

# Welcome!

We are so glad you are here!

We will get started shortly.  
In the meantime, we invite you to intentionally enter this space.



Silence your cell phone



Stretch



Close the door



Take a few deep breaths



Close browser windows



Emotionally release your to-do list



Check your audio and video



Take a bio break

# Healthy Start (HS) Sustainability Training: Transition Plan for HS Projects

Wednesday, November 15, 2023  
1:00pm – 2:30pm ET

*The Healthy Start TA & Support Center is operated by the National Institute for Children's Health Quality (NICHQ). This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number 1 UF5MC327500100 titled Supporting Healthy Start Performance Project.*

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# Agenda

## Housekeeping

**Sharon Gutu**  
Healthy Start TA & Support  
Center (TASC)

### Welcome

**Sharon Gutu**  
TASC

### Background: Transition Plan for HS Projects

**India Hunter**  
Division of Healthy Start &  
Perinatal Services (DHSPS)

### Training: Transition Plan for HS Projects

**Kenn Harris**  
TASC

### Q & A

All

### Connecting the Transition Plan to Broader Sustainability

**Kenn Harris**  
TASC

### Sustainability Best Practices

**Cynthia Dean**  
Missouri Bootheel Regional  
Consortium, Inc.  
**Kenn Harris**  
TASC

### Q & A

All

### Closing

**Sharon Gutu**  
TASC





This session is being recorded.



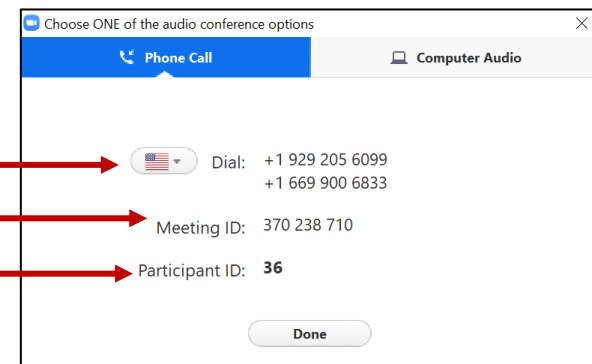
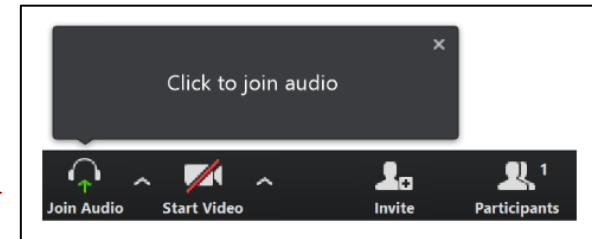
All participants are muted upon entry. We ask that you remain muted to limit background noise.



