HEALTHY
start

Rapid Response Virtual Home Visiting Webinar Series
Webinar #2

Engaging Families in Virtual Connection

April 27, 2021

NICHQ
National Institute for
Children's Health Quality

Agenda

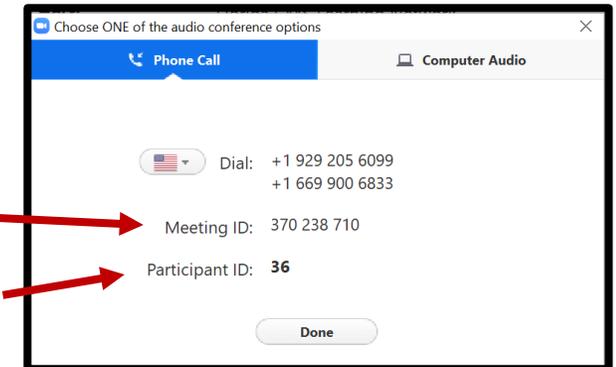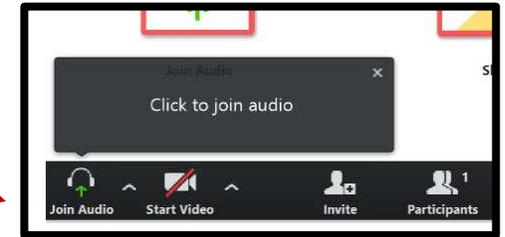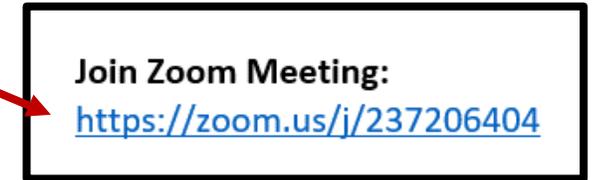|	
Housekeeping	Lisa Hong, NICHQ
Welcome	Olivia Giordano, NICHQ
Engaging Families in Virtual Connections	Jeanna Capito, RR-VHV Shayla Collins Jessica Rodriguez Duggan Angela Rau
Questions	All
Closing	Olivia Giordano, NICHQ

Meeting Logistics

- This session is being recorded.

- All participants are muted upon entry. We ask that you remain muted to limit background noise.

- Members are encouraged to participate in the discussion by typing your comments or asking questions using the chat box.

Connecting to the Audio Conference

- Join the Zoom Meeting by **clicking the Zoom Meeting link** & launching the Zoom application

- An audio conference box will appear

  - If you do not see the box, click '**Join Audio**'

- From the audio conference box, select '**Phone Call**' or '**Computer Audio**'

  - If using the phone:

    - Dial one of the given numbers next to "**Dial**"

    - You will be prompted to enter the **Meeting ID**

    - Then you will be prompted to enter the **Participant ID**

Join Zoom Meeting:
https://zoom.us/j/237206404

Join Audio — Click to join audio
Join Audio   Start Video   Invite   Participants

Choose ONE of the audio conference options
Phone Call | Computer Audio
Dial: +1 929 205 6099
      +1 669 900 6833
Meeting ID: 370 238 710
Participant ID: 36
Done

How to Chat

1 Click the **Chat** button at the bottom of the Zoom window.

2 A sidebar will appear where you can chat to all participants.

3 Chat here to everyone!

5

Welcome

Olivia Giordano

Healthy Start
TA & Support Center

Rapid Response Virtual Home Visiting Webinar Series Schedule

Webinar 1	April 1, 2021 3-4:30 p.m. EST
Webinar 2	April 27, 2021 2-3:30 p.m. EST
Webinar 3	May 26, 2021 2-3:30 p.m. EST

Engaging Families in Virtual Connections

Jeanna Capito

Jessica Rodriguez Duggan

Angela Rau

Shayla Collins

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VIRTUAL HOME VISITING

Engaging Families in Virtual Connections

Healthy Start Discussion

April 27, 2021

Welcome and Introductions

Overview

Engagement

Between Sessions CHECK IN

In the course of your interactions with families over the next few weeks, think about times you support the family to focus on their child, their parent-child interaction, or their child's development?

