

# Welcome!

We are so glad you are here!

We will get started shortly.  
In the meantime, we invite you to intentionally enter this space.



Silence your cell phone



Stretch



Close the door



Take a few deep breaths



Close browser windows



Emotionally release your to-do list



Check your audio and video



Take a bio break

***Male Doula Webinar***

Wednesday, August 25, 2021 || 2:00pm to 3:30pm ET

HEALTHY  
**start**  
TA & SUPPORT CENTER

NICHQ  
National Institute for  
Children's Health Quality



# Male Doula Webinar

August 25, 2021



# Agenda

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Housekeeping

Lisa Hong, NICHQ

Welcome & Speaker Introductions

Kenn Harris, NICHQ

Male Doula Program

Meloney Baty, South Phoenix Healthy Start

Closing

Danisha Charles, NICHQ

# Meeting Logistics

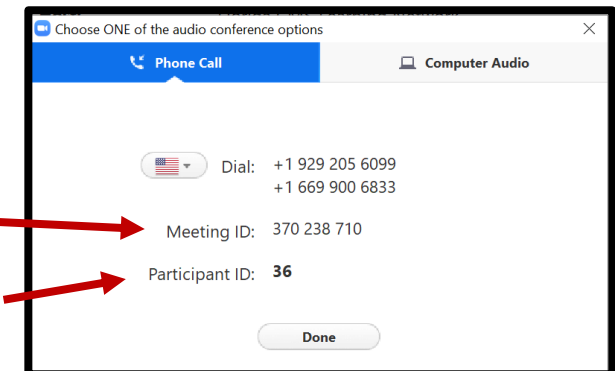
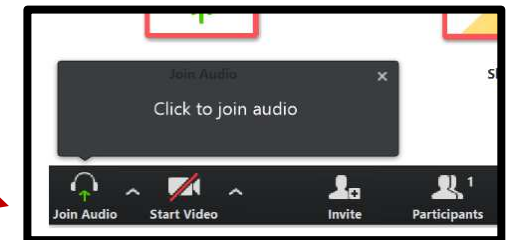
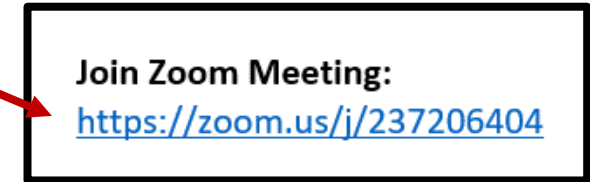
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- This session is being recorded.
- All participants are muted upon entry. We ask that you remain muted to limit background noise.
- Members are encouraged to participate in the discussion by typing your comments or asking questions using the chat box.

# Connecting to the Audio Conference

- Join the Zoom Meeting by **clicking the Zoom Meeting link** & launching the Zoom application
- An audio conference box will appear
  - If you do not see the box, click '**Join Audio**'
- From the audio conference box, select '**Phone Call**' or '**Computer Audio**'
  - If using the phone:
    - Dial one of the given numbers next to "**Dial**"
    - You will be prompted to enter the **Meeting ID**
    - Then you will be prompted to enter the **Participant ID**



# How to Chat

The image shows a Zoom Meeting window with a dark theme. At the bottom, there is a toolbar with icons for Unmute, Start Video, Participants, Chat, Share Screen, Record, and Reactions. A red box highlights the Chat icon. A red arrow points from this box to a sidebar on the right side of the window. The sidebar has a 'Chat' header and a 'View' dropdown. Below the header, there is a text input field with a 'Type message here...' placeholder, a 'To:' dropdown menu set to 'Everyone', and a 'File' button. A red arrow points from the 'Chat' header to the text input field. A red arrow points from the 'Type message here...' field to the 'Everyone' dropdown menu.

- 1 Click the **Chat** button at the bottom of the Zoom window.
- 2 A sidebar will appear where you can chat to all participants.
- 3 Chat here to everyone!



# Welcome & Speaker Introductions

Kenn Harris

Executive Project Director  
Healthy Start TA & Support Center  
National Institute for Children's  
Health Quality (NICHQ)





Welcome!





# South Phoenix Healthy Start Male Doula Program

Meloney Baty  
Project Director, South Phoenix  
Healthy Start



# South Phoenix Healthy Start

The Male Doula  
Webinar is hosted by  
the Healthy Start TA &  
Support Center at  
NICHQ.



