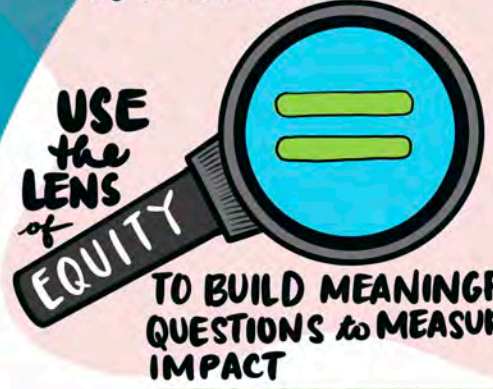


**TRANSFORMATIVE EVALUATION**

EVALUATION is IMPORTANT



**JUSTICE**

**CHALLENGE**



our THINKING and LANGUAGE  
a FRAMEWORK to EXAMINE our ASSUMPTIONS

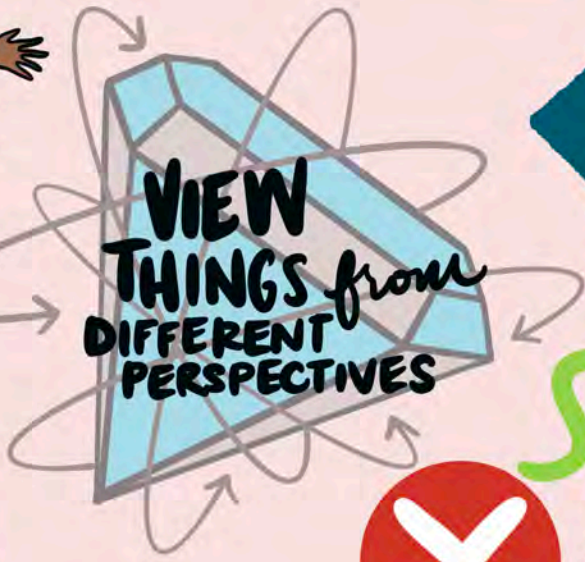
MUTUAL LEARNING OPPORTUNITY

**CANs**  
AS a PLACE of KNOWLEDGE and LEARNING



(IT is OKAY to) **ASK WHY**

**VIEW THINGS from DIFFERENT PERSPECTIVES**



**RECRUITMENT and RETENTION**

be adaptive & flexible

**DON'T be AFRAID to FAIL** (coz you WILL!)  
**ADJUST to CHANGE**



**MENTAL HEALTH and MATERNAL MORTALITY & MORBIDITY**

**I N S P I R E**  
INVOLVE OTHERS    NOURISH EXERCISE    SPIRITUALITY and PRAYER    PATIENCE    IDENTIFY & INITIATE CHANGE    REST & RELAXATION    EACH DAY in a NEW DAY



ASK yourself  
**WHAT do YOU NEED to GET through the DAY?**

a **Joy!**

COMING to YOUR email SOON:  
INFO about SCHOLARSHIPS to ATTEND TRAINING

I REALIZED WE DON'T PRACTICE **SELF-CARE** (STAFF and HOMECOME 1st) for OURSELVES



**SELF-CARE** baby steps

from **SURVIVAL** to **EXISTING**  
from **SUPPORTIVE LIVING** to **LIVING with SUPPORT and EVOLVING**

**STAFF SELF-CARE**

SMALL ACTS of CARE CAN LEAD to **FEELING STRONG and CAPABLE**

**SKILL BUILDING SHARE OUT**

