## Welcome!

We are so glad you are here!

We will get started shortly. In the meantime, we invite you to intentionally enter this space. age

agenda in your folder

Review today's



Review the lunch options in your folder



Help yourself to hand sanitizer



Silence your cell phone



Grab a snack and coffee, tea or water



Stretch



Contribute to our gratitude board

0.....

Take a bio break

Healthy Start Region 6 Regional Meeting Monday, March 6 from 9:00 am-4:15 pm CT





## **Healthy Start Regional Meeting Region 6**

Day 1: Monday, March 6 from 9 am-4:15 pm ET



NICHQ HEALTHY Children's Health Quality

TA & SUPPORT CENTER

# lcebreaker

Rochelle Logan, DrPh, MPH, CHES Supervisory Public Health Analyst Division of Healthy Start and Perinatal Services

> Kristal Dail, MPH Healthy Start Project Officer Division of Healthy Start and Perinatal Services

> > HEALTH

Healthy Start Region 6 Regional Meeting

Maternal & Child Health

NICHO National Institute for Children's Health Quality

# Welcome & Overview of the Agenda

Kenn L. Harris

Executive Director Healthy Start TA & Support Center (TASC)

Maternal & Child Health



HEALTHY start

Healthy Start Region 6 Regional Meeting

## Land Acknowledgment

We are gathered here today in Yanaguana or "Land of the Spirit Waters", now known as San Antonio. This is the ancestral homeland to the Payaya, a band that belongs to the Tāp Pīlam Coahuiltecan Nation who populated lands across what is now called Northern Mexico and South Texas.

#### Visit native-land.ca

We invite you to visit this website now to find out on whose land you occupy. We acknowledge that all of us stand upon the homelands of Indigenous peoples who were forcibly displaced by European colonization. This acknowledgment, however, is insufficient without our reckoning with the reality that America has benefited from these Native peoples' displacement. The acknowledgement is empty without our efforts to counter the effects of structures that enabled—and that still perpetuate—injustice against Indigenous Americans. Let's all come into this space, honoring the ancestors and cherishing the generations among us. Thank you.





## Welcome!

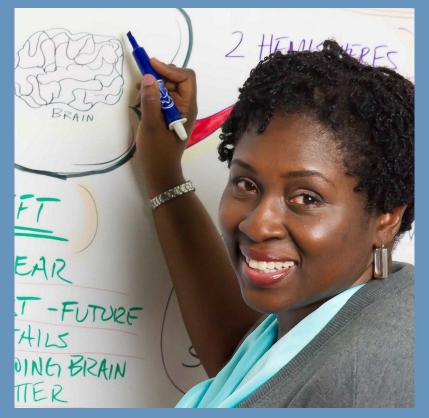
#### Please feel free to:

- View the agenda in the folder inside your tote bag.
- Enjoy the snacks and beverages throughout the meeting.
- Use the hand sanitizer on each table.
- Write your thoughts on our Gratitude Board in the hallway.
- Review the nearby lunch options in your folder and place an order for delivery or pickup in advance.

#### • Please also note:

- The bathroom is located straight across the rotunda.
- The TASC team is here to provide support or answer any questions during the meeting.
- We will have the following breaks:
  - Quick break from 11-11:15 am
  - Lunch break from 12:45-1:45 pm
  - Quick break from 3:30-3:45 pm
- Coffee and tea will be available in the hall during the quick breaks

## See in Colors



Lisa Nelson, Founder and Creative Director at See in Colors



#### Sunny Belbenkacem Graphic Recorder at See in Colors





Healthy Start Region 6 Regional Meeting

Icebreaker 9:00-9:15 **Rochelle Logan, DrPh, MPH, CHES** Division of Healthy Start and Perinatal Services (DHSPS)

> Kenn L. Harris Healthy Start TA & Support Center

> > Kori Eberle, MS San Antonio Healthy Start

**Michael Warren, MD, MPH** Maternal and Child Health Bureau (MCHB)

Opening Plenary 9:15-10:15 Lee Wilson, MA DHSPS

Rochelle Logan, DrPh, MPH, CHES DHSPS

> Mia Morrison, MPH DHSPS

**Susannah Boudreaux** Louisiana Department of Health

Data & Evaluation Plenary 10:15-11 Peter LaMois, MS DHSPS

Break from 11-11:15 am

AIM CCI Plenary 11-11:45 Saanie Sulley, MD, PhD AIM CCI Program Maternal & Child Health National Institute for Children's Health Quality

HEALTHY start ta & support center

Skill-building Sessions Part 1 11:45-12:45	Angela Rau, MAT ACTT Consulting Brenda Blasingame Vav Amani Consulting Art James, MD, FACOG TASC Consultant Kenn L. Harris TASC Kenn Scarborough NHSA G. Wesley Bugg, JD Reaching Our Brothers Everywhere	
Lunch Break from 12:45-1:45		
Skill-building Sessions Part 2 1:45-3:30	Same as above	
Quick Break from 3:30-3:45		B
Overview & History of the CAN Plenary 3:45-4:30	Kenn L. Harris TASC	
Adjourn at 4:30		
Optional Group Discussion: Staff Recruitment & Retention 4:30-5:15	N/A	
Optional Fatherhood Coordinator Meetup 7-8	N/A	Maternal & Child Health Realth Quality TA & SUPPORT CENTE

# Host Site

Project Director San Antonio Healthy Start



Healthy Start Region 6 Regional Meeting

## A Message from the MCHB Associate Administrator

**Dr. Michael Warren** Associαte Administrαtor Maternal and Child Health Bureau

Healthy Start Region 6 Regional Meeting

Maternal & Child Health





# Updates from the Division

#### Lee Wilson, MA

Director, Division of Healthy Start and Perinatal Services (DHSPS)

