



Healthy Start Virtual Grantees' Meeting

Updates from the Healthy Start TA & Support Center

Kenn L. Harris, NICHQ

June 26, 2020



The image features a vibrant, abstract background composed of overlapping, semi-transparent geometric shapes in various colors including yellow, orange, red, purple, and teal. The shapes have a textured, paper-like appearance. In the center, a white circle contains the words "THANK YOU" in a clean, black, sans-serif font, arranged in two lines.

THANK
YOU

Look Back, Leap Forward!



Needs Assessment

Webinars (Year 1)

- Conversations with the Division
- Fatherhood Talk Tuesdays
- Data Collection Form Trainings
- Intro to COIN
- Intro to Mentoring Program with NHSA
- Intro to Quality Improvement
- Wellness Coaching
- Perinatal Periods of Risk
- COVID-19
- Virtual Services
- Consumer Responses from COVID-19



Other Trainings

- Community Health Worker Course
- Certified Lactation Counselor Training
- 24/7 Dad's Training
- International Fatherhood Training



A pregnant woman is shown from the side, sitting on a light-colored sofa. She is wearing a light blue, short-sleeved top. Her hands are gently resting on her pregnant belly. The background is a bright, out-of-focus indoor setting with a window and a wooden wall.


Cohorts

- Launched Breastfeeding Cohort
- Fatherhood Coordinators - Fatherhood **Talk Tuesdays**

TA Support

- Topics in 2019-20
 - ✓ Fatherhood
 - ✓ Breastfeeding
 - ✓ Data Collection/CAREWare
 - ✓ Evaluation
 - ✓ Community Action Network (CAN)
 - ✓ Sustainability
 - ✓ Support Beyond COVID-19
- Faculty Planning Committee
- Subject Matter Experts



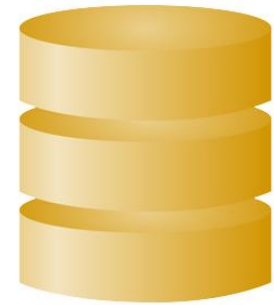


Mentoring Program with NHSA (Launched, June 2020)
Healthy Start Co-Laboratory
Healthy Start EPIC Center
E-Newsletters