Mindfulness

- Introduction to mindfulness concept

- First mindfulness activity after this slide

"Caring for myself is not self-indulgence. It is self-preservation, and that is an act of political warfare"
- Audre Lorde

Strategies – A Protective Factors Approach

Strengthening Families Protective Factors

Protective factors are characteristics or strengths of individuals, families, communities or societies that act to mitigate risks and promote positive well-being and healthy development.

- Strengths-based ideas

- Guide programs and supports

- Prevention of child maltreatment

TO promote healthy outcomes

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Protective Factors Approach

- Parental Resilience

- Social Connections

- Knowledge of Parenting & Child Development

- Concrete Support in Times of Need

- Social and Emotional Competence of Children

FOCUS:
Two Protective Factors

Knowledge of Parenting & Child Development

Social and Emotional Competence of Children

Knowledge of Parenting & Child Development

Jazmeerah, Mom and Carmen

Nichole Fairly, Family Support Professional and

Topeka, Kansas

Being a Parent
is part natural
and
part learned

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What are you noticing is essential when observing, virtually?

What are some methods for virtual coaching conversations that are working?

Virtual Coaching Strategies
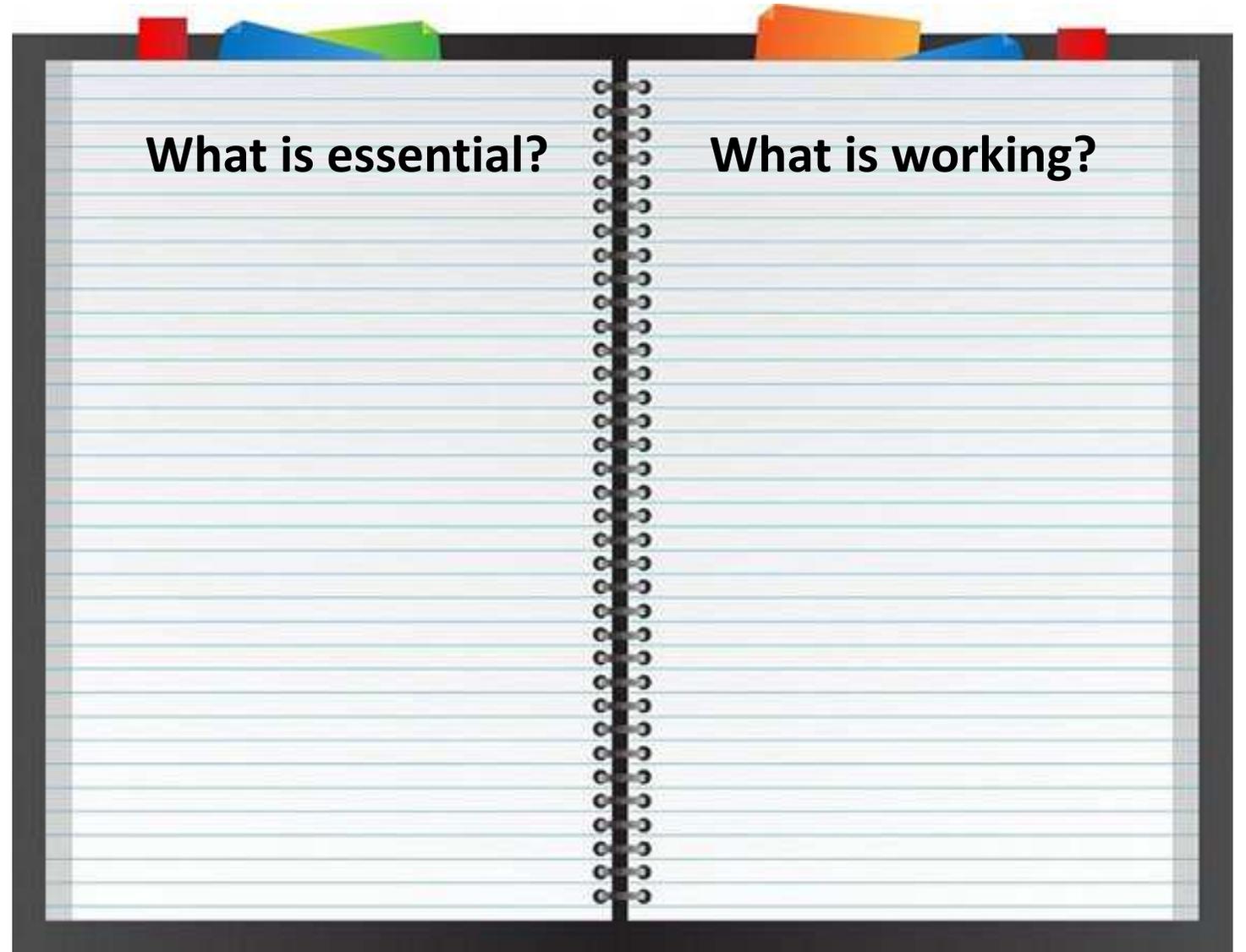
What is essential?