#### Rochelle Logan, DrPh, MPH, CHES

Supervisory Public Health Analyst, DHSPS

#### Mia Morrison, MPH

Supervisory Public Health Analyst, DHSPS



Healthy Start Region 6 Regional Meeting





#### Division of Healthy Start and Perinatal Services Welcome

#### **Healthy Start Regional Meetings 2023**

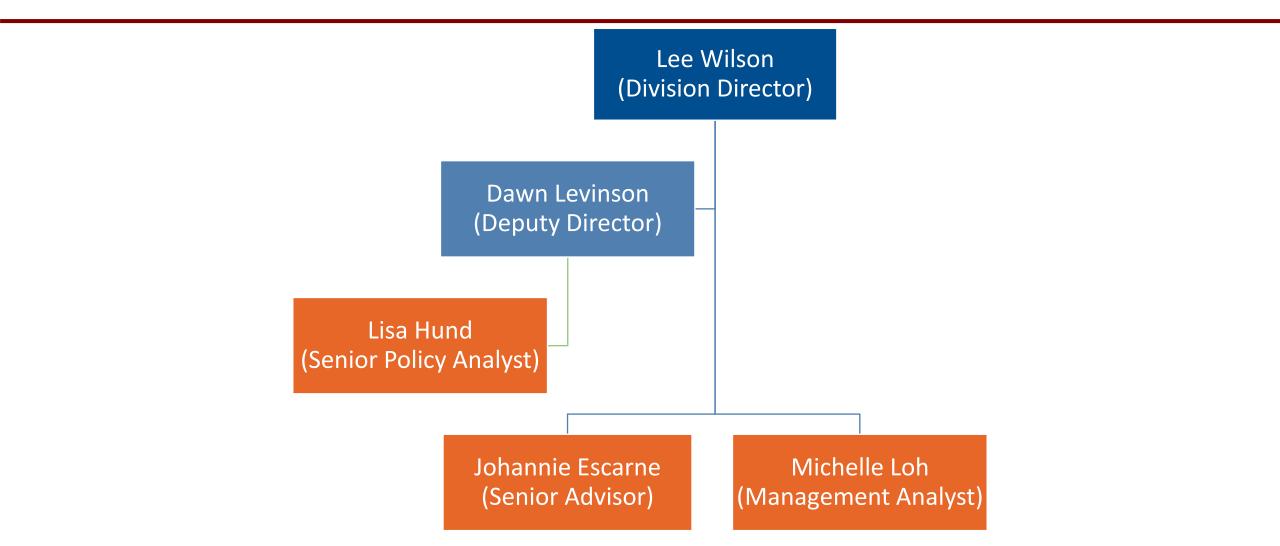
Lee Wilson

**Division Director** Maternal and Child Health Bureau (MCHB)

Vision: Healthy Communities, Healthy People



## **Office of the Director**



## **Healthy Start Branch**

#### Healthy Start Branch

- Benita Baker (Branch Chief)
- Management Analyst (Vacant)

#### Technical Assistance & Comprehensive Services Team

- Rochelle Logan (Team Lead)
- Kristal Dail (TASC/Nutrition)
- Melodye Watson (IHE/Mental Health)
- Cardors Barnes (TASC/Mentoring)
- Mary Emmanuele (RN/Clinical Health Services)
- Mabatemije Otubu (RN/Clinical Health Services/ Hypertension)
- Simone Esho (Doula)
- India Hunter (Health Equity Scholar)

#### Planning, Oversight & Program Operations Team

- Mia Morrison (Team Lead)
- Kevin Chapman (TASC/Domestic Violence)
- Brandon Wood (Fatherhood/Fiscal Operations)
- Shontelle Dixon (Reproductive Justice)
- Keri Bean (Homelessness)
- Zaire Graves (Health Equity)
- Efiok Ekorikoh (Rural Health)
- Ardandia Campbell-Williams (Technical Writing)

#### Data & Evaluation Team

- Ada Determan (Team Lead)
- Dianna Frick (MH Evaluation PM, Mapping Tool)
- Maura Dwyer (HS Evaluation PM)
- Sarah "Lina" Barrett (HSMED PM, HS Data Mailbox, HSMED and DGIS data)
- Peter LaMois (CAREWare PM, Mapping Tool, HSMED and DGIS data)

## Maternal and Women's Health Branch

#### Maternal & Women's Health Branch

• Kimberly Sherman (Branch Chief)

 Management Analyst (Vacant) Quality Improvement, Data & Evaluation Team

- Sandra Lloyd (Team Lead)
- Vanessa Lee (ACIMM DFO & Catalyst PO)
- Cassandra Phillips (AIM-CCI PO & AIM Data Center COR)
- Kimberly Burnett-Hoke (Hotline & HS Evaluation COR)
- Physician/Medical Officer (Vacant)