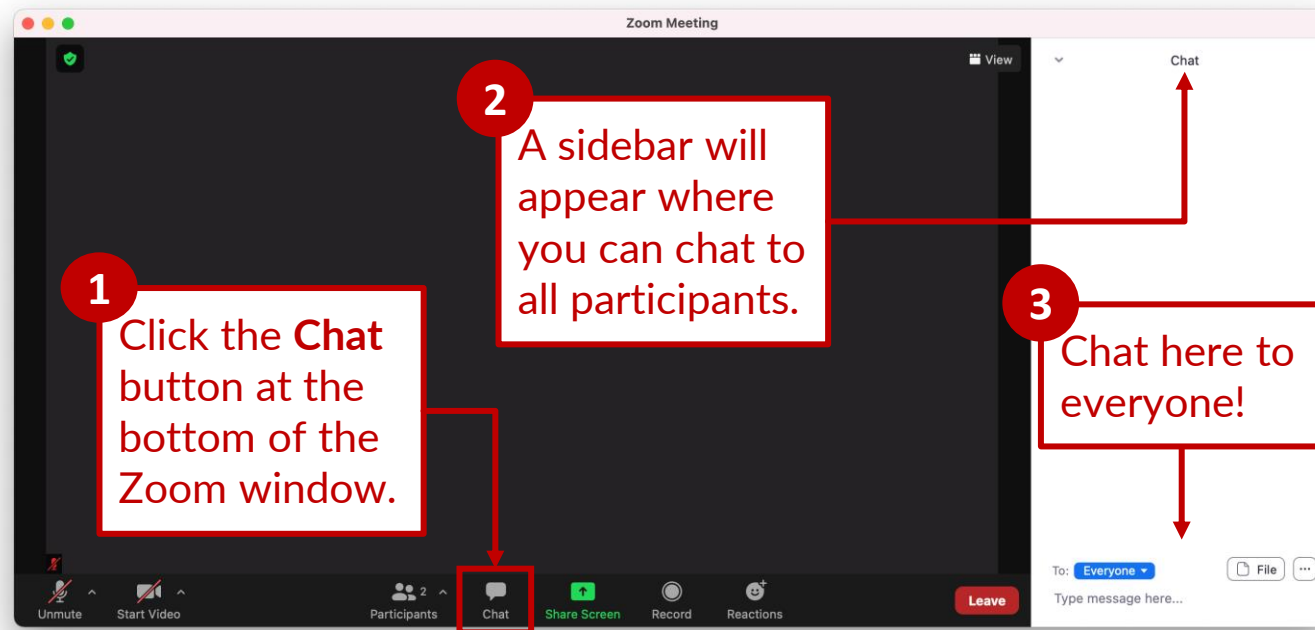
Participants are encouraged to share comments and ask questions using the chat box.

# Audio

- After you join the Zoom session, an audio conference box may appear.
  - If you do not see the box, click **'Join Audio'**
- From the audio conference box, select **'Phone Call'** or **'Computer Audio'**
  - If accessing the session audio via phone:
    - Dial one of the given numbers next to **'Dial'**
    - You will be prompted to enter the **Meeting ID**
    - Then you will be prompted to enter the **Participant ID**



# Chat





# Welcome

Sharon Gutu

# Today's Goals

1. Go through the Transition Plan for Healthy Start Projects form together
2. Answer any questions grantees may have and address challenges they are facing completing the form
3. Hold space for grantees to connect and engage around the Transition Plan and Sustainability



# Sustainability Resources





# Introduction: Transition Plan for HS Projects

India Hunter,  
HS Project Officer (DHSPS)

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## **TRANSITION PLAN FOR HEALTHY START PROJECTS**

HRSA awards Healthy Start (HS) grants in order to provide ongoing services to communities in need. In doing so, the goal has always been to support the development and operation of programs that are sustainable with or without federal funding. With the current grant cycle coming to an end and congress determining appropriations, including the funding amounts, HRSA cannot be certain to guarantee future funding. Thus, HRSA is focusing on preparing all grantees for every possible scenario.

As we transition out of the current HS grant cycle, there are several considerations which each of our HS grantees must make individually, including the development of a Transition Plan. This is a plan that will provide guidance to you and to HRSA/MCHB/DHSPS on how your individual organization anticipates handling the possible changes of the Healthy Start program and sustaining current efforts. HRSA is committed to providing each grantee with technical assistance to aid in this transition.

It is critical that a grantee's reduction or end of federal funding does not also mean the end of the Healthy Start activities. In order to sustain Healthy Start's work, sites need to build bridges to resources and create a path to permanence. Healthy Start communities include many stakeholders, both public and private. In fact, Healthy Start grantees have worked to turn community members into stakeholders, and stakeholders into partners. These partners include government agencies, hospitals, universities, Medicaid and other insurers, private foundations, health care providers, local businesses, schools, places of worship, non-profits, community advocates, and many others. It is important that Healthy Start projects use these partnerships to help ensure their continued and future achievements.