Meloney Baty, MA

Director of South Phoenix Healthy Start

[Meloney.Baty@Maricopa.gov](mailto:Meloney.Baty@Maricopa.gov)

602-372-1166



SOUTH PHOENIX

**HealthyStart**

# South Phoenix Health Start (SPHS) Program History

The Male Doula  
Webinar is hosted by  
the Healthy Start TA &  
Support Center at  
NICHQ.



- Healthy Start received our first grant as a non-profit
- In 2002, the program transitioned to Maricopa County Public Health Department
- Providing culturally appropriate services to the South Phoenix Community for over 19 years

# Infant Mortality Rates

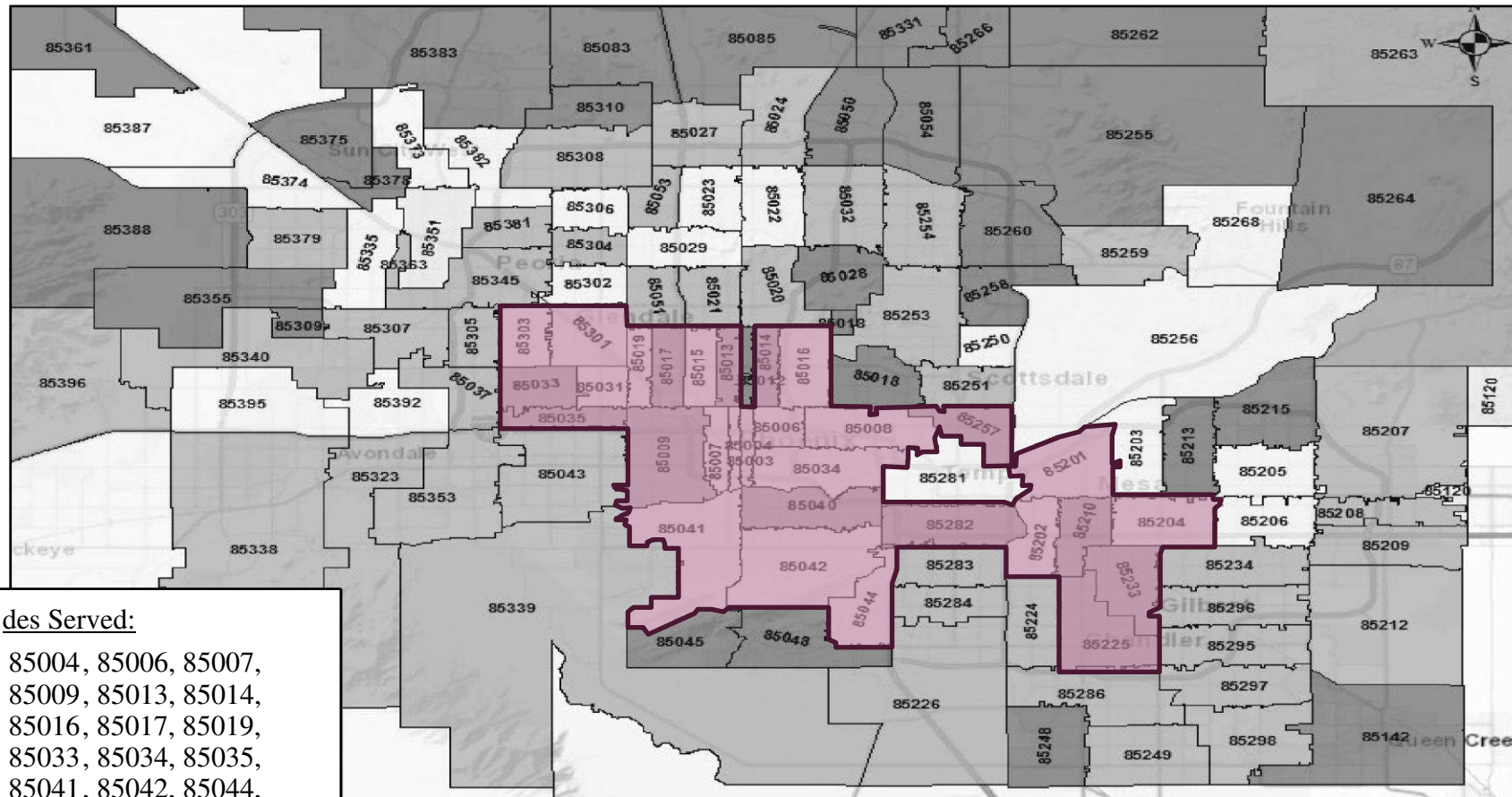
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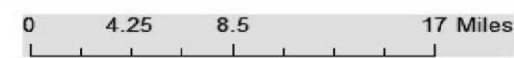
National IMR	Arizona IMR	Maricopa County IMR	South Phoenix/Project Area IMR
5.7 infant death/1,000 live birth	5.7 infant death/1,000 live birth	5.8 infant death/1,000 live birth	12.3 infant deaths/1,000 live births