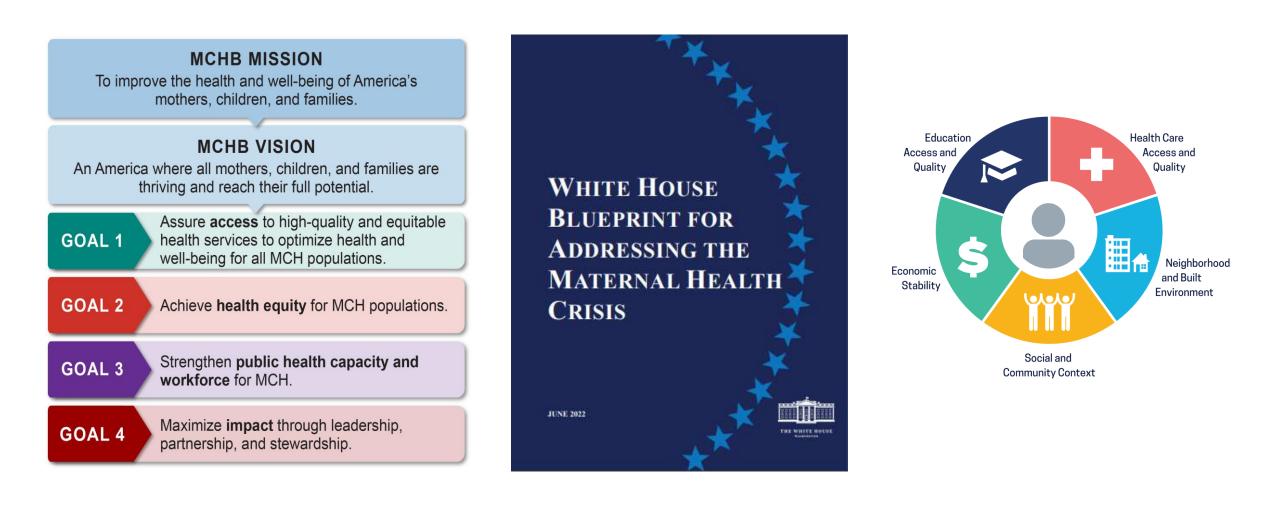
Systems Improvement Team

- Team Lead (Vacant)
- Martha "Sonsy" Fermin (MHI, MDRDB, FASD PO)
- Lud Abigail Duchatelier-Jeudy
- (MHI & Catalyst PO, ACIMM COR)
- Sandra Sayegh (MHI PO)
- Sarah Meyerholz (MHI PO & ACIMM)

## **FY23 Appropriations**

Program	FY22 Funding Level	FY23 Funding Level
AIM	\$12 Million	\$15.3 Million
<mark>Healthy Start</mark>	<mark>\$132 Million</mark>	<mark>\$145 Million</mark>
Integrated Maternal Health Services		\$10 Million
Maternal Mental Health Hotline	\$4 Million	\$7 Million
MDRBD	\$6.5 Million	\$10 Million
State MHI	\$29 Million	\$55 Million

## **Current and Future Work**





## **Division of Healthy Start & Perinatal Services Updates**

**Grantee Regional Meetings** 

Rochelle Logan, DrPH, MPH, CHES Supervisory Public Health Analyst Division of Healthy Start and Perinatal Services

Mia Morrison, MPH Supervisory Public Health Analyst Division of Healthy Start and Perinatal Services

Vision: Healthy Communities, Healthy People



## **Division Updates**

- Mission Informed Work: White House Blueprint for Addressing the Maternal Health Crisis
- DHSPS's Response to the Blueprint
  - Community Based Doula Supplement
  - Catalyst for Infant Health Equity
  - Healthy Start Cuff Kit Pilot Program
  - Benefits Bundle Pilot Program
- Lessons Learned from Engagement Activities
  - IHE Convenings
  - Grantee Listening Sessions
  - Request for Information
- Future Priorities
  - Divers for Infant Mortality



## **Mission Informed: White House Blueprint**



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JUNE 2022



Today, the White House released the Biden-Harris Administration's <u>Blueprint</u> for Addressing the Maternal Health Crisis, a whole-of-government approach to combatting maternal mortality and morbidity. For far too many mothers, complications related to pregnancy, childbirth, and postpartum can lead to devastating health outcomes — including hundreds of deaths each year. This maternal health crisis is particularly devastating for Black women, Native women, and women in rural communities who all experience maternal mortality and morbidity at significantly higher rates than their white and urban counterparts.

Under President Biden and Vice President Harris's leadership, this





### WHITE HOUSE BLUEPRINT FOR ADDRESSING THE MATERNAL HEALTH CRISIS

### **Maternal Health Actions Goal 4**

#### **Expand and Diversify the Perinatal Workforce**

Our maternal health workforce is under-resourced and not representative of our country's diversity. Given the known benefits of culturally appropriate care, recruiting and training providers from diverse communities is paramount. **To address the gaps in our perinatal workforce, we will increase** the number of physicians, licensed midwives, **doulas**, and community health workers in **underserved communities**.



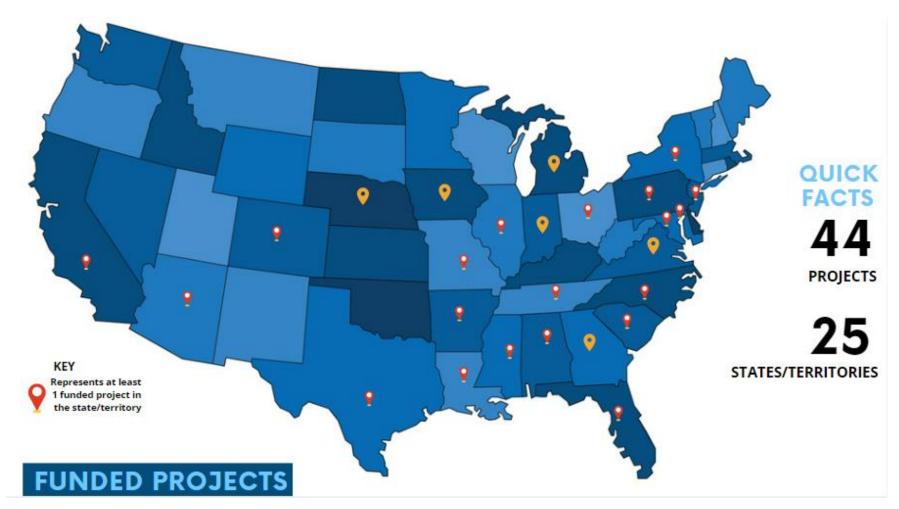
JUNE 2022

## **Community Based Doula Supplement**

#### *Community Based Doulas Supplement*:

The purpose of this supplement is to increase the availability of doulas in Healthy Start service areas, which are those communities most affected by poor infant and maternal health outcomes







