

Welcome!

We are so glad you are here!

We will get started shortly.
In the meantime, we invite you to intentionally enter this space.



Silence your cell phone



Stretch



Close the door



Take a few deep breaths



Close browser windows



Emotionally release your to-do list



Check your audio and video



Take a bio break

Co-Parenting Learning Academy

Thursday, April 20, 2023
3:00pm – 4:30pm ET

The Healthy Start TA & Support Center is operated by the National Institute for Children's Health Quality (NICHQ). This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number 1 UF5MC327500100 titled Supporting Healthy Start Performance Project.

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Agenda

**Housekeeping & Learning
Academy Overview**

Danisha Charles
Healthy Start TA &
Support Center (TASC)

**Working with Mothers:
Parent Education and
Peer Support Groups**
Panel Discussion

Dr. Jeffery Johnson
National Partnership for
Community Leadership
(NPCL)

Q&A

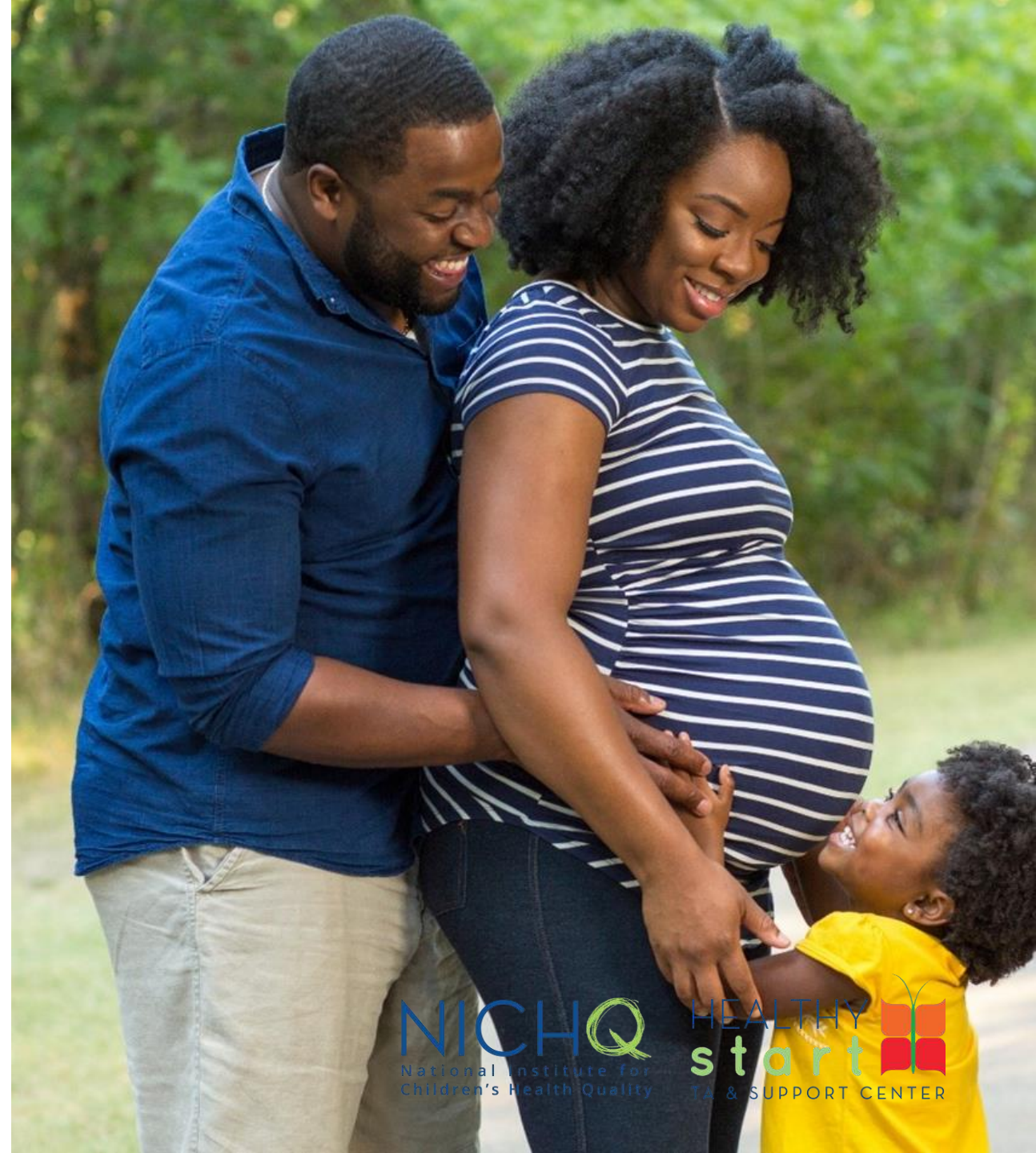
All

Homework Review

All

Wrap-up

Danisha Charles
TASC





This session is being recorded.



