineteenth red box highlights the chat input area, with an arrow pointing to the chat area. A twentieth red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-first red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-second red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-third red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A twenty-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A thirtieth red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-first red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-second red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-third red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A thirty-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A fortieth red box highlights the chat input area, with an arrow pointing to the chat area. A forty-first red box highlights the chat input area, with an arrow pointing to the chat area. A forty-second red box highlights the chat input area, with an arrow pointing to the chat area. A forty-third red box highlights the chat input area, with an arrow pointing to the chat area. A forty-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A forty-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A forty-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A forty-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A forty-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A forty-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A fiftieth red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-first red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-second red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-third red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A fifty-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A sixtieth red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-first red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-second red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-third red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A sixty-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A seventieth red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-first red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-second red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-third red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A seventy-ninth red box highlights the chat input area, with an arrow pointing to the chat area. An eightieth red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-first red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-second red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-third red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-fourth red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-fifth red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-sixth red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-seventh red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-eighth red box highlights the chat input area, with an arrow pointing to the chat area. An eighty-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A ninetieth red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-first red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-second red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-third red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-fourth red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-fifth red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-sixth red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-seventh red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-eighth red box highlights the chat input area, with an arrow pointing to the chat area. A ninety-ninth red box highlights the chat input area, with an arrow pointing to the chat area. A hundredth red box highlights the chat input area, with an arrow pointing to the chat area.

After you click the 'Chat' button, a sidebar will appear where you can chat to all participants

At the bottom of the Zoom window, you will see a 'Chat' button

Chat here to everyone!

Participating with via text messaging



Send all messages
to this five digit
number: **22333**

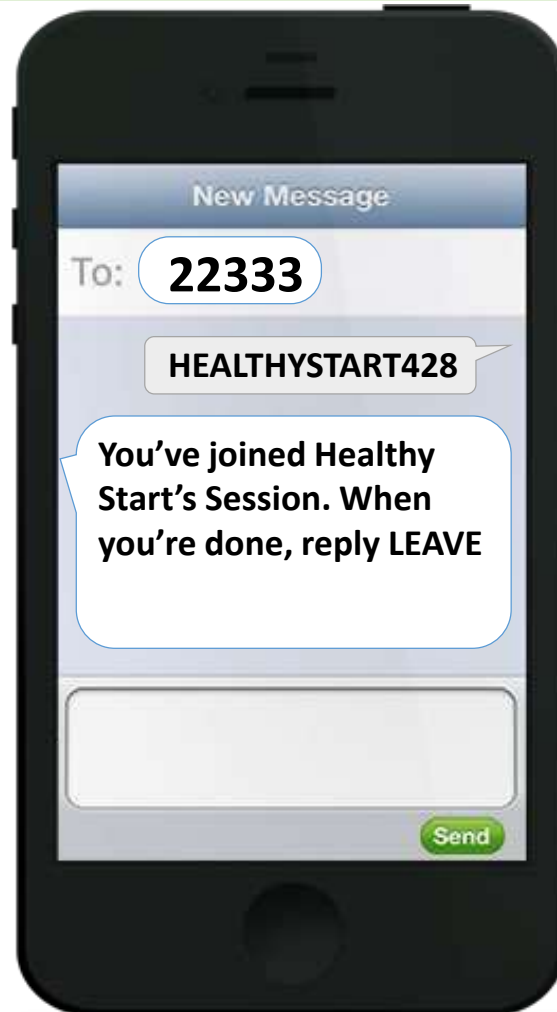
To log in, include in
body of text the
word (*you only
have to do this
once*):

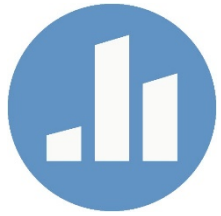
HEALTHYSTART428

Participating with via text messaging



After you have
logged in, you
will receive this
confirmation
message





Poll Everywhere: Additional Tips

- Capitalization does not matter; spelling and spaces do
- You only have to text the word “HEALTHYSTART428” the first time. After that, just send a normal text to respond to polls.
- If texting 22333 doesn’t work: Visit pollev.com/HEALTHYSTART428 to respond to the current poll
- NO charges to your cellphone beyond what your phone carrier typically charges for a text message