#### **Doula Supplement: What We're Learning From the Field**







### WHITE HOUSE BLUEPRINT FOR ADDRESSING THE MATERNAL HEALTH CRISIS

#### **Maternal Health Actions Goal 5.2**

#### Address the social determinants of maternal health.

Fund community-based organizations to **support projects to expand maternal mental health access, develop community needs assessments** in consultation with pregnant and postpartum individuals in local communities, increase access to effective digital tools to expand and enhance maternal health care, and expand models that train maternal health care providers and students on **how to address** implicit bias and racism and screen for **social determinants of health**.



25

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# National Maternal Mental Health Hotline



Health Resources & Services Administration

## **Catalyst for Infant Health Equity**

#### Purpose

**Objectives** 

#### Goals

- To support the implementation of existing action plans that apply data-driven policy and innovative systems strategies to reduce IM disparities and prevent excess infant deaths.
- Action Plan Implementation
- Strategic Partnerships
- Outcome Evaluation



- To decrease and ultimately eliminate disparities in IM across racial/ethnic groups by achieving steeper declines for groups with the highest rates; and
- To continue reducing overall infant mortality (IM) rates in the United States.





WHITE HOUSE BLUEPRINT FOR ADDRESSING THE MATERNAL HEALTH CRISIS

#### **Maternal Health Actions Goal 5.1**

Strengthen Economic and Social Supports for People Before, During, and After Pregnancy

Streamline enrollment in benefit programs for housing, child care, financial assistance, and food by building better linkages between these programs so that pregnant and postpartum women can more easily obtain services that address their needs outside the doctor's office



28

JUNE 2022

## **Benefits Bundle Pilot**

The Benefits Bundle project represents a joint effort between HRSA/MCHB and the Office of Management and Budget (OMB)/United States Digital Service (USDS). Other partners include USDA, DOE, HUD, and ACF, all working to improve the experiences of low-income families navigating the years from birth to age five (0-5).



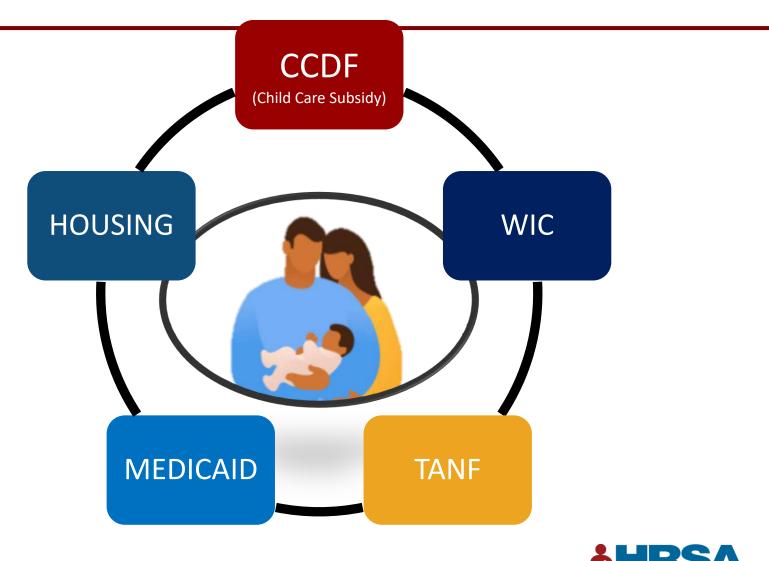




## **Benefits Bundle Pilot**

#### What is the goal of the Benefits Bundle Pilot?

The goal of the Benefits Bundle Pilot is to support Healthy Start (HS) grantees in adopting and implementing peer-, communityand/or workforce-based models to improve family experiences in benefits navigation and beyond.





Maternal & Child Health

WHITE HOUSE BLUEPRINT FOR ADDRESSING THE MATERNAL HEALTH CRISIS

#### **Maternal Health Actions Goal 1.7**

 Improve quality of care provided to pregnant and postpartum women with or at risk for hypertensive disorders of pregnancy by disseminating self-measured blood pressure monitoring tools and resources for obstetrical providers, primary care professionals, and the pregnant and postpartum women they serve.



31

JUNE 2022

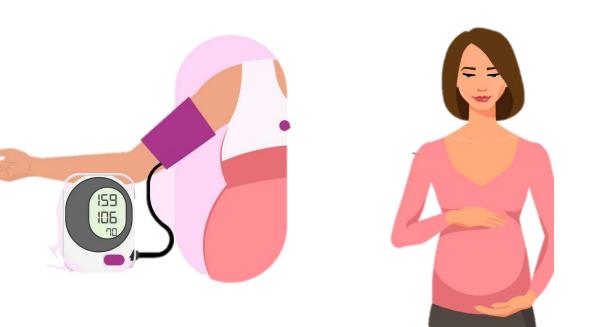
## **Blood Pressure Cuff Kit Pilot Project**



## **Cuff Kit Pilot Project**

#### **Objectives:**

- To **measure** the value of having a BP cuff in the house to support the HS participant in monitoring their BP.
- To support the HS participant in tracking and sharing BP readings with care providers.
- To **determine** how having a BP cuff in the home may result to broader utilization (e.g., partners, parents).