# South Phoenix Healthy Start Program Service Area

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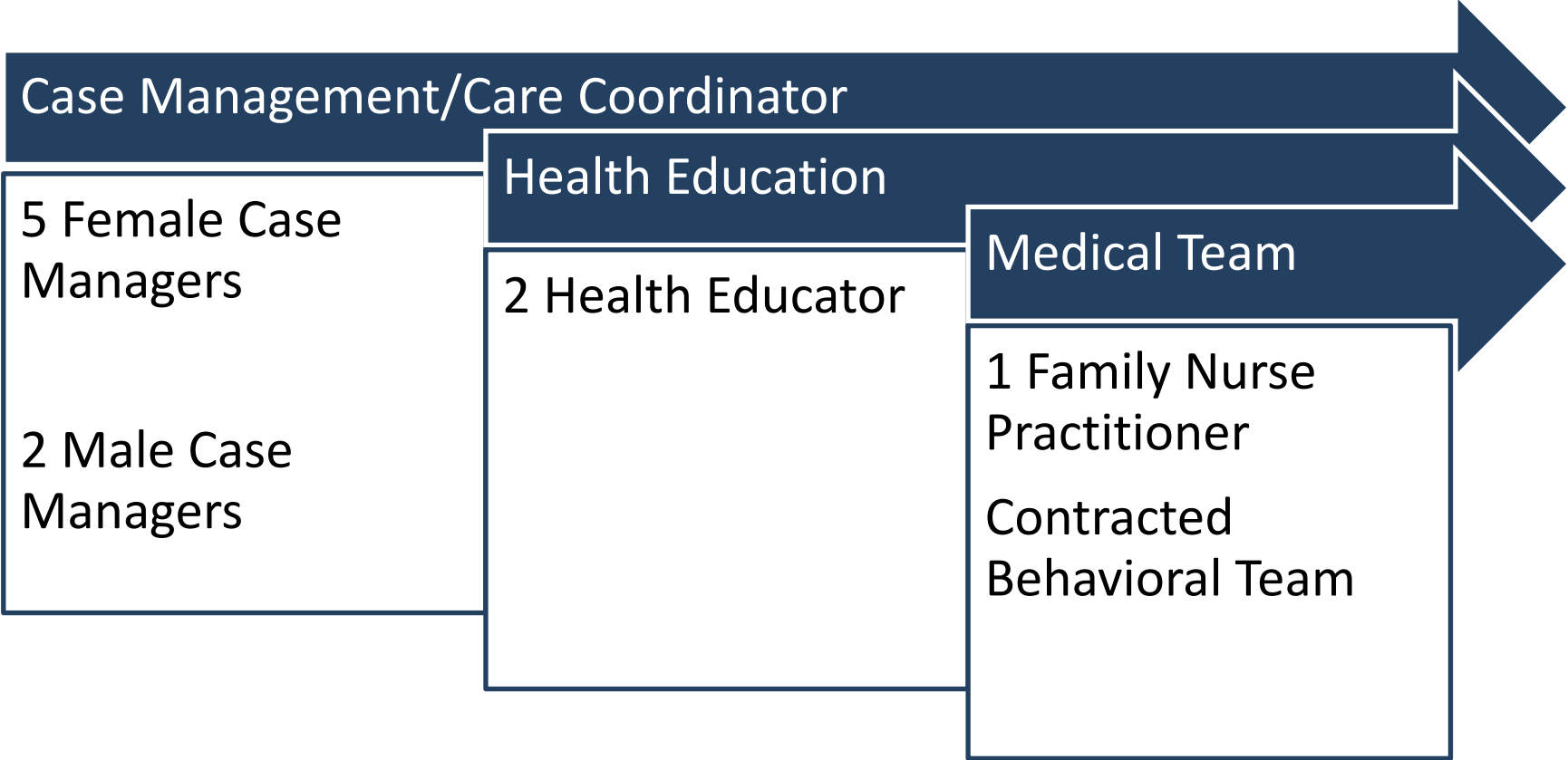