All participants are muted upon entry. We ask that you remain muted to limit background noise.



Participants are encouraged to share comments and ask questions using the chat box.



Learning Academy Overview

Danisha Charles

Healthy Start TA & Support Center

Co-Parenting Learning Academy
Hosted by the Healthy Start TA & Support Center at NICHQ

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Healthy Start Learning Academies

Healthy Start Learning Academies provide an opportunity for HS grantees to participate in curriculum-based courses on specific topics associated with the four HS approaches and 19 HS benchmarks. Learning Academies build HS staff knowledge and prepare them to apply their learnings to their HS program's day-to-day activities.

Learning Academy Structure

- Monthly virtual sessions
- Required readings
- Group presentations
- All sessions will be posted on EPIC in an e-learning format for those who cannot attend the live sessions



Co-Parenting Learning Academy

Goal:

The goal of the Learning Academy is to examine the breadth and depth of social welfare policy in the 20th and 21st centuries while exploring the policies and practices that have influenced the focus on mothers and children and have excluded fathers from family support systems, and redefining “co-parenting” as it has been integrated into current MCH practices.

Co-Parenting Learning Academy Schedule

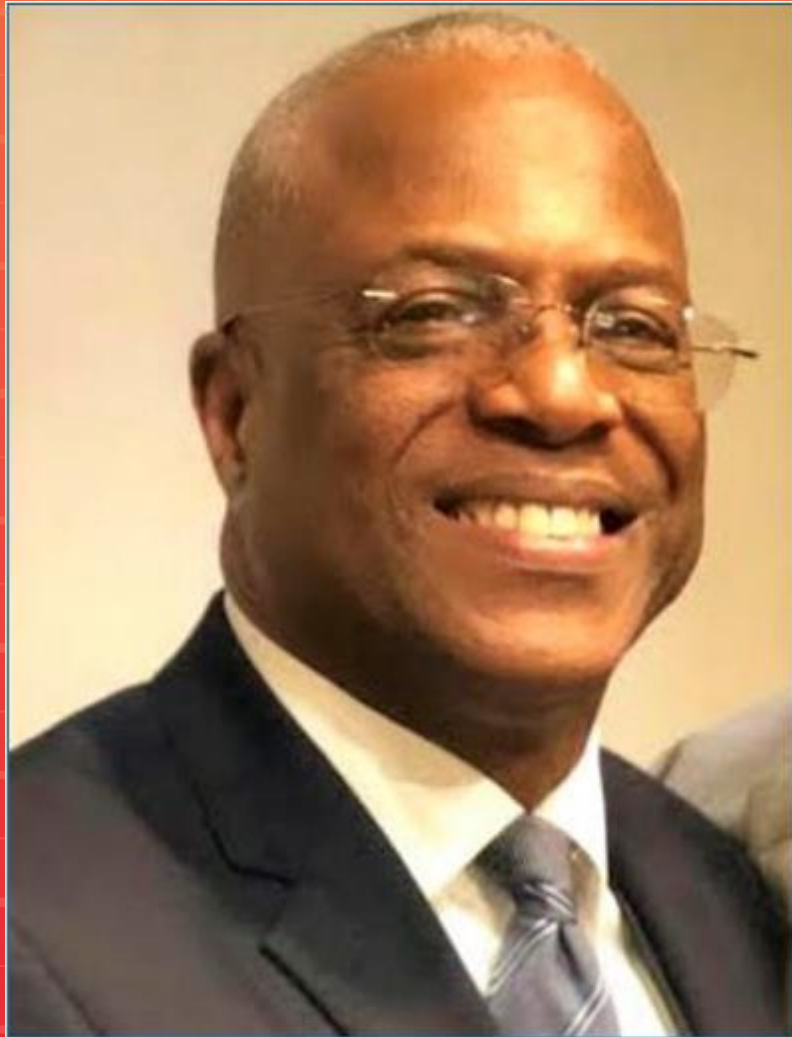
Session	Time & Date
Session #1	February 16, 3-4:30 pm ET
Session #2	March 16, 3-4:30 pm ET
Session #3	April 20, 3-4:30 pm ET
Session #4	May 18, 3-4:30 pm ET



Co-Parenting Learning Academy Session Topics

Session	Topic
Session 1	Overview NPCL Co-Parenting Curriculum and Co-Parenting Models
Session 2	Co-Parenting Among Unmarried Parents: A Case Study
Session 3	Working with Mothers: Parent Education and Peer Support Groups
Session 4	Co-Parenting Research and Policy Perspectives