#### **Lessons Learned: Infant Health Equity Convenings**

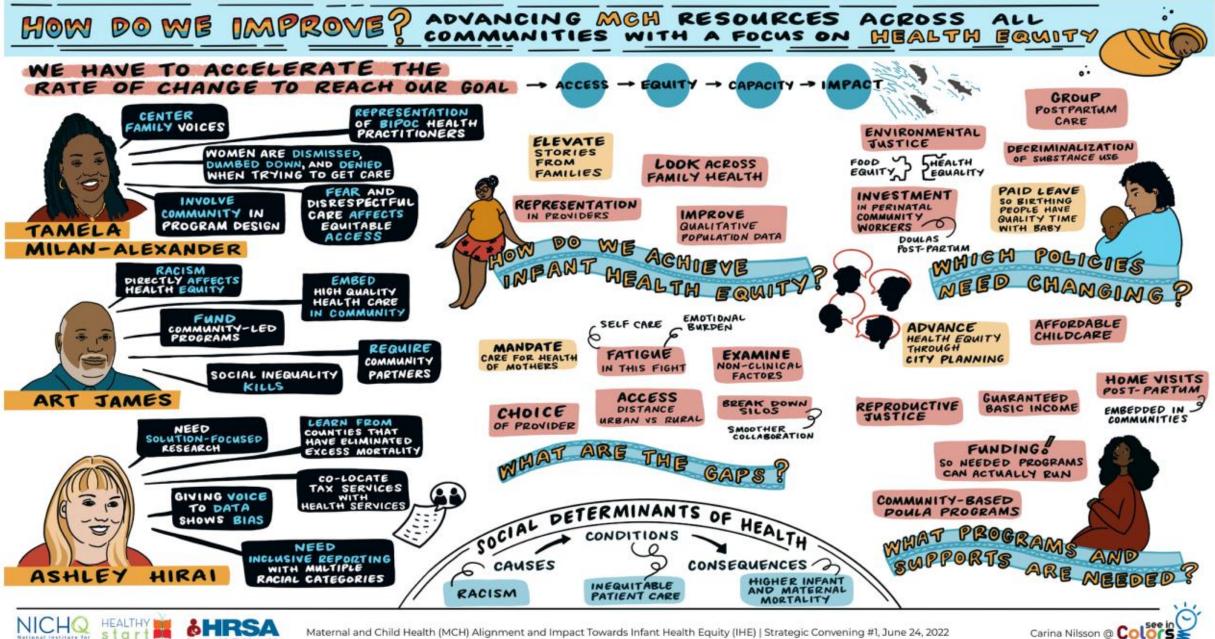
*How Do We Improve?* Advancing MCH resources across all communities with a focus on health equity

What Barriers Do We Face? Investing resources, improving community health and addressing inequities created by systemic and structural racism

*What Is the Data Telling Us?* Engaging communities in data collection efforts to drive advancements in equity and measure progress.

What Did We Learn? What Actions Can We Take? Final convening for all MCH community members





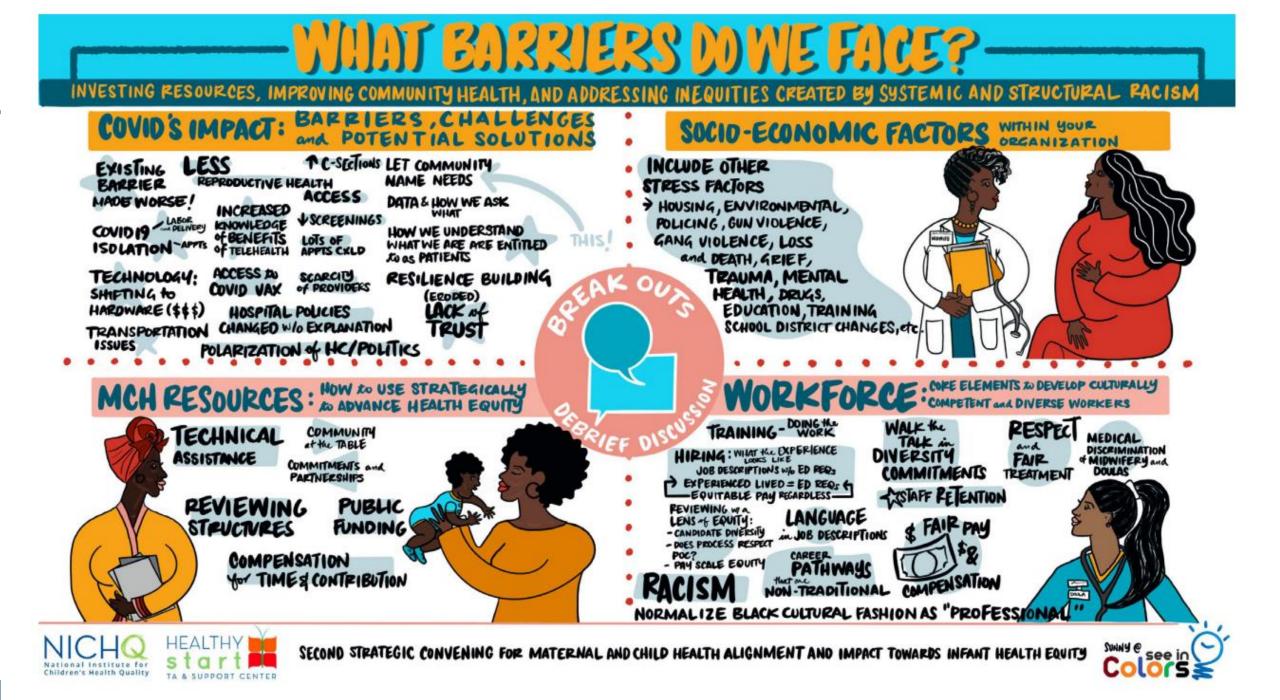
Maternal and Child Health (MCH) Alignment and Impact Towards Infant Health Equity (IHE) | Strategic Convening #1, June 24, 2022