# Training: Transition Plan for HS Projects

Kenn Harris

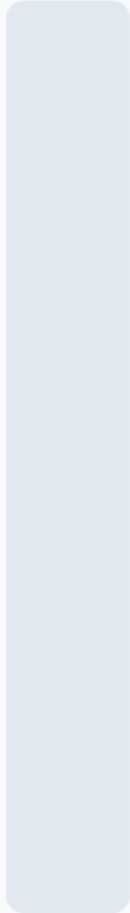
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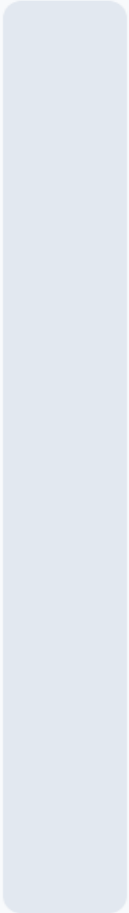
# Is this your first time completing a transition plan?

0%



Yes

0%



No

## **TRANSITION PLAN**

All HRSA-19-049 grantees are required to develop a Transition Plan in the event that Federal funds are not available, or are reduced, to fund your grant beyond the Project Period (March 31, 2024).

The following are considerations to be addressed if your program:

1. Receives a Reduction in Funding
2. Receives No Funding but Plans to Continue Some or All Services
3. Receives No Funding and Plans to Discontinue Services
4. Receives Funding but for a Different Project Area/Target Population.

A list of questions for each scenario have been provided for your consideration and planning.

You are not expected to provide written responses to each of these questions in this Transition Plan. Instead, use the list of questions as a guide to describe how your program would transition based on the scenarios provided. Your response should not exceed 4 pages.

Regardless of future funding, a final project period report (Impact Report) including a final Local Evaluation report will be required of all grantees within 90 days from the end of the Project Period. Funds must be maintained to complete these and any other required reports. More information on the Impact Report will be sent under a separate cover.

All Records from the program need to be maintained for 5 years. Identify how you will store them and make them available to HRSA, if requested.

## I. **RECEIVES A REDUCTION IN FUNDING**

1. Will you continue to provide all Healthy Start Services? If yes, proceed to Question 2. If no, what services will you provide? How will the program be restructured to provide these services? If so, describe.
2. Are there additional funding sources available? If so describe. If not, how will you seek additional funding? Identify specific service(s) and potential sources of funding.
3. What technical assistance will you need to aid in this transition?
4. How many staff are currently employed by Healthy Start (full- or part-time)? How many staff do you anticipate being able to employ with less funding than you have received in the past? Provide number, staff titles, and assigned activities.
5. How will staff be transitioned if funding and/or services are reduced, i.e., moved to other positions within the organization?



6. How many clients are currently enrolled? Identify by prenatal, postpartum, interconception infants and fathers. Please identify the number of pregnant clients that will need services and for approximately how long after the end of the Project Period.
7. How will reduction in funding affect the number enrolled in each of these categories?
8. How will each of these categories of clients be transitioned, if there is a need to reduce the number currently being served? Provide specific detail if the Project Area is being reduced, e.g., through deletion of zip codes, counties, municipalities, reservations, parishes, wards, etc.
9. Identify partner agencies to where clients are being transitioned. Do you have formal agreements or MOUs with all of these agencies or organizations?
10. How will the change in services be communicated to the clients, staff, and community?
11. Discuss impact on final data collection and evaluation need for end of year reports. Will there be a change in current Local Evaluator or data system contractor, if applicable?
12. Please provide any additional information about your transition plan.

## II. RECEIVES NO FUNDING- PLANS TO CONTINUE SERVICES

1. Will you continue to provide Healthy Start Services? If yes, proceed to Question 2. If not, go to section III.
2. How will the program be restructured to provide these services? Describe what specific services will be provided, i.e., outreach, case management, health education, etc.
3. What additional funding sources will be utilized? Describe how these funds will be secured. Will you seek additional funding? Identify specific service(s) and potential source(s) of funding.
4. What technical assistance will you need to aid in this transition?
5. How many staff are currently employed by HS? How many do you anticipate being able to retain employs with no federal HS funding? Provide number and staff titles.
6. How will staff be transitioned if services are reduced, i.e., moved to other positions within the organization or to other organizations?