Co-Parenting Learning Academy Dean



Dr. Jeffery Johnson

CEO & President,
National Partnership for Community Leadership
(NPCL)



Working with Mothers: Parent Education and Peer Support Groups

Dr. Jeffery Johnson

National Partnership for Community Leadership
(NPCL)

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HEALTHY START CO-PARENTING LEARNING ACADEMY SESSION III

“WORKING WITH MOTHERS: PARENT EDUCATION AND PEER SUPPORT GROUPS”

MODERATOR

DR. JEFFERY JOHNSON

PANEL MEMBERS

MS. JULIE BELL

MS. AVIS FILES

MS. ALEXANDRA JAMES-OKOCHI

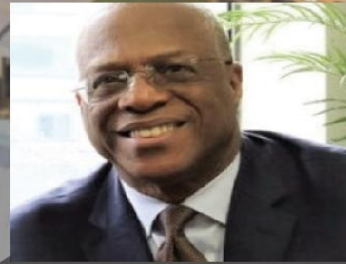


25th Annual International Fatherhood Conference

JUNE 6 - 8TH, 2023

The nation's most influential leaders and practitioners will gather this year to celebrate the 25th Anniversary of the International Fatherhood Conference at the historic Pro-Football Hall of Fame Village in Canton, Ohio to discuss why and how fathers' matter to their children, families and communities.

The conference will include over 60 speakers and workshop presenters offering expertise and evidenced-based practices in responsible fatherhood programming, family strengthening and healthy relationships, and innovative human and social services programs to improve father engagement.



Visit our site for
more information!



SESSION III OVERVIEW

**WORKING WITH MOTHERS: PARENT
EDUCATION AND PEER SUPPORT GROUPS**

WHAT IS CO-PARENTING?

**It IS NOT a competition!
It IS a collaboration
between parents
(sometimes
grandparents too),
to do what is best for the
kids.**





WHAT IS CO-PARENTING?

- **The term co-parenting describes a parenting relationship in which the two parents of a child are not romantically involved, but still assume joint responsibility for the upbringing of their child.**