What is working?

Shifting

What are you noticing?

Schedule vs. Routine

SCHEDULE vs ROUTINE

Schedules:

- Can be rigid
- Inhibit flexibility and individuality
- Can lead to power struggles
- Lack choice

Time	Activity
7:00 AM	Wake up
8:00 AM	Breakfast
9:00 AM	Free Play
10:00 AM	Snacktime
11:00 AM	Playtime: Art
NOON	Lunch: Hotdogs
1:00 PM	Walk Downtown
2:00 PM	Nap
3:00 PM	Snack time
4:00 PM	Free Play
5:00 PM	Playtime: Blocks
6:00 PM	Dinner
7:00 PM	Storytime: Dogs!
8:00 PM	Bedtime
9:00 PM	
10:00 PM	

Activity	Time of Day
Wake up	Sunrise
Breakfast	Morning
Playtime	
Lunch	Noon
Nap	Afternoon
Playtime	Evening
Dinner	Sunset
Bedtime	Night

Routines:

- Develop self-control
- Build Attachment
- Reduce Power Struggles
- Guide positive behavior
- Help children cope with transitions

Screening and Monitoring

Screening and Monitoring

Challenges

Social and Emotional Competence of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships

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Social and Emotional Competence of Children

Relationships are the foundation for children's social and emotional development

Relationships support and influence how children learn about themselves and world around them

Early experiences fundamentally influence what children are learning about themselves and the world around them

Role of Parent-Child Relationship

- Help parents foster their child's social emotional development
- Model nurturing support to children
- Include children's social and emotional development activities in programming
- Help children develop a positive cultural identity and interact in a diverse society
- Respond proactively when social or emotional development seems to need support

Social and Emotional Competence of Children

Key components of supporting social and emotional growth:

- Sensitivity of adult's responses
- Respect demonstrated for child
- Regard for child's perspective

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REFLECTION

How do you support parents in responding sensitively to their child? With child development in mind?

"Las visitas [virtuales] me liberan. Yo aprendo, ella (BA) aprende cosas nuevas, y yo me desestreso con usted" Ariana (MOB)---

"The [virtual] visits make me feel lighter. I learn things, [BA] learns new things, and I feel less stressed."

RR-VHV Resources

Webinar recordings, slide decks, and supporting documents are available at:

