# **Healthy Start Cohort Artifact**

2022 Fatherhood Cohort







#### INTRODUCTION

The Healthy Start TA & Support Center (TASC) hosted a Fatherhood Cohort for the second time from January through May 2022. Cohorts provide a space and place for Healthy Start (HS) grantees to come together to learn about what others are doing, document promising practices, and co-create tools and resources for the broader community around a specific topic (e.g., Evaluation, Fatherhood, Breastfeeding).

# **COHORT OBJECTIVES**

The Fatherhood Cohort focused on the following objectives:

- Explore best practices for collaborating and engaging community partners
- Identify strategies to recruit and retain HS fathers

# **COHORT DELIVERABLES**

During the cohort, members worked toward developing deliverables that could be shared with the broader HS community. Through activities, discussions, and homework assignments that were connected to the objectives, the cohort gathered information for the following deliverables:

# Deliverable 1: Strategies for Recruiting and Retaining Fathers in the Healthy Start Program

This deliverable was developed as the result of an activity where cohort members shared successful strategies they have used to recruit and retain fathers in their programs. They also identified new strategies that they hope to implement in the future.

#### Deliverable 2: Sample Recruitment Pitches for **Fathers**

This deliverable was developed as the result of an activity where cohort members were separated into breakout groups and were asked to create pitches to recruit fathers.

# Deliverable 3: Strategies for Building Effective Partnerships with Organizations that Provide Fatherhood Services

This deliverable was developed as the result of an activity where cohort members were asked to share the strategies around establishing effective partnerships with community organizations that provide fatherhood services.

These deliverables can be found on the following pages. Thank you to the 23 cohort members for their work and commitment to developing these documents for their fellow HS staff members. A full list of the cohort participants can be found on page 7. We encourage all readers to share this information with their fellow fatherhood coordinators and any others who contribute to fatherhood activities in the HS program.

# Deliverable 1:

# Strategies for Recruiting and Retaining Fathers in the Healthy Start Program

This deliverable was developed as the result of an activity where cohort members shared successful strategies they have used to recruit and retain fathers in their programs. The information has been distilled into two sections: Recruitment Strategies and Retention Strategies.







## RECRUITMENT STRATEGIES

# Client Engagement

- Provide potential or new father participants with a welcome binder about the fatherhood program
- Discuss the fatherhood program when enrolling mothers and include a flyer about the fatherhood program in their welcome folder
- Incentivize mothers if they pass along the fatherhood flyer and the father contacts the Fatherhood Coordinator
- Include fathers, if possible, when enrolling mothers
- Incentivize participants to enroll in the program using gift cards, bus passes, baby supplies, childcare services, etc.
- Ensure that mothers and fathers understand the importance of engaging fathers in HS

#### **Partnerships**

- Partner with other fatherhood and/or relevant community programs to host an event specifically for fathers
- Conduct outreach to fathers through the Community Action Network (CAN)
- Establish relationships with local correctional institutions to engage fathers
- Partner with community partners (e.g., OBYGN offices, pediatric offices, faith-based ministries, local businesses, community centers, barber and beauty shops) to hand out flyers about the fatherhood program
- Partner with the local public access television station to advertise HS and the fatherhood program on its public events/activity boards

### Staff Engagement

- Ensure that HS staff understand the importance of engaging fathers in HS
- Foster good communication between HS staff and fathers
- Supply staff with flyers and materials about the fatherhood program to disseminate

## **RETENTION STRATEGIES**

# Client Engagement

- Incentivize fathers to continually engage with the program using gift cards, bus passes, baby supplies, childcare services, etc.
- Continually reiterate the importance of engaging fathers in HS to fathers and mothers
- Provide or link fathers to services to meet any Administration for Children's Services (ACS) and court-appointed needs
- Utilize social media to engage with fathers and promote father-specific activities

#### **Events**

- Host events and activities each month to engage fathers regularly
- Organize an outing to a sports event (e.g., basketball, baseball)
- Launch parenting classes and invite fathers and mothers to participate in an activity together, if possible

# Staff Engagement

- Intentionally involve nurses, case managers, and support staff to work as a team to connect with fathers, promote services offered, and provide timely hand-offs
- Continually reiterate the importance of engaging fathers in HS to staff

# Deliverable 2: Sample Recruitment Pitches for Fathers

This deliverable was developed as the result of an activity where cohort members were separated into breakout groups and were asked to create recruitment pitches for fathers. Below are the sample recruitment pitches that the cohort members developed. We encourage readers to modify and use these pitches when working with fathers.