7. How many clients are currently enrolled? Identify by prenatal, postpartum, interconception, infants and fathers.
8. How will elimination of funding affect the number enrolled in each of these categories?
9. How will each of these categories of clients be transitioned, if there is a need to reduce the number currently being served? Provide specific detail, if the Project Area is being changed/reduced, e.g., through deletion of zip codes, counties, municipalities, reservations, parishes, wards, etc.
10. Identify partner agencies to where clients will be transitioned. Do you have formal agreements or MOUs with all of these agencies or organizations?
11. How will the change in services be communicated to the clients, staff, and community?
12. Discuss the impact on data collection and evaluation. Will there be a change in current Local Evaluator or data system contractor, if applicable?
13. Please provide any additional information.

### III. RECEIVES NO FUNDING- PLANS TO DISCONTINUE SERVICES

1. How will the program be phased-out? Describe by specific service, i.e., outreach, case management, health education, etc. Provide an estimated timeframe and approximate date for discontinuing the service. How will close-out activities be funded?
2. What technical assistance will you need to aid in this transition?
3. Will any of these services be transitioned to other organizations? If so, identify the partner services and organizations.
4. Do you have formal agreements or MOUs with these agencies or organizations?
5. What funding sources will be utilized in this closeout transition? Describe. Will you seek additional funding? Identify specific service(s) and potential source(s) of funding.
6. How many clients are currently enrolled? Identify by prenatal, postpartum, interconception, infants, and fathers.
7. What is the timeframe for discontinuing services for clients in each of these categories?

8. How will each of these categories of clients be transitioned? Provide specific details for the HS clients in the HS Project Area by their location, zip codes, counties, municipalities, reservations, parishes, wards, etc. included.
9. How many staff are currently employed by HS? How many do you anticipate being able to employ if HS- like services are provided? Provide number and staff titles.
10. How will staff be transitioned if services are discontinued i.e., moved to other positions within the grantee organization or to other organizations? What is the timeline for staff to be transitioned? How are decisions being made on which staff to retain, move to another part of the organization, or transition out of your organization?
11. How will the change in services be communicated to the clients, staff, and community?
12. Discuss the impact on data collection and evaluation. Will there be a change in current Local Evaluator or data system contractor, if applicable?
13. Please provide any additional information.

**IV. RECEIVES FUNDING - DIFFERENT PROJECT AREA(S) AND/OR DIFFERENT TARGET POPULATION WILL BE SERVED**

(FOLLOWS PLANS LISTED FOR DISCONTINUING SERVICES, SECTION III above)

## What successful strategies have you used to complete your transition plan?

Nobody has responded yet.

Hang tight! Responses are coming in.

## What challenges have you faced while working on your transition plan?

Nobody has responded yet.

Hang tight! Responses are coming in.

# Q & A

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# Connecting the Transition Plan to Broader Sustainability

Kenn Harris

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# Sustainability Best Practices

Cynthia Dean  
Kenn Harris

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# Why is sustainability integral to the success of HS projects?

When is the best/most ideal time to develop a sustainability plan?

Can you tell us about how you have approached sustainability planning, successful strategies you have utilized, and any barriers you have faced?

What are three considerations projects should focus on when developing a sustainability plan?

What advice do you have for projects developing sustainability plans?

# Q & A

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# Closing

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# Next Steps

The TASC is creating an offering for grantees, which will provide in-depth training and support for developing, strengthening, and enhancing sustainability. This offering will launch in early 2024.

More information will be shared in the Weekly Update emails and monthly newsletter!

If you have any questions, please email us at [healthystart@nichq.org](mailto:healthystart@nichq.org).



# Satisfaction Survey

*Your feedback is extremely valuable and will help ensure we meet your support needs!*





Thank you !

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