Zip Codes Served:  
85003, 85004, 85006, 85007,  
85008, 85009, 85013, 85014,  
85015, 85016, 85017, 85019,  
85031, 85033, 85034, 85035,  
85040, 85041, 85042, 85044,  
85201, 85202, 85204, 85210,  
85225, 85233, 85257, 85282,  
85301, 85303.



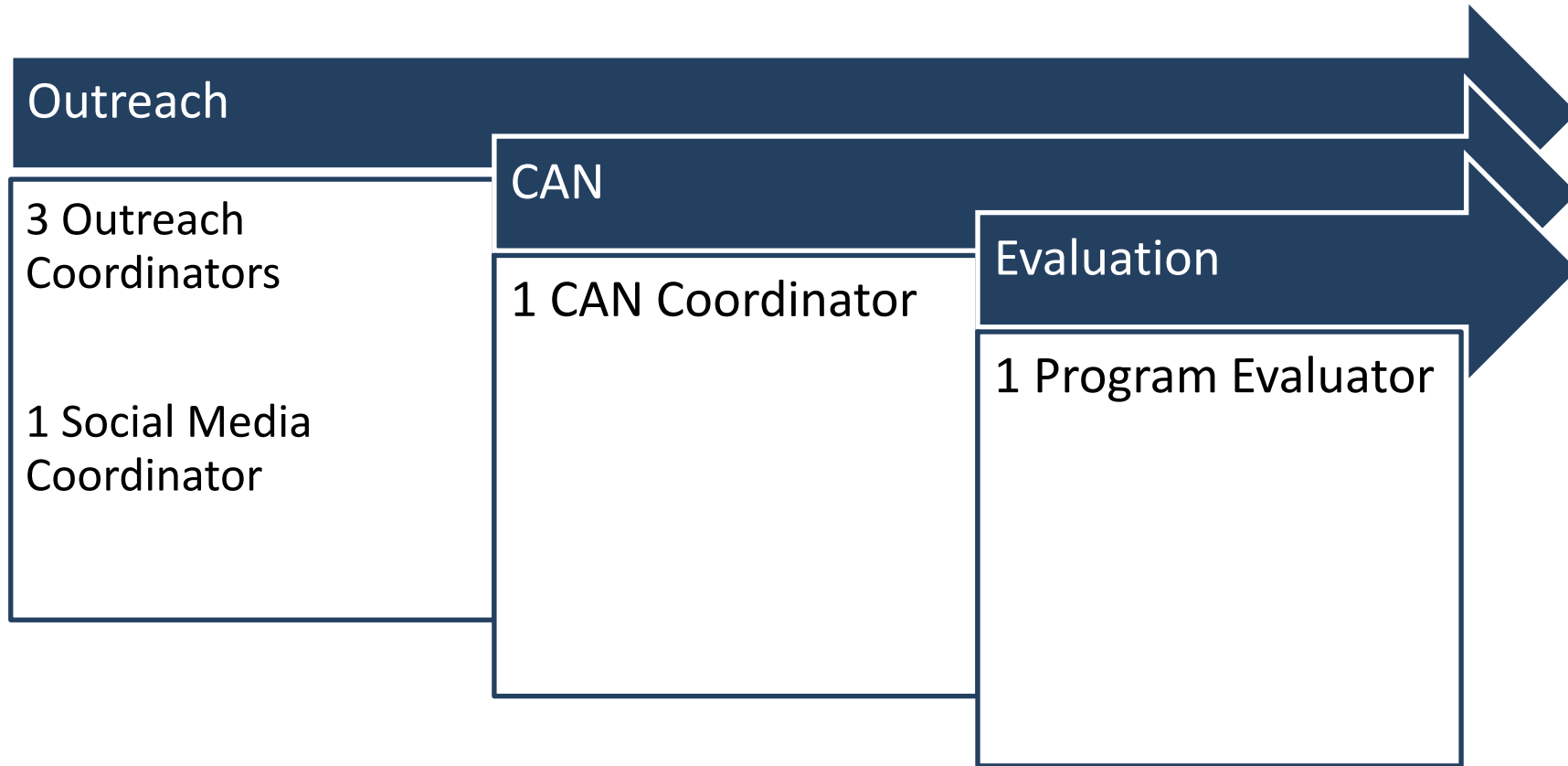
# Program Structure

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.





# Program Structure



# Doula Staff

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.



## Doula Coordinator

- 1 Doula Coordinators
- 4 Prenatal Doulas
- 3 Post Natal Doulas
- 1 Male Doulas



# Doula Program

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.



Doula program started in 2010 with contracted Community Doulas

## **Prenatal Doulas**

SPHS Community Doulas work to educate and provide emotional, physical, and informational support to parents throughout pregnancy, labor and delivery, and the early postpartum stage.

# Estrella Jail Initiative

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.



- Doula -2015
  - In Maricopa County SPHS Doulas are the only support person allowed in delivery room to support before, during and after birth for Moms
- Case Management
  - All receive comprehensive risk screening, health assessment, and care planning services
  - Case management after birth to help Mom cope with loss of child, and works with Moms upon release
- Health Education
  - Childbirth Class-open to all pregnant women in Estrella Jail
  - Addresses Prenatal, Birth, Post Health Education



# Administrative Work

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2016

Data Collection

Doula Competencies

Continuing Education

Capacity Building



# Legacy and Male Doulas

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- Legacy – Mature member of our community
- Male Doulas- Males that support fathers



# Key Questions

- What would it look like to have male doulas in our program?
- What would our participant expect from a male doula?
- How would we document services?
- How would men get referred into the program?
- When do we assign Doulas for males- would we co-serve families?