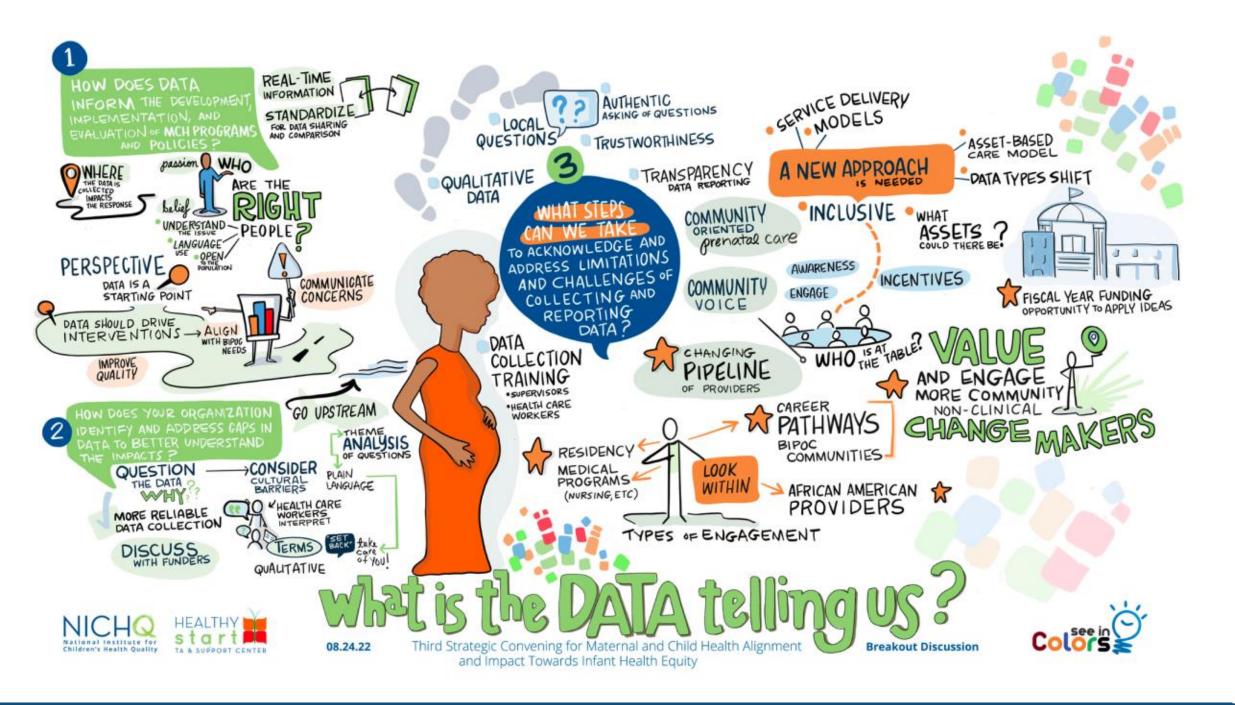
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TA & SUPPORT CENTER

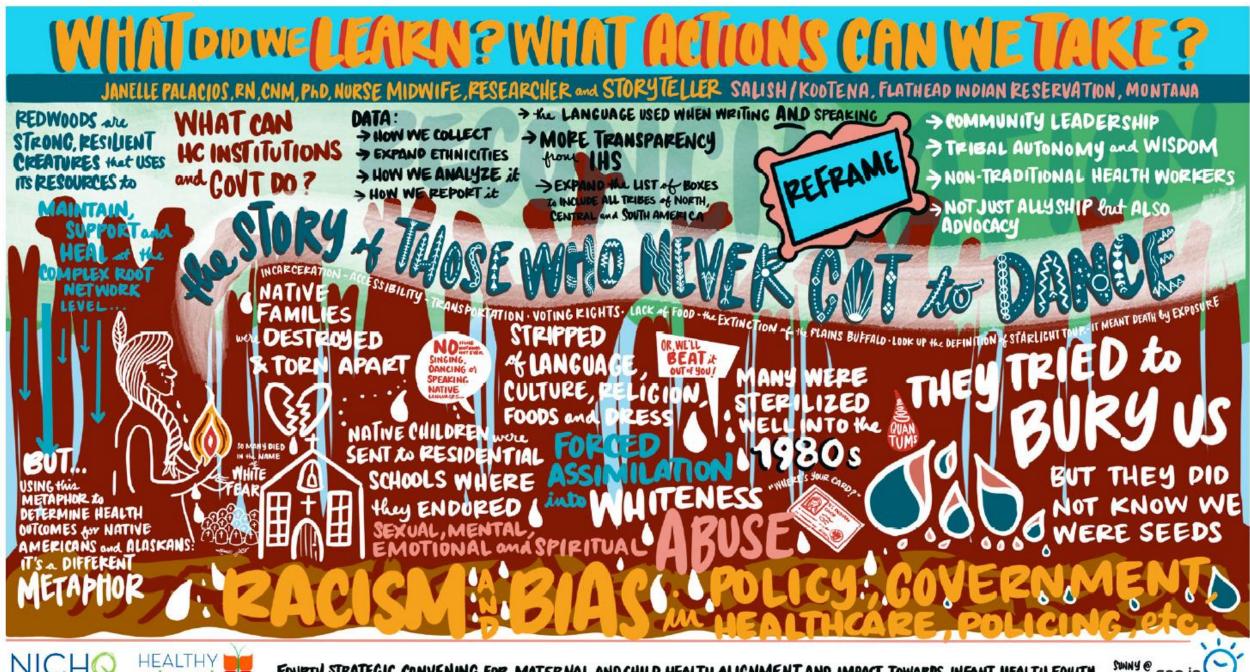
Maternal & Child Health

National Institute for Children's Health Quality









FOURTH STRATEGIC CONVENING FOR MATERNAL AND CHILD HEALTH ALIGNMENT AND IMPACT TOWARDS INFANT HEALTH EQUITY

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FOURTH STRATEGIC CONVENING FOR MATERNAL AND CHILD HEALTH ALIGNMENT AND IMPACT TOWARDS INFANT HEALTH EQUITY