Welcome

Brandon Wood



A forum for fatherhood coordinators supported by the START Healthy Start EA Center of NCHQ



Introductions

Kenn Harris





Please write in any challenges (and solutions, if you have some)
you're having due to COVID-19 pandemic



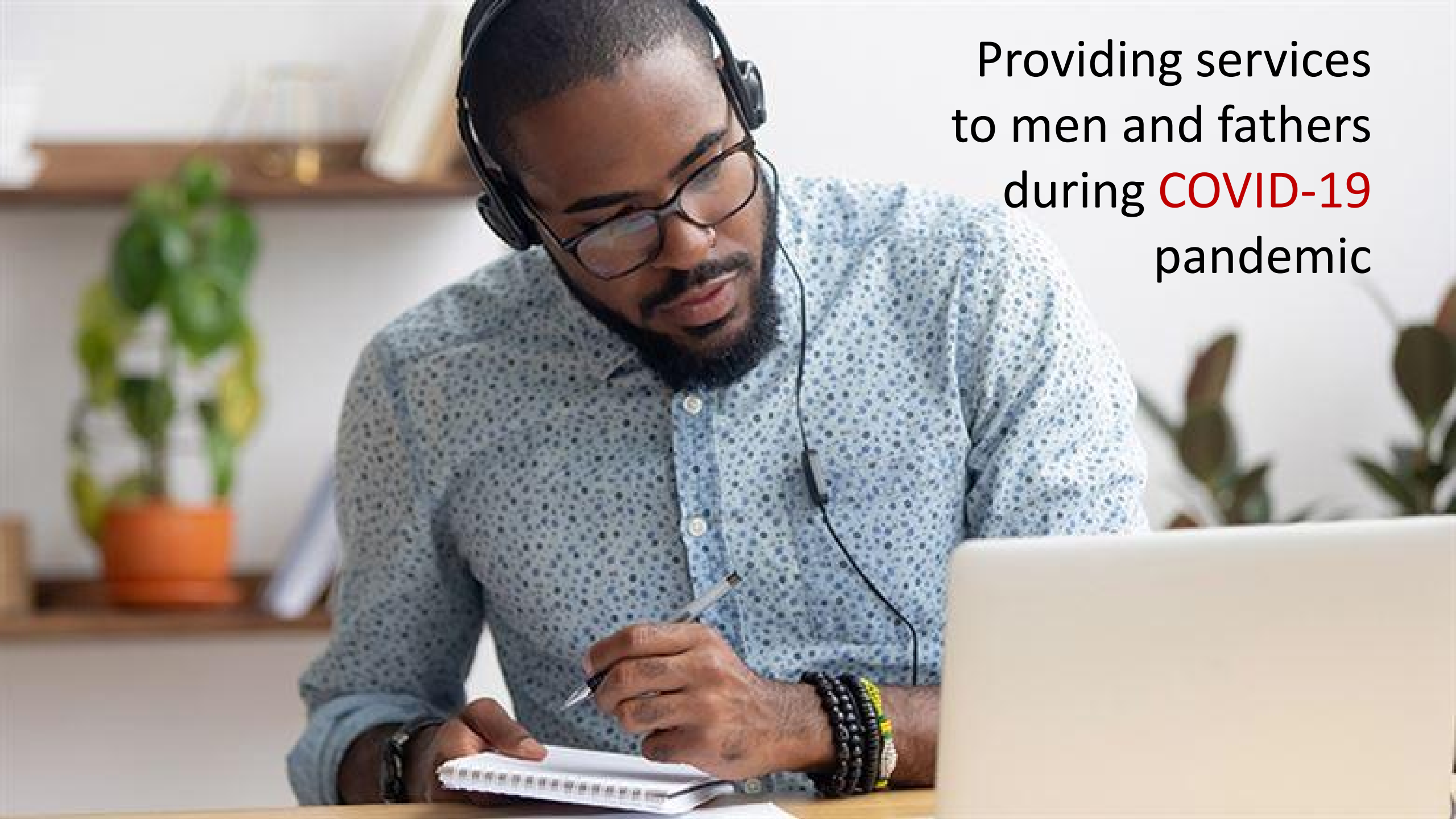
Please let us know about any innovative and creative ways you've been serving fathers during the social isolation imposed by COVID-19

Healthy Start Fatherhood - Fatherhood Within the MCH Framework

Kenn L. Harris

Project Director, National Institute for Children's Health Quality

Providing services
to men and fathers
during **COVID-19**
pandemic





What platform are you using to stay connected with fathers (Choose all that apply)?