# Key Questions

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What would it look like to have male doulas in our program?

Males as partners in maternal and early infant

What would our participants expect from a male doula?

Develop their Role as a Father

Early Care of Infants

Community Resources

# Key Questions

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.



How would we document their services?


**Doubro Home Visit**


Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Doula: \_\_\_\_\_ Location: \_\_\_\_\_ Visit:  1  2  3  4  5  6

Mark all screenings completed on this visit and/or referrals made to case managers.

Doula Screenings & Case Management (CM) Referrals	
<input type="checkbox"/> PHQ-9 Depression Scale	<input type="checkbox"/> Referred to CM: Substance Use Assessment
<input type="checkbox"/> Referred to CM: Home Safety Assessment	<input type="checkbox"/> Referred to CM: Alcohol Use Assessment
<input type="checkbox"/> Referred to CM: Relationship Assessment	<input type="checkbox"/> Referred to CM: Smoking Assessment

**Health Education Discussed:**

Mark all curriculum handouts discussed on this visit.

Visit 1 Handouts (choose 2-3)	Visit 2 Handouts (choose 2-3)	Visit 4 Handouts (choose 2-3)
<input type="checkbox"/> Bathing/Diapering/Swaddling/Feeding Crying	<input type="checkbox"/> Postpartum care for mom and newborn	<input type="checkbox"/> Session 5 - Communication
<input type="checkbox"/> Home & Child Safety & Wellbeing	<input type="checkbox"/> Ways to help my baby's brain develop	<input type="checkbox"/> Session 10 - Working with Mom and co-parenting
<input type="checkbox"/> Learning your Newborn's Signals	<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> Myths about Breastfeeding	<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> Learning about my new baby	<input type="checkbox"/> _____	<input type="checkbox"/> _____

**Referrals/Community Resources Provided:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

# Key Questions

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## **Health Education Discussed:**

Mark all curriculum handouts discussed on this visit.