### **RECRUITMENT PITCH 1**

"The Dad's Coast to Coast program, along with our partners, works to educate and support fathers in their efforts to be the best parent to promote a healthy birth outcome. Here are the top five needs we can take care of: employment, medical coverage, mental health services, legal services, and educational resources. Does this sound useful or beneficial to you? Can I have your information so that we can further this conversation? Here is my information if you have more questions."

#### **RECRUITMENT PITCH 2**

"Dads are crucial to their child's future! Most men know that fatherhood consists of protecting and providing. Though we may know a lot, we can always know more. Take our short survey to see where you stand."

### **RECRUITMENT PITCH 3**

"Come and join our group and develop a brotherhood of support and receive resources. Learn about how your babies grow, get in the know, and bring a friend too. Join our fatherhood group today!"

#### **RECRUITMENT PITCH 4**

"Do you want to be the best father that you can be? Our program has the tools to help you become all that you want to be as a father and more. It is a fatherhood program where dads come together to talk about ways they can be better for their kids and families."



# **Deliverable 3:**

# Strategies for Building Effective Partnerships with Organizations that Provide Fatherhood Services

This deliverable was created as the result an activity where cohort members were asked to share strategies to establish effective partnerships with community organizations that provide fatherhood services. The information has been distilled into two sections, which list the ideal qualities that partner organizations should bring to the table, and the ideal qualities that HS programs should bring to the table.







#### AIM TO WORK WITH PARTNERS WHO:

- · Speak to fathers with respect and understanding
- Offer quality services that will be valuable to HS participants
- Have been recognized for their services (i.e., certificates and awards)
- · Are honest about the services they offer and their ability to partner with you
- Maintain a reciprocal relationship, where you're both able to support each other
- Respond to you in a timely manner

# AS A PARTNER, ENSURE THAT YOU:

- Keep your word and fulfill your promises to the other organization
- Have a clear understanding of the role of the partner organization
- Have a clear understanding of expectations, both for yourself and the partner
- Establish clear, dependable, and consistent communication channels
- · Be a cheerleader for your partners by promoting and uplifting them
- · Add value to those who add value to you



# 2022 Fatherhood Cohort Participant List

Name	Title	Site	State	Site Type	Services
Norman	Fatherhood	Connecticut	Connecticut	Urban	Community-based
Goldston	Coordinator	Department of Public Health			
Royal Harris	Program	County of	Oregon	Urban	Home-based
	Specialist	Multnomah	_		
Devin Anderson	Fatherhood	Government of	Maryland	Urban	Community-based
	Coordinator	the District of			
		Columbia			
Shane Smith	Fatherhood	Union Hospital,	Indiana	Rural	Clinic-based
	Coach	Inc.			
Heather Grable	Project Manager	Indiana Rural Health Association	Indiana	Rural	Community-based
Ronald White	Fatherhood	City of Cleveland	Ohio	Urban	Home &
	Coordinator	,			Community-based
April Jackson	Program Manager	County of Clayton	Georgia	Urban	Community-based
Abel DeSantiago	Fatherhood	City of San	Texas	Urban	Home &
	Coordinator	Antonio			Community-based
Sekou Clincy	Fatherhood	Community	Oklahoma	Urban	Clinic-based
	Coordinator	Service Council of			
		Greater Tulsa			
Emmanuel Perez	Fatherhood	Fund for Public	New York	Urban	Community-based
	Program Manager	Health in New			
		York, Inc./Healthy			
		Start Brooklyn			
Dwayne Cook	Program	Northern	New York	Urban	Community-based
	Coordinator	Manhattan			
		Perinatal			
		Partnership, Inc.			
Nestor	Fatherhood	SHIELDS for	California	Urban	Community-based
Caballero	Coordinator	Families			
Michael Jones	Fatherhood	Virginia	Virginia	Urban	Home-based
	Coordinator &	Department of			
	Community	Health			
	Health Worker				
Wesley Foster	Care Case	Community Health	Oklahoma	Urban; Rural	Community-based
	Manager	Centers, Inc.			
Byron Dixon	Fatherhood	County of Tulsa	Oklahoma	Urban	Home &
	Coordinator				Community-based
Avis Files	Fatherhood	County of Lucas	Ohio	Urban	Community-based
	Coordinator	N			
Emmanuel	Fatherhood	Newark	New Jersey	Urban	Clinic-based
Larose	Coordinator	Community Health Centers, Inc.			
Abraham	HS Program	Community	Oklahoma	Urban	Community-based
Calamease	Specialist	Service Council of			
		Greater Tulsa			
Jonathan	Fatherhood	Centerstone of	Indiana	Rural	Home-based
Moody	Engagement Specialist	Indiana, Inc.			
Quintin Baptiste	Fatherhood	County of Ingham	Michigan	Urban; Rural	Home-based
	Facilitator				