Cell phone (texting)

Zoom

Facebook

FaceTime

Instagram

Twitter

Men and Substance Use

Derrick M. Gordon, Ph.D.
The Consultation Center
Yale University School of Medicine

April 14, 2020

▶ Setting the Stage

What are we trying to accomplish here?



Overview and Caveats

- This presenter was asked to talk about “men and substance misuse”
- This topic has many off-shoots that could impact the discussion
- We want this to be interactive
- This is NOT meant to be the “final authority” on substance misuse
- The use of the term “misuse” is intentional
- Most of the information presented comes from the National Institute of Drug Abuse, SAMSHA and other research articles



Goals of today's presentation

- Begin a conversation on substance misuse by men
- Give some basic information
- Begin to identify tools to assist you in your work
- Identify areas for growth



▶ Lets get started....

Understanding where you all sit.....



Poll

- How many of you have had to confront substance misuse in your Healthy Start work?
 - Raise your hands
- Share some of the issues that presented
 - In the group chat, give a short summary of some of the issues you have encountered



Poll

- Is misuse and addiction/dependence the same when talking about substance use?
 - Yes or no? Please use the chat box to respond.



▶ Bringing basic definitions

Laying the foundation for understanding.....



Physical Dependence

- Occurs with regular use
- Occurs because of natural adaptation
- When taken away, symptoms emerge as the body re-adjusts
- Can lead to cravings to relieve the withdrawal symptoms



Tolerance

- Need for more substance to get the same effect
- It accompanies dependence
- It is often difficult to distinguish between tolerance and dependence



Addiction

- Chronic disorder
- Characterized by drug seeking and use
- It is manifested in compulsive behaviors despite negative consequences



► Understanding the progression

Laying the foundation for understanding.....



Substance misuse

- Harmful or hazardous use of psychoactive substances
 - including alcohol
 - and other illicit drugs
- Harmful refers to:
 - Using too much
- In the wrong way:
 - Regular use
 - In a way contra-indicated
 - Substances with no therapeutic indications
- With misuse, you CAN change this behavior (solo)



Substance dependence

- Involves:
 - Behavioral
 - Cognitive
 - Physiological phenomena
- That develops after repeated use



Substance dependence

- Strong desire to take the drug
- Difficult to control the use
- Persists despite harmful consequences
- It takes a high priority
- Increased tolerance
- May include a physical withdrawal state



Substance dependence involves

- Compulsive drug seeking
- Continued use despite harmful consequences
- Changes to the brain
- Brain disorder and mental illness
- Addiction is the most severe form



▶ Giving more information....

Laying the foundation for understanding.....



Diagnosing substance use disorder

- Larger amounts
- Desire but unsuccessful efforts to cut down
- Craving
- Use results in failing to fulfill role obligations
- Continues despite social problems



Diagnosing substance use disorder

- Giving up activities or reduced because of use
- Places one in hazardous situations
- Continued use despite knowledge of the negative effects of use
- Tolerance:
 - Need for increased amounts
 - Diminished effects with continued use



Diagnosing substance use disorder

- Withdrawal
 - Tends to be specific to the drug of choice
 - The use of a substance or closely related one to relieve or avoid withdrawal symptoms



► Rationalizing use.....

Laying the foundation for understanding.....



In your experience

- Of the reasons listed below, indicate the one you have heard most frequently
 - A. It's a stress reliever
 - B. I can stop if I want to
 - C. It helps me escape "this reality"
 - D. I have never had any legal issues related to my use
 - E. I am a more attentive/caring person when I use



What other excuses have you heard?

- Type in the group chat



▶ What do we do with this?

Is there hope?



Is there hope?

- Can something be done to address substance use?
 - Yes or no?



Substance addiction is.....

- Treatable and can be managed successfully
- Combining behavioral therapy with medications is the best way to ensure success
- Treatment must be tailored to address the patient's drug use



Relapse.....