https://institutefsp.org/covid-19-rapid-response

What area has been the most challenging to complete using virtual home visitation?
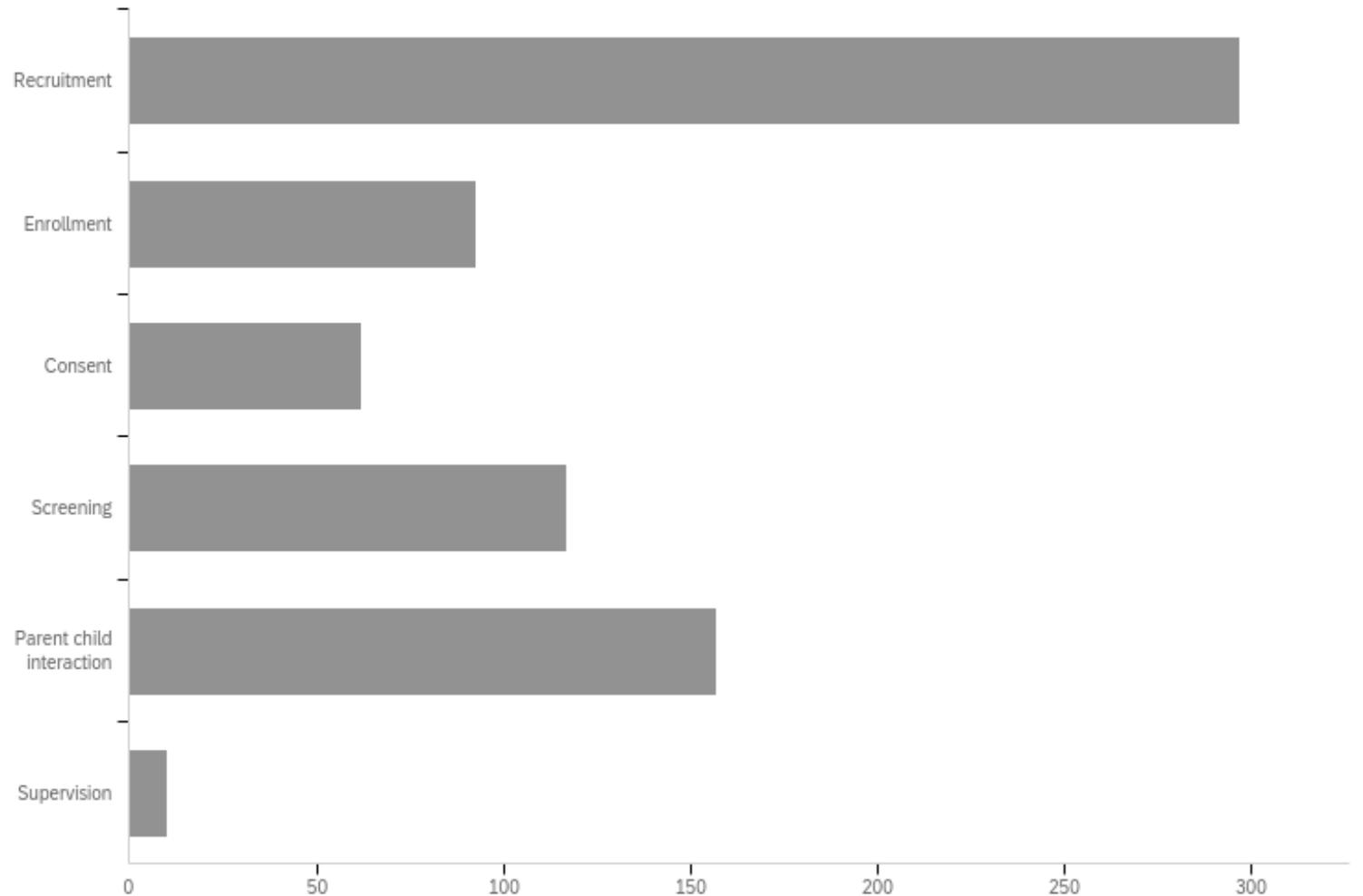
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Thank you!

Next session: May 26th, 2-3:30pm eastern

Closing

Olivia Giordano
Healthy Start TA & Support
Center

Next Webinar:
May 26 from 2-3:30 p.m. EST

Request 1:1 TA

- The RR-VHV team is available for 1:1 TA!

- To request individual TA, visit EPIC
  - Under the "HS EPIC Center" tab, click "Request Technical Assistance"

Healthy Start
Deadlines & Events

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Can be found on the EPIC website or
bit.ly/hs-deadlines-and-events

May 2021

Deadlines:
May 15   HSMED-II Report (CSV or XML) Due
May 30   Aggregate Report (Excel) Due

Events:
May 3   Maternal Mental Health Webinar #2
May 5   HS Breastfeeding Cohort Meeting #3 — *Cohort members only*
May 6   Focus Group: The Legacy of Slavery and Impact of Racism on Breastfeeding
May 6   NPCL Fatherhood Development Training Day 1 – *Registrants only*
May 7   NPCL Fatherhood Development Training Day 2 – *Registrants only*
May 11   Fatherhood Talk Tuesday
May 17   TIROE CoP Learning Session #1 – *COP members only*
May 18   Maternal Mental Health Webinar #3
May 19   Healthy Start COIN Meeting #6 — *COIN members only*
May 19   HS Evaluation Cohort Meeting #2 — *Cohort members only*
May 20   Quality Improvement Learning Academy Meeting #4
May 26   Rapid Response Virtual Home Visiting Series Webinar #3
May 27   HS CAN Learning Academy Meeting #1

Healthy Start Staff Support Groups hosted by Postpartum Support International – held weekly through May 2021
  • Frontline Staff Group: Wednesdays from 3-4 p.m. EST
  • Project Directors/Managers Group: Mondays from 2-3 p.m. EST

www.healthystartepic.org

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Thank You!