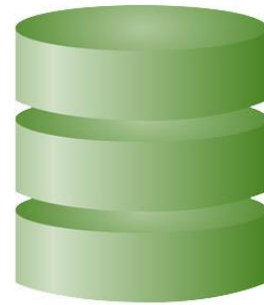


What's Coming in 2020-2021

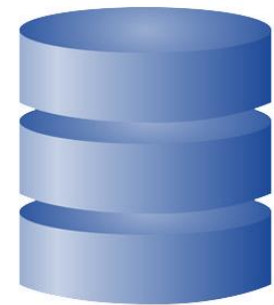
CAREWare Database Support



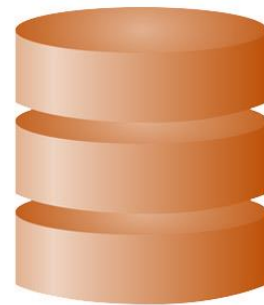
GO Beyond



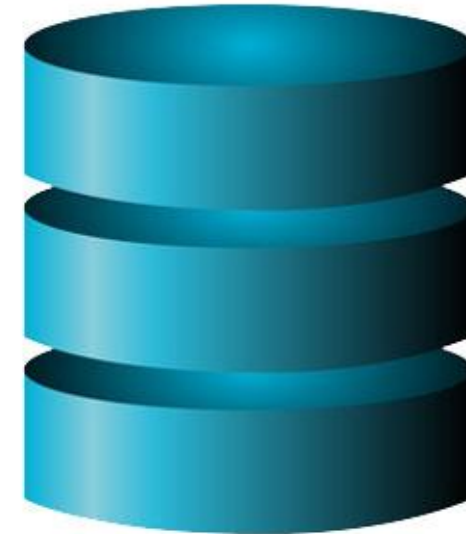
HealthySoft



ChallengerSoft

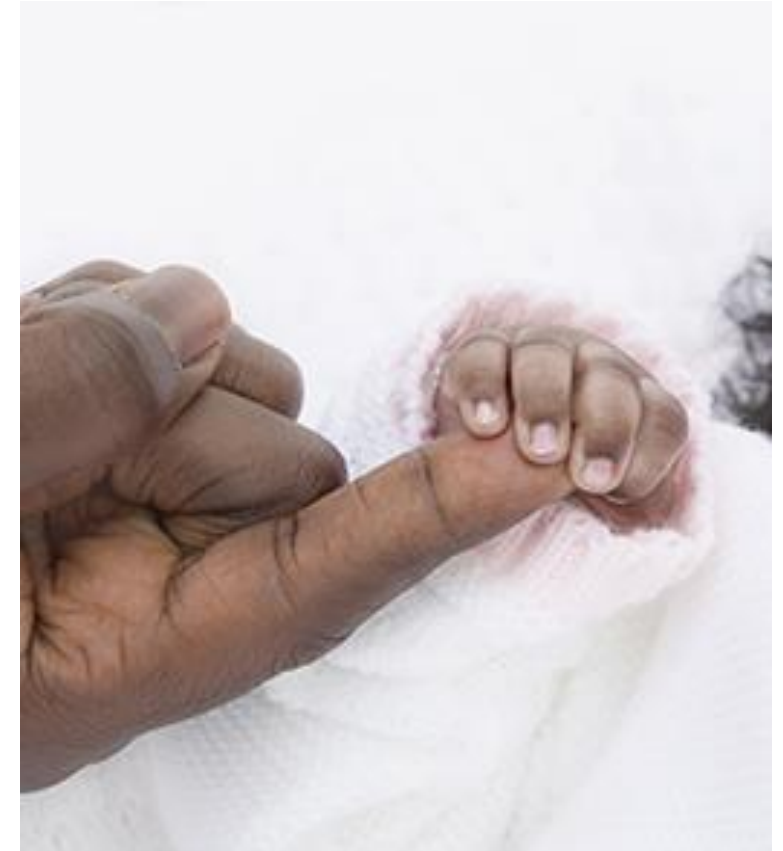


RedCAP



New Partnerships, New Offerings

- MAPP Training – NACCHO
- Breastfeeding – Cathy Carothers (*“Moms going back to work after COVID”*)
- Doulas and Nurses – Dr. Monica McLemore, University of California San Francisco
- Black Mommas Matter Alliance – Angela Doylinson Aina, Black Mamas Matter Alliance
- Reproductive Health Justice – Dr. Joia Crear Perry, National Birth Equity Collaborative
- Fetal Infant Mortality Review – Rosemary Fournier, NFIMR



New Partnerships, New Offerings



- Fatherhood – Fatherhood Advisory – Advisory Council on Fatherhood
- 24/7 Master Training (capacity building)
- Exploring Equity and Racism – Dr. Fleda Mask-Jackson, Denise Evans (“Black TableTalks”)
- Trauma-informed Care – Dawn Levinson, DHSPS
- Quality Improvement – Jane Taylor
- Wellness Coaching Training – Deborah Teplow



Everyday life!

Everyday living!

Maternal Mortality



New Cohorts

The background features a vibrant orange-red color with stylized teal and green leaves. In the foreground, there are two stylized figures of women. The woman on the left has dark, curly hair, wears a light pink top with a red circular detail, and has a yellow earring. The woman on the right has purple hair, wears a blue top with a dark blue circular detail, and has yellow earrings. The text is overlaid on the left side of the image.

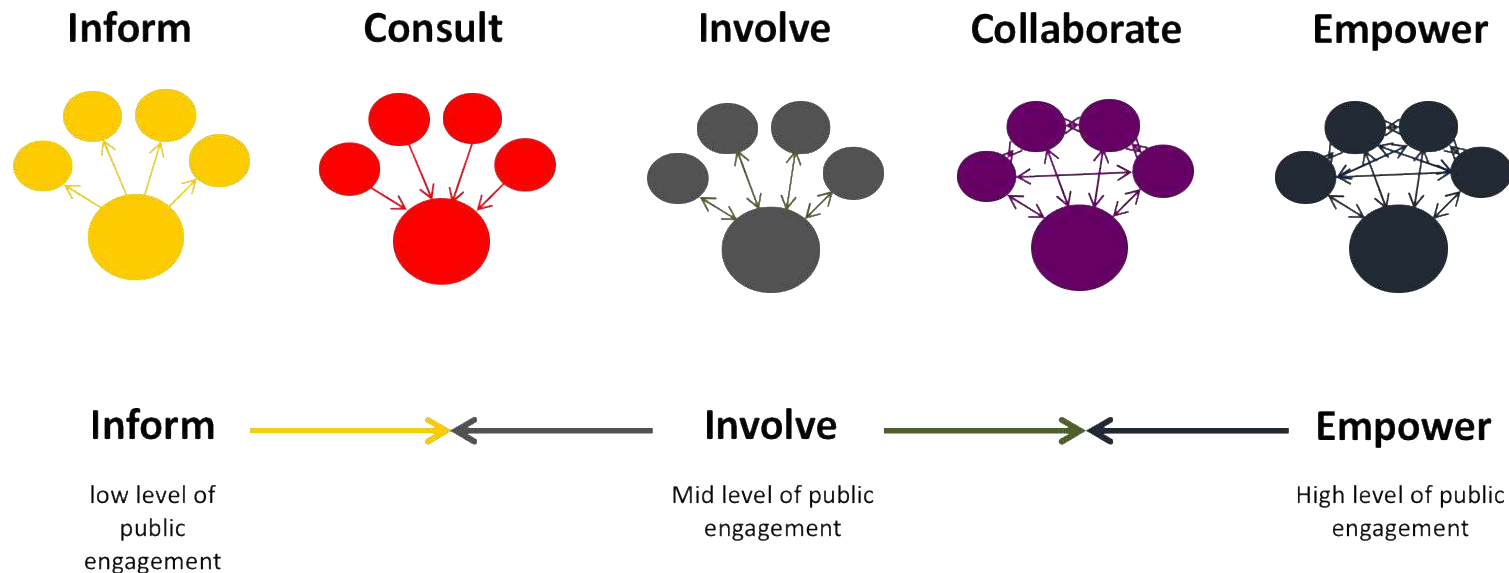
- Breastfeeding – June 2020 – January 2021, another cohort in early 2021
- Evaluators – beginning in Fall 2020
- CAN – beginning in Winter 2021
- Fatherhood (breastfeeding, safe sleep)