- Does relapse mean treatment failed?
 - Yes or No?



Understanding Relapse

- Relapse is not only possible, but likely
- Relapse rates are similar to other chronic medical illness like hypertension and asthma
- It is the return to drug use after attempt to stop



What is relapse?

- Returning to drug use after attempting to stop
- Changing deeply imbedded behaviors can be hard
- Lapse means that treatment needs to be reinstated
- No single treatment is right for everyone



Misuse, addiction/dependence

- Do you see/understand the difference between misuse and dependence/addiction?
 - Yes or no?



▶ How does this show up at work?

Unpacking the institutional issues to addressing substance use



What is your comfort.....

- Addressing substance use with your male clients?
 - Comfortable or uncomfortable?
- What do you think you need to do when confronted with potential substance use issues in men?
 - Write your response in the group text



Agency policies

- How many of you agencies have a policy around substance misuse by clients
 - Yes or no?
- If you don't know, do you know who you need to talk to to find out?
 - Yes or no?
- For those of you who do have a policy, do you know what it states?
 - Yes or no?



Agency policy

- Does your agency provide substance abuse treatment services?
 - Yes or no?
- If no, is there are partner agency that you have contact with in your community?
 - Yes or no?
- If no, what would outreach efforts to that agency look like?
 - Write in the chat



Why is this important

- Why would this be important?
 - Write your response in the group chat



Purpose of the discussion

- Providing a roadmap to address
- Identifies community supports
- Builds network
- Allows you to connect with “experts”
- Alleviates the pressure you may feel to address



▶ Bringing this home.....

Literally and figuratively.....



Exploring the challenges

- Substance misuse impacts parenting capacity and child development
 - True or false?



Substance use can result in.....

- Lowered inhibitions
- Impairment in judgement
- Diminished motor coordination
- Irritability
- Psychotic distortions



Substance use can result in.....

- Anxiety
- Depression
- Paranoia
- Intensive craving to return to euphoric state
- Heightened feelings of power and control over one's life



Substance use can result in.....

- Control feelings may be lacking in those belonging to oppressed groups
- Distort perception of objective reality
- Produce erratic behaviors



▶ Social manifestations.....

Literally and figuratively.....



Substance use and Intimate Relationships

- Has violence been used to deter women from using substances?
 - Yes or no?



Substance use and Intimate Relationships

- Women who experience IPV exhibit higher rates of substance misuse
 - 2-6 times higher
- 50% - 90% of women accessing substance misuse treatment experience IPV
- 25% - 65% accessing IPV services report substance use



Men's substance misuse in intimate relationships

- Parenting practices also extend to intimate relationships
- Important to distinguish between correlation and causation
- Substance misuse lowers one inhibition



► Final thoughts?

Where do we go from here?



THANK YOU



Derrick M Gordon



Pho203-789-7645



derrick.gordon@yale.edu



https://medicine.yale.edu/profile/derrick_gordon/

Q&A



Rate the quality of the presentation overall (1= very low quality, 5= very high quality)

1

2

3

4

5

Rate the quality of the content (1= very low quality, 5= very high quality)

1

2

3

4

5

Rate the usefulness of content to your work going forward (1= not very useful, 5= very useful)