<b>Visit 1 Handouts (choose 2-3)</b>	<b>Visit 2 Handouts (choose 2-3)</b>	<b>Visit 4 Handouts (choose 2-3)</b>
<input type="checkbox"/> Bathing/Diapering/Swaddling/Feeding Crying	<input type="checkbox"/> Postpartum care for mom and newborn	<input type="checkbox"/> Session 5 - Communication
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<input type="checkbox"/> Learning your Newborn's Signals	<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> Myths about Breastfeeding	<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> Learning about my new baby	<input type="checkbox"/> _____	<input type="checkbox"/> _____

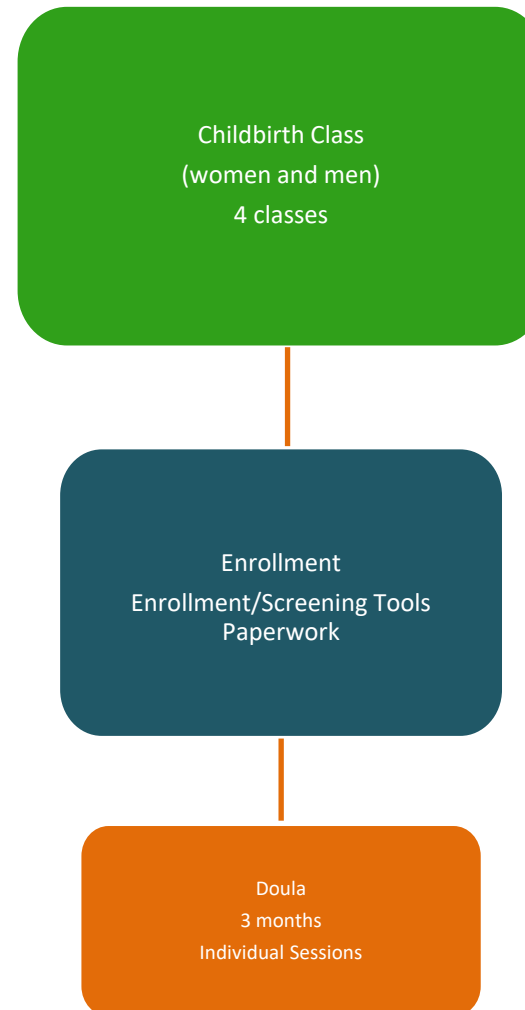


# Key Questions

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How would Men get referred into the program?



# Key Questions

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.



- When to assign Doulas for males?
- Would we co-serve families?



# Male Doula Program

The Male Doula Webinar is hosted by the Healthy Start TA & Support Center at NICHQ.



- Doula Capacity Building session in March of 2018
- Procurement Contracting Process took 1 month
- Program started in May of 2018
- Guidance for new grant came out in summer 2018
- Male Doulas successfully provided services to participants until December 0f 2019

# Lessons Learned

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- Male Doula Curriculum
- Scheduling
- Physical Space
- Marketing
- Acuity of Participants

# Male Engagement

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NICHQ.



- 1 Case Manager Coordinator-Supervision/see participants in Jails
- 1 Case Manager/Doula/ see participants in community
- 1 Health Educator
- 1 Outreach Specialist



# Male Engagement Support

- Childbirth / Father Engagement
- Daddy and Me
- Family Visits / Co-Parenting
- Job Readiness
- Child Support
- 24/7 Dad Support Group
- Behavioral Health Services



# Looking to the Future

- MOUs with local federally funded health clinics
- Postnatal Competencies
- Capacity Building for Doulas

# SPHS Male Doula Program

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## Q & A



# Contact Information

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NICHQ.



**[HealthyStartPhoenix.org](http://HealthyStartPhoenix.org)**



# Closing

Danisha Charles  
Healthy Start TA & Support Center  
NICHQ



# Satisfaction Survey

Can be found on the EPIC website or  
[bit.ly/hs-deadlines-and-events](https://bit.ly/hs-deadlines-and-events)

## September 2021

### Deadlines:

Sep 15 HSMED-II Report (CSV or XML) Due

### Events:

- Sep 15 [An Innovative Approach to Preconception Care for Young African American Men: the Gabe Health IT System](#)
- Sep 16 [Fetal Alcohol Spectrum Disorders \(FASD\) Webinar #1](#)
- Sep 20 TIROE CoP Learning Session #5 – COP members only
- Sep 21 [Fatherhood Talk Tuesday](#)
- Sep 23 [CAN Learning Academy Session #5](#)
- Sep 28 [Fatherhood Learning Academy Session #3](#)

# Thank You!