Community Action Network (CAN)



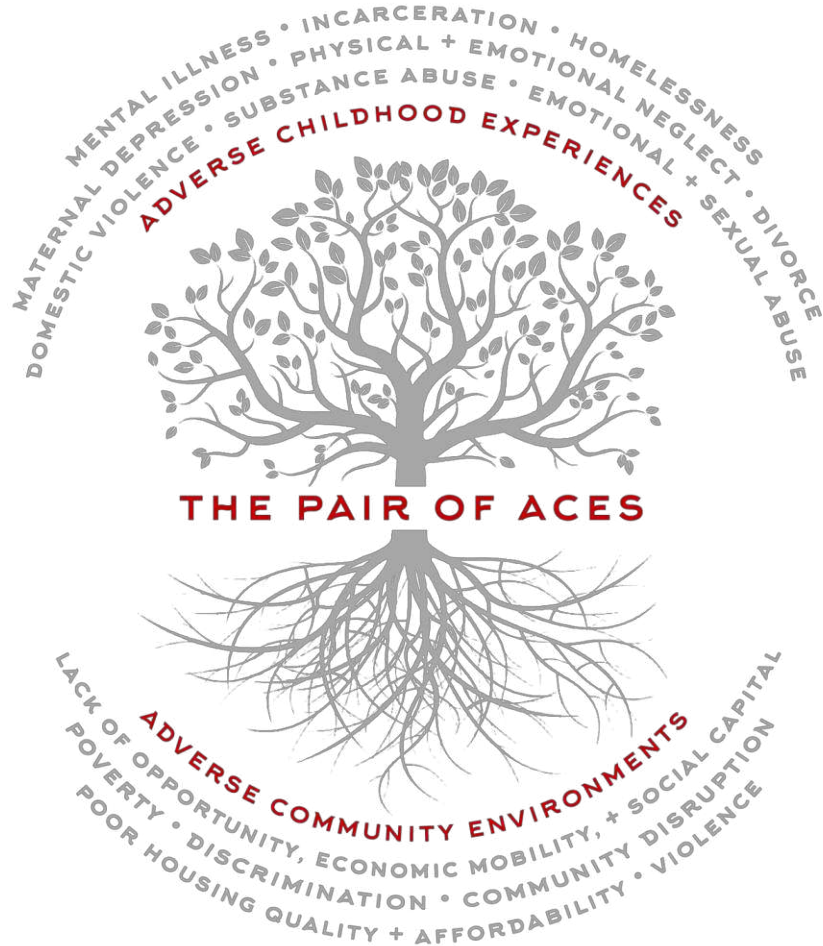
NOW, More Than Ever!

CAN Institute focused on building the Healthy Start CAN



TRAUMA INFORMED COMMUNITY BUILDING A Model for Strengthening Community in Trauma Affected Neighborhoods

<https://bridgehousing.com/PDFs/TICB.Paper5.14.pdf>



Community can address the other ACEs TOGETHER WE CAN!