1
2
3
4
5

**Please rate your overall satisfaction with today's webinar
(1= extremely dissatisfied, 5= extremely satisfied)**

1
2
3
4
5

#HealthyStartStrong



Lift up your voices in support of Black Mothers

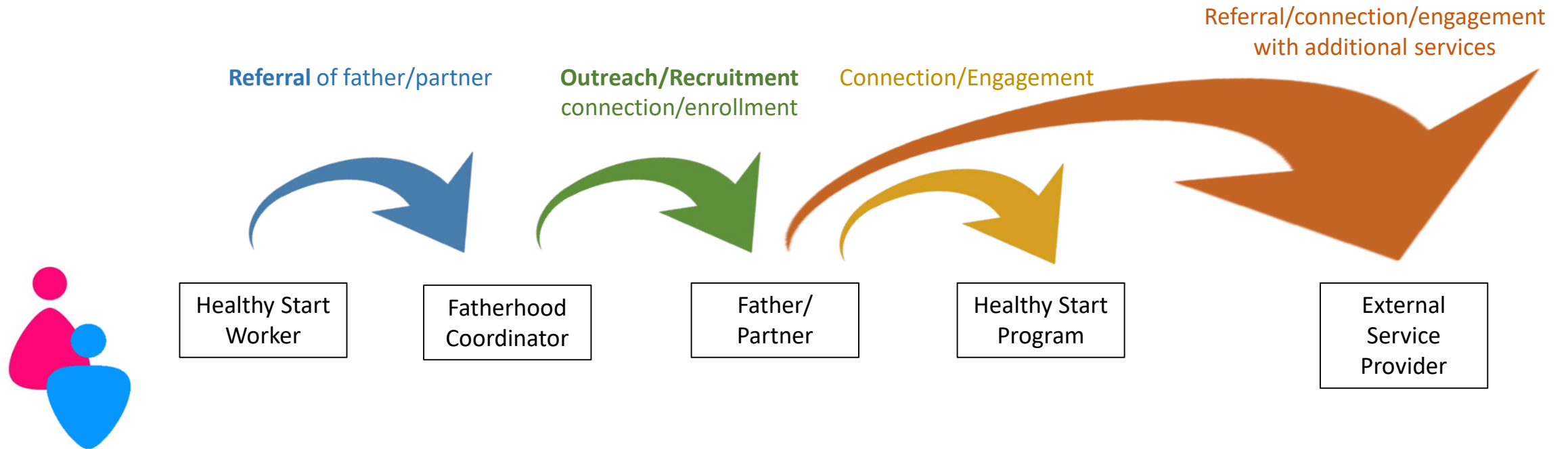
A poster for Black Maternal Health Week 2020. The background is a mix of purple and yellow geometric shapes. The text 'BLACK MATERNAL HEALTH WEEK 2020' is written in large, bold, purple letters. Below it, in smaller purple text, is 'CENTERING BLACK MAMAS: THE RIGHT TO LIVE & THRIVE'. On the right side, there is a circular logo for Black Maternal Health Week with a map of Africa in the center. Below the logo, there is a paragraph of text: 'Join us April 11-17 for a week of activism and community building for Black Mamas! In solidarity with National Minority Health Month and the International Day for Maternal Health and Rights, Black Mamas Matter Alliance founded BMHW to raise awareness, inspire activism, and strengthen organizing for Black maternal health. Join the conversation: #BMHW20 and #BlackMaternalHealthWeek.' At the bottom left is the BMMA logo (Black Mamas Matter Alliance) and at the bottom right is the website 'www.blackmamasmatter.org/bmhw'.

<https://blackmamasmatter.org/>

Black Maternal Health Week Will Be Observed April 11–17. The Black Mamas Matter Alliance is sponsoring the third annual Black Maternal Health Week as part of the observation of National Minority Health Month in April.

A poster for a webinar series. At the top right, it says '#BMHW2020 | Webinar Series' in purple. In the center is the circular logo for Black Maternal Health Week. At the bottom, a purple bar contains the text 'Black Maternal Health and the U.S. COVID-19 Response' in white.

Involvement Flow (Continuum)



Training for Fatherhood Coordinators

Training for Healthy Start Staff



[Request TA](#) | [Services](#) | [e-News](#) | [Contact Us](#)

Healthy Start EPIC Center



A National Training and Technical Assistance Center operated by NICHQ with funding from HRSA

HEALTHY START

HS IMPLEMENTATION

TRAINING & EVENTS

RESOURCES

HS STAFF ROLES

HS EPIC CENTER

Contact Information

Brandon Wood

Project Officer, Division of Healthy Start & Perinatal Services

Maternal and Child Health Bureau (MCHB)

Health Resources and Services Administration (HRSA)

Email: bwood@hrsa.gov

Phone: 301.594.4426

Web: www.mchb.hrsa.gov

Twitter: [Twitter.com/HRSAgov](https://twitter.com/HRSAgov)

Facebook: [Facebook.com/HHS.HRSA](https://facebook.com/HHS.HRSA)



Connect with HRSA

To learn more about our agency, visit

www.HRSA.gov



Sign up for the HRSA *eNews*

FOLLOW US:



Thank you!



Contact the Healthy Start TA & Support Center at healthystart@nichq.org