## **Action Steps for Strengthening the MCH Workforce**

Create a pipeline from the community to MCH careers to ensure the workforce is representative of service area

#### Create systems of support for MCH staff

## Ensure pay equity for the MCH workforce





41

## **Action Steps for Addressing Upstream Drivers of Inequity**

Prioritize and amplify mothers, fathers, and communities' lived experiences

Break down silos and expand programmatic reach beyond clinical settings

PHILIN SERVICE IN

Expand efforts to address non-clinical needs, including economic/occupation segregation, housing instability, food insecurity, transportation



## **Action Steps for Revising Funding Practices**

Bolster support for community-based, community-driven organizations Strengthen relationships between the community and funding institutions

# Create systems of accountability





## **Action Steps for Enhancing Data Collection and Utilization**

Invest in resources to expand the current understanding of maternal and infant health outcomes

# Rethink what kind of data to collect

## Strengthen utilization of data

Strengthen community engagement in data collection





## **Lessons Learned: Grantee Listening Sessions**



Addressing Social and Structural Determinants of Health



Increasing Grantee Flexibility



**Reducing Grantee Burden** 





<u>Community Level</u> Flexibility to address the main drivers of infant mortality within the project area and target population

#### Participant Level

Flexibility to customize the types and intensity of services





## **Grantee Listening Session – Addressing SSDOH**

#### Increased emphasis on upstream interventions

Increased emphasis on addressing SSDOH for Healthy Start participants

Increased emphasis around activities that address racism and bias





#### Consider strategies to support Healthy Start staff retention

Consider requirements for number served - quality over quantity

Reduce data collection and reporting burden Clarify program requirements (e.g., clinical funding, CAN activities)





## Healthy Start Request for Information – Initial Takeaways

- Recommendations for HRSA:
  - Increase the emphasis on addressing SSDOH impacting Healthy Start communities:
    - Need for multiple strategies (e.g., educating providers, housing, transportation, public/private partnerships, mental health, CANs).
  - Support Healthy Start programs to address racism and bias in health care through education and training, family engagement and developing cross-sector partnerships.
  - Consider the needs of rural and border communities in Healthy Start program design.
  - Recognition of the value in a single Healthy Start data base and the challenges switching to a new database may pose for some grantees.



• Recommendations on improvements to CAREWare.



## **Continued Priorities – Addressing the Key Drivers of Infant Mortality**

#### Leading Causes of Infant Mortality

Infant deaths and mortality rates for the top 5 leading causes of death for African Americans, 2020 (Rates per 100,000 live births)

Cause of Death (By rank)	# Non- Hispanic Black Deaths	Non-Hispanic Black Death Rate	# Non- Hispanic White Deaths	Non-Hispanic White Death Rate	Non-Hispanic Black / Non- Hispanic White Ratio
(1) Low birthweight	1,136	214.4	1,040	56.4	3.8
(2) Congenital malformations	705	133.1	1, 976	107.2	1.2
(3) Sudden infant death syndrome (SIDS)	472	89.1	563	30.5	2.9
(4) Accidents (unintentional injuries)	375	70.8	547	29.7	2.3
(5) Maternal Complications	337	63.6	370	20.1	3.2

#### **Social Determinants of Health**



Source: CDC 2022. Infant Mortality Statistics from the 2020 Period Linked Birth/Infant Death Data Set. National Vital Statistics Reports. Table 2.



https://stacks.cdc.gov/view/cdc/120700



50

## **Continued Priorities – Addressing the Key Drivers of Infant Mortality**

Causes of Infant Mortality (examples)		Community Action Networks					
		Screening	Navigation	Education	Clinical Care/Support Services		
•	Chronic diseases (e.g., hypertension, diabetes) Obesity Infections	<ul><li>Insurance status</li><li>Chronic conditions</li></ul>	<ul> <li>Referrals to providers</li> <li>Addressing barriers to accessing prenatal care (e.g., transportation)</li> </ul>	<ul> <li>Importance of prenatal care</li> <li>Prenatal care schedule</li> </ul>	<ul><li>Prenatal care</li><li>Clinical care</li><li>Midwifery</li></ul>		
•	Alcohol, tobacco and other Drugs (ATOD) Mental health conditions Intimate partner violence (IPV)	<ul> <li>Screening for drug use</li> <li>Depression screening</li> <li>IPV screening</li> </ul>	<ul> <li>Referral to behavioral health (e.g., mental health therapy)</li> <li>Tobacco cessation</li> <li>Substance use disorder treatment</li> <li>Resources and services for IPV (e.g., legal, emergency housing)</li> </ul>	<ul> <li>Perinatal depression</li> <li>ATOD cessation</li> <li>Healthy relationships</li> </ul>	Behavioral health		
•	Unsafe sleep practices Preventable injuries	<ul> <li>Discussions with trusted Healthy Start staff</li> </ul>	<ul><li>Referrals for pack and plays</li><li>Housing</li></ul>	<ul><li>Preconception education</li><li>Parenting education</li></ul>			
•	Racism and discrimination Toxic, chronic stress	<ul> <li>Discussions with trusted Healthy Start staff</li> </ul>	<ul> <li>Linkage to culturally responsive care and support</li> </ul>	<ul> <li>Social/peer support: group classes/gatherings</li> </ul>	<ul><li>Doula services</li><li>Culturally responsive care</li></ul>		
•	Environmental toxins Exposure to air pollution and lead	Lead screening	<ul><li>Housing</li><li>Legal</li></ul>	<ul><li>Lead exposure prevention</li><li>Tenant rights</li></ul>	<ul> <li>Treatment for lead exposure</li> <li>Occupational therapy 51</li> </ul>		

