

Supporting Healthy Start Performance Project NEWSLETTER



Strengthening Healthy Start to support family health and well-being

An Important Note from the Healthy Start TA Center

NICHQ is happy to be the award recipient of the Supporting Healthy Start Performance Project (SHSPP) cooperative agreement funded by MCHB's Division of Healthy Start and Perinatal Services, and is honored to serve as your new Healthy Start TA Center. We are also pleased to be in partnership with the National Healthy Start Association (NHSA) by providing them with a subcontract to provide technical assistance in the specific areas of fatherhood, mentoring, and Community Action Network (CAN) development, in addition to participation on the faculty planning committee for this project along with subject matters experts who will be under subcontract to support the identified TA needs of grantees. Apart from their role as NICHQ's Healthy Start TA Center subcontractor, NHSA will remain a membership organization and will continue to provide support to its members in many other ways outside of this project, such as holding their annual conference. (You can find out details about their Mission/Vision and activities, including the upcoming NHSA Conference, at www.nationalhealthystart.org.)

While you may see some overlap in the TA topic areas, technical assistance that is offered by the NHSA under NICHQ's subcontract for the Healthy Start TA Center will be distinct, non-duplicative, and separate from the TA that is offered by NHSA as a membership organization.

NICHQ and MCHB want to be clear that Healthy Start grantees do not have to be members of NHSA to receive technical assistance from the Healthy Start TA Center, and that all TA provided by the TA Center is free and available to all Healthy Start projects.

Enjoy the resources we have for you in this edition of the e-news – we hope they are helpful and welcome your feedback or input on future e-news content. And again, we thank you for welcoming us and your patience and support as we embark on this 5-year journey with you! Together, we are going to make a difference!

Quick Update on TA Plans/Process: *where are we in the process of providing TA?*

The NICHQ Team continues in its phase of assessing the TA needs of grantees and has a specific request from you to support this process (described below). In addition, we will be sending out a needs assessment survey to all Project Directors to complete in the coming weeks. We look forward to sharing the results of our needs assessment with you once it is completed. These results will assist the NICHQ Healthy Start TA Center in identifying the TA needs of Healthy Start projects and help us make any necessary improvements to our approach to meet your needs. We will be offering some initial opportunities for TA in the coming weeks, but

please note that trainings for grantees that are reflective of the needs identified in the assessments will be provided by the TA Center beginning in January 2020. In the meantime, please continue to make your TA requests by utilizing the Healthy Start EPIC Center and working with your MCHB Project Officer, and we will continue to respond to these requests.



Action Requested:

Grantee Materials to Support Needs Assessment

In an effort to provide the most useful trainings and technical assistance to the Healthy Start projects, the SHSPP team at NICHQ is reviewing existing materials and collecting feedback from projects and HRSA/MCHB project officers to help guide our needs assessment. As part of this process, we are requesting that Project Directors please send us a copy of their original FY 2019 grant application narratives and workplans to review to help in these purposes. We acknowledge that your plans have likely changed a bit since you submitted these narratives but there are certain components that would still be helpful for us to review. If you are willing to share this information to help us plan how to best support you, please send your grant application narrative, project abstract, and workplan to healthystart@nichq.org at your earliest convenience, or by 9/20. Thank you very much in advance!



Thank you for voting!

The winning tagline is..

Strengthening Healthy Start to support family health and well-being.

Thank you for helping us choose a tagline for the SHSPP that reflects the work we aim to do over the next five years.

Thank you for joining our kick-off webinar!

It was wonderful to have the opportunity to virtually meet you in our webinar on August 27. You can view a [recording of the webinar](#) and access the [slides](#). We have also added a [Q&A document](#) that provides responses to the questions asked during the webinar. Here are the direct links to some of the existing resources on the EPIC Center website that were highlighted on the call:

- **New brochures:** Depression & Anxiety During and After Pregnancy
 - <https://www.healthystartepic.org/resources/communications-tools/>
- Inventory of Evidence-based Practices on a wide variety of topics
 - <https://www.healthystartepic.org/resources/evidence-based-practices/>
- Project Management Tools
 - <https://www.healthystartepic.org/resources/project-management-hub/>
- Staff Development Packages
 - <https://www.healthystartepic.org/hs-staff-roles/hs-team/>
- Performance Resource Sheets
 - <https://www.healthystartepic.org/healthy-start-implementation/screening-tools/>
- Community Health Worker Course*

- <https://www.healthystartepic.org/training-and-events/healthy-start-community-health-worker-course/>

*We acknowledge there have been difficulties accessing this course and we have been able to resolve this for those who have reached out to us. If you are having trouble, please send an email to healthystart@nichq.org to let us know.



Infant Mortality Awareness Month

September is Infant Mortality Awareness month.

The National Institute for Children's Health Quality (NICHQ) has some helpful infant mortality resources available:

[Safe Sleep video quiz](#)

How safe sleep savvy are you? This short video is a teaching tool for reducing infant sleep related deaths. It can be used to engage parents and caregivers in interactive conversations 1:1 or in group settings about safe sleep and breastfeeding recommendations, or shown in waiting rooms.

[Infant Mortality CoIIN Prevention Toolkit](#)

This interactive toolkit allows users to learn from participants in the national phase of the Collaborative Improvement and Innovation Network to Reduce Infant Mortality. Organized by topics from the initiative, this toolkit features change ideas, case studies, videos and key insights from teams who were working to reduce infant mortality throughout the country.



Hosting or attending an exciting event or webinar?

We will use the EPIC Center [Training Calendar](#) to share information about events specifically planned for Healthy Start projects, as well as other relevant webinars, trainings, and other events that are open to the public. If you know of events or trainings that you think other Healthy Start projects should be aware of, please feel free to send information to healthystart@nichq.org.

Have questions? Either respond to this email or contact the sender on
healthystart@nichq.org

National Institute for Children's Health Quality (NICHQ), 30 Winter Street, 6th Floor, Boston,
Massachusetts 02108, United States, 617-391-2700
[Unsubscribe](#) [Manage preferences](#)