

Healthy Start Virtual Grantees' Meeting

Day 1 Wrap-up

Kenn L. Harris, NICHQ

June 24, 2020



Kenn L. Harris,
Healthy Start TA & Support Center,
NICHQ

Healthy Start Grantees' Meeting Planning Committee



- Vanessa Lee, Mary Emanuele, Sonsy Fermin, and Anne Leitch – MCHB/DHSPS
- Deborah Frazier and Sheree Keitt – NHSA
- McClain Sampson and Eulalia Gillum – University of Houston Healthy Start
- Mary Alice Garay – Ben Archer Healthy Start
- Dianne Browne – Camden Healthy Start
- Cynthia Dean – Missouri Bootheel Regional Consortium
- Yvonne Beasley – Healthy Start at Marion County Health Department
- Moraya Moini – Strong Start Initiative LA County Healthy Start
- Lisa Matthews – Cleveland MomsFirst

Virtual Grantees' Meeting Evaluation Survey



- Please take 5 minutes to complete the **Day 1 Evaluation Survey**
- To access the survey:
 - Visit <https://bit.ly/VGMDay1>
 - Or scan the QR code



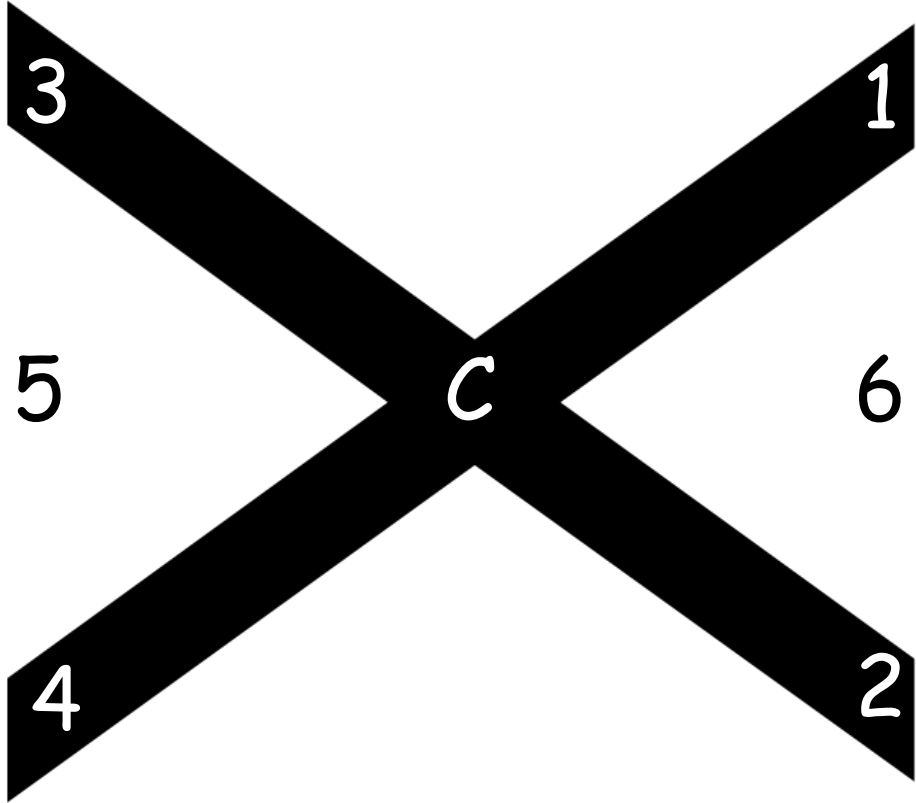


Gets "Jiggy Wit It!"

Learn the Healthy Start Dance



Start by placing an big "X" in the floor or imagining one in your mind!...This way, you'll remember seven points of where all of the steps will land!



Step-right front corner (right foot)
Step-touch (left foot) to right front corner
Step-back center (left foot)
Step-touch back to center (right foot)

Step-right back corner (right foot)
Step-touch (left foot) to right back corner
Step-back center (left foot)
Step-touch back to center (right foot)

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Step-touch (right foot) to left back corner
Step-back center (right foot)
Step-touch back to center (left foot)

Step left side (left foot)
Step-touch (right foot) to left side
Step back center (right foot)
Step-touch back to center (left foot)

Step right side (right foot)
Step-touch (left foot) to right side
Step back center (left foot)
Step-touch back to center (right foot)

REPEAT LEFT AND RIGHT SIDE STEPS

Circle to the right (feet together)
Circle to the left (feet together)

REPEAT FROM TOP

Instructions: Start with both feet in the center of the "X". Keep in mind that the steps are what is called "step-touch":

Left front corner

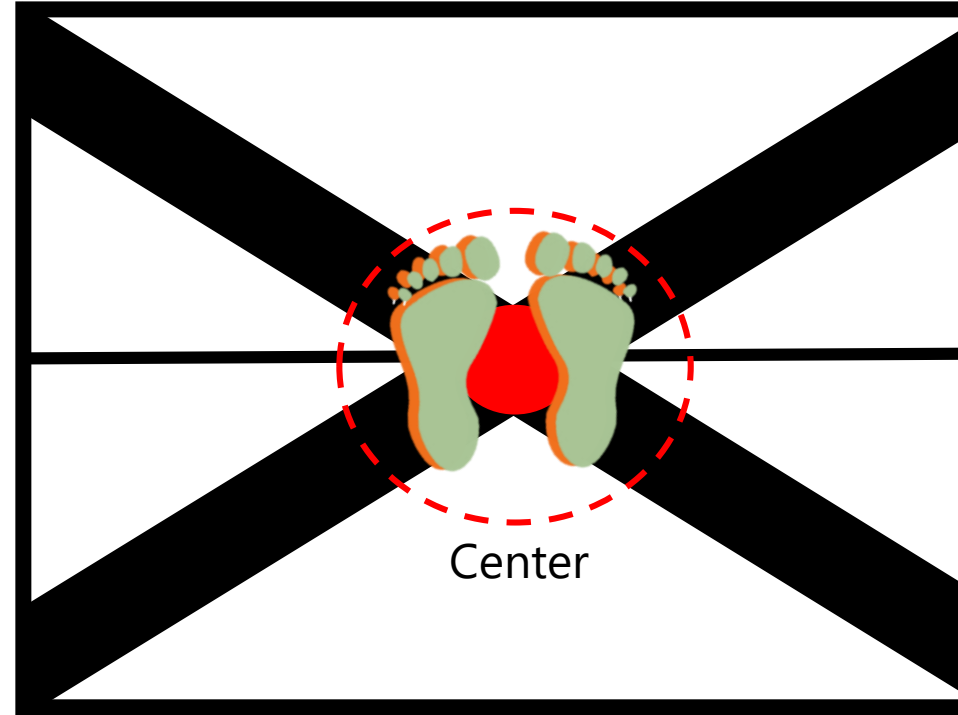
Right front corner

Left side step

Right side step

Left back corner

Right back corner



Step-right front corner (right foot)
Step-touch (left foot) to right front corner
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