- Strengthening approaches
   to address upstream factors
   impacting perinatal health
- Investing in organizations that are the trusted experts in their communities
- Future Priorities
- Strengthening family and community engagement
- Increasing flexibility
- Reducing grantee burden



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FOLLOW US:





# **Title V Presentation**

**Susannah Boudreaux** MIECHV Program Manager Bureau of Family Health, Louisiana Department of Health

Children's Health Quality

TA & SUPPORT CENTER

## Healthy Start -Louisiana Title V

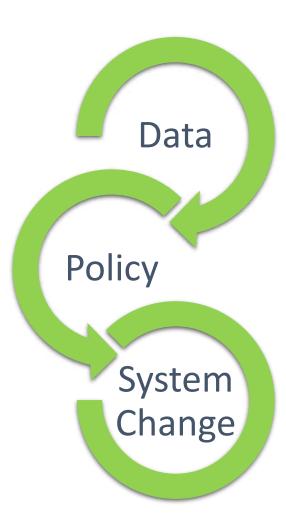
Title V National Performance Measures of Focus

- The national measures selected for their closest alignment with our work and what is measurable
- But they are only PART of what we do
- What Title V is doing is best understood by our strategies for population impact

# How is Louisiana Title V working to have population-level, widespread impact?

Shift FROM "services" reaching a few hundred or thousand people Shift TO "strategies" and "campaigns" that reach entire populations

Organizational strategies



Zapata, 2022

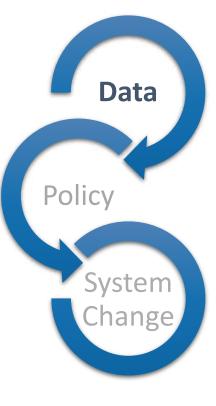
#### Every Mom. Every Family. Every Baby.

- All individuals who are pregnant or have a baby in Louisiana's birthing facilities can have confidence that Louisiana has ready providers, ready facilities, ready systems and that we are a ready state for safe birth.
- ✓ All prenatal and pediatric clinical providers in the state will have the support they need to screen and respond to maternal depression and the developmental health of children.

Why these priorities?

- There is need
- There is momentum (activated systems, activated advocates, activated legislative champions)
- There is enabling policy (more every day) and existing infrastructure that can be scaled and spread

Public health data to inform and clarify needed actions.
Policy that enables and reinforces what we want to see.
Support for our systems to execute.



## Public health data to inform and clarify needed actions.

- Multi-disciplinary and community-engaged review of all maternal deaths (PAMR)
- Multi-disciplinary review of all deaths among children (CDR)
  - Determine preventability
  - Generate recommendations for policy and systems change
- Pregnancy Risk Assessment Monitoring System (LaPRAMS)
- Title V Maternal and Child Health Block Grant Needs Assessment (5-year)

# **Policy** Svstem hange

### Policy that enables and reinforces what we want to see.

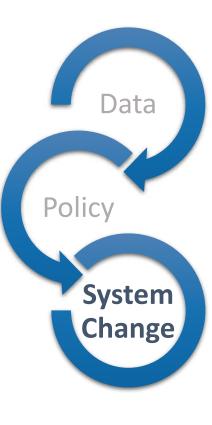
- Title V Developmental Screening Initiative
  - Louisiana Developmental Screening Guidelines (voluntary) five domains
- Medicaid policy for caregiver depression screening with evidence-based tools
- Medicaid "in lieu of" benefit for pregnancy medical home model of care to individuals with substance use disorder
- New licensure requirements for birthing facilities
- Legislative actions (many!)
  - Maternal mental health task force (Black and brown women) (2021 HCR 105)
  - Promote evidence based screening maternal anxiety/depression (2021 HCR 103)
  - Assess LDH activities related to women's health (2021 Act 210)
  - Establish doula registry board
  - 12-month postpartum coverage

Policy **System** Change

Support for our systems to do what is needed to improve outcomes.

#### Vision:

All prenatal and pediatric clinical providers in the state will have the support they need to recognize and respond to maternal behavioral health concerns (and other concerns affecting the developmental health of children).



### Support for our systems to execute change.

- Mental health provider-to-provider consultation system (perinatal and pediatric)
  - Support early identification of risks and mental health symptoms, implement first line management of mental health and substance use disorders, and make effective referrals to additional community resources
  - Louisiana Developmental Screening Initiative (including perinatal depression)
    - Provider toolkit interactive and with videos step-by-step
    - Technical assistance to support integration into practice
- Louisiana Perinatal Quality Collaborative (LaPQC) almost all facilities
  - *Improving Care for the Substance-Exposed Dyad* (ICSED) initiative (14)
  - Caregiver Perinatal Depression Screening Pilot (4)
  - Our Theory of Change is to advance reliable clinical practices, respectful patient partnership, effective peer teamwork, engaged leadership
- Redevelopment of FHF contracts
  - Landscape assessment for FHF to understand providers in their community for all CYSHCN (not just developmental disabilities)

### How Can Healthy Start Help?

• Continued collaboration in local CAAT or CAAN meetings

 Continuing to foster relationships with local MIECHV programs ensuring services & supports are available to all qualifying families