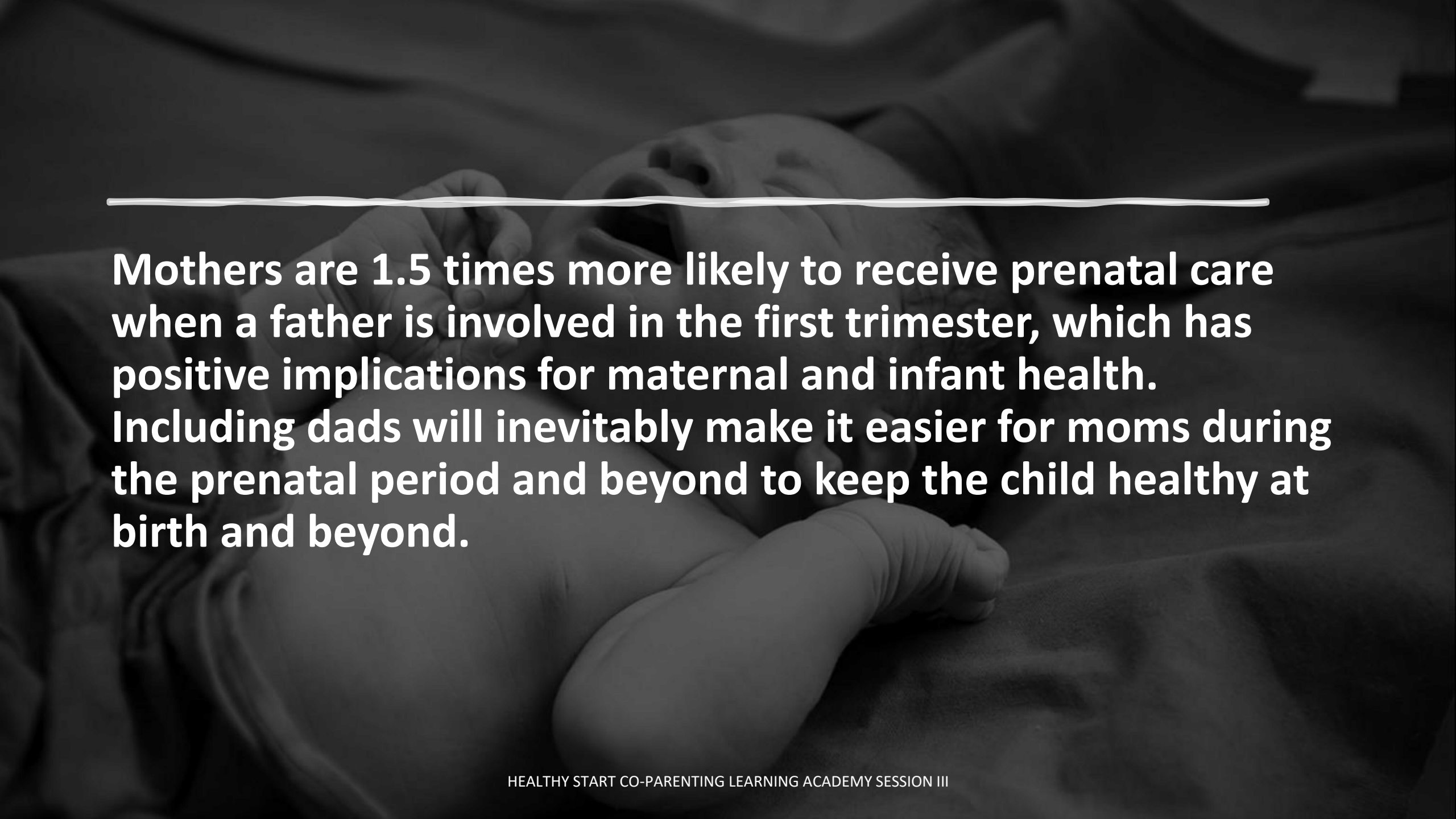
CO-PARENTING IS COMPLICATED




YOUR CHILD BILL OF RIGHTS

- 1. Every child has the right to be cherished by both parents.**
- 2. Every child has the right to a meaningful, nurturing relationship with each parent.**
- 3. Every parent has the responsibility to contribute to the positive raising their children.**
- 4. Every child has the right to have competent parents and to be free from hearing, observing, or being part of their parents' arguments or problems with one another.**
- 5. Every child has the right to not to have to choose which parent to show their love to.**

Excerpted from the book [Your Journey To Co-Parenting](#) by Jeffery and Monica Johnson© 2021



Mothers are 1.5 times more likely to receive prenatal care when a father is involved in the first trimester, which has positive implications for maternal and infant health. Including dads will inevitably make it easier for moms during the prenatal period and beyond to keep the child healthy at birth and beyond.



Research indicates that father involvement has a positive impact on the health outcomes of children. Specifically, **there is a link between involved fathers and better results on nearly every measure of child well-being, from cognitive development and educational achievement to self-esteem and prosocial behavior. Providing services and programming to increase fathers' positive parenting skills, appropriate discipline, effective communication, emotional support, and stress management can reduce child abuse and increase protective factors. As a result, not only can children face a reduced risk of maltreatment, but they can also benefit from positive father involvement.**

- Services to low-income mothers and children are supports that typically do not include custodial responsible parent education. In contrast, publicly funded fatherhood programs include responsible fatherhood education as their primary emphasis.



HEALTHY START AND CO- PARENTING

- Healthy Start services to mothers include prenatal and post-natal support. It does not generally offer parenting and relationship education classes or peer support groups as an option for mothers.

Panel Discussion

Q&A

Homework Review

Satisfaction Survey

Your feedback is extremely valuable and will help ensure our offerings meet your support needs!

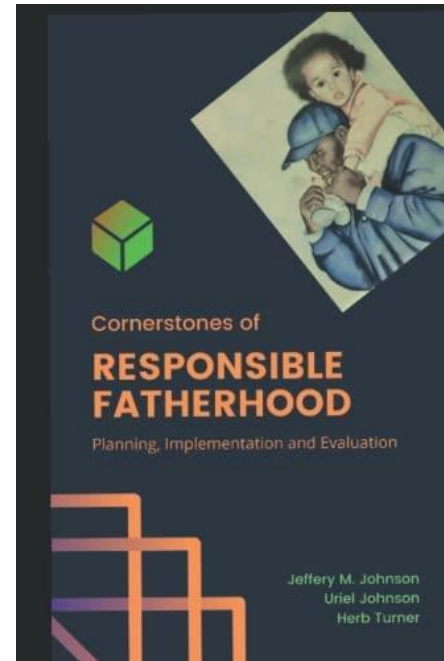


Cornerstones of Responsible Fatherhood: Planning, Implementation, and Evaluation

By: Jeffery Johnson, Uriel Johnson, and Herb Turner

The TA & Support Center is pleased to provide one copy of this book to each Healthy Start grantee that attend **majority** of the Co-Parenting Learning Academy.

To request a copy, please complete the request form by following the link in the chat box or scanning the QR code.



Final Co-Parenting Learning Academy: Co-Parenting Research and Policy Perspectives

Thursday, May 18

3:00pm – 4:30pm ET

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Thank you !

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