URBAN INSTITUTE • ELEVATE • THE • DEBATE

Best and Promising Practices: Trauma Informed Community Building- A Model for Strengthening Communities in Trauma Affected Neighborhoods

Summary Overview:

Information regarding the Trauma Informed Community Building (TICB) model can be found in the BRIDGE Housing Corporation's most recent white paper: <http://bridgehousing.com/PDFs/TICB.Paper5.14.pdf>

The Trauma Informed Community Building (TICB) model is based on BRIDGE Housing Corporation's experience doing community building work over the past five years in the Potrero Terrace and Annex public housing sites in San Francisco, CA. BRIDGE Housing Corporation used the TICB model in Potrero to prepare for a major redevelopment of the property. Potrero is one of San Francisco's largest and most distressed public housing sites; BRIDGE Housing worked with residents, and partners developed the TICB model for community building.

Trauma is a set of normal human responses to stressful and threatening experiences (National Center for PTSD, 2007). Residents in low-income and public housing are more prone to experiencing post-traumatic stress disorder (PTSD) and/or cumulative trauma as a result of daily stressors from violence, concentrated poverty, as well as historic structural conditions of racism and disenfranchisement (Collins, et al., 2010). Adults, children, and families are often overwhelmed with trauma as a result of their living conditions. This pervasive, current and historical, trauma requires community building and revitalization that takes into account residents' emotional needs as well as practices to mitigate the possibility of re-traumatizing triggers. Many "traditional" models of community building sometimes ignore or even exacerbate these triggers, making processes such as revitalization, rehabbing, and relocation traumatic for adults and children.

The TICB model addresses and works around the challenges trauma poses to traditional community building strategies. The TICB model uses "strategies that de-escalate chaos and stress, and build social cohesion and foster community resilience over time" (Weinstein et al., 2014). Using the TICB model in trauma impacted communities ensures community building that will promote community healing as part of housing transformation efforts. The below figure shows how real life application of the TICB model ensures that community building promotes community healing as a part of housing transformation efforts.

2100 M Street NW
Washington DC, 20037
urban.org

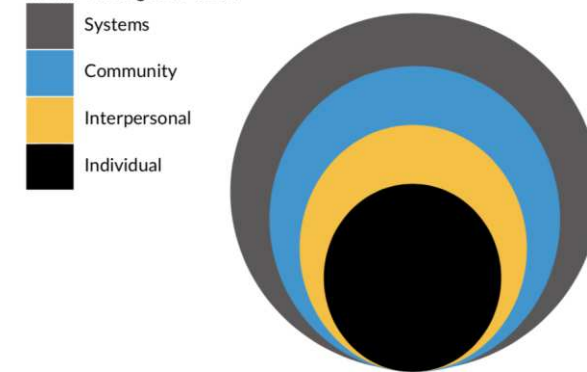
“Community trauma” affects social groups or neighborhoods long subjected to interpersonal violence, structural violence, and historical harms.

Research suggests that the causes of community trauma lie in the historic and ongoing root causes of social inequities, including poverty, racism, sexism, oppression and power dynamics, and the erasure of culture and communities (Pinderhughes, Davis, and Williams 2015).

- place (disinvestment in certain neighborhoods),
- environment (poor housing and public space quality), or
- interpersonal connections (violence, lack of stability or consistency).

Community Trauma why community engagement critical.

Social-Ecological Model



Source: Emily Weinstein, Jessica Wolin, and Sharon Rose, *Trauma Informed Community Building: A Model for Strengthening Community in Trauma Affected Neighborhoods* (San Francisco: BRIDGE Housing, Health Equity Institute: 2014).

A close-up photograph of a young boy and his father. The boy, in the foreground, is smiling broadly and looking down at an open book. The father, behind him, is also smiling and looking at the book. The scene is brightly lit, suggesting a window in the background. The text is overlaid on the top left and bottom of the image.

Healthy Start Fatherhood

Fatherhood within MCH Framework

m e e t i n g b e n c h m a r k s

Connecting dads to pregnancy, breastfeeding, pediatrics, parenting

TA Support – ongoing
Technology
Tele-health

COIN – September 2020

Mentoring Program – ongoing

CAREWare Training & Support

CLCs and Wellness Coaching Training

Mental and Behavioral Health Training

Regional Meetings

CoLab Enhancements – Healthy Start Grantees Community

Healthy Start EPIC Center Website

Newsletters





Kenn L. Harris
Senior Project Director and
Engagement Lead



Dominique Maffei
Senior Project Manager



Olivia Giordano, MPH
Project Manager



Tess Pritchard
Project Specialist



Becky Russell
Senior Director, Applied
Research and Evaluation



Emily O'Donnell
Senior Analyst



Jordan-Tate Thomas
Analyst



Matthew Biewener
Senior Manager,
Technology and Business
Solutions

SHSPP Staff

enhance & strengthen our capacity to serve you better!





Healthy Start Strong

Lift Up Work | Share | Support | Build



Thank you!

Up Next



Innovations in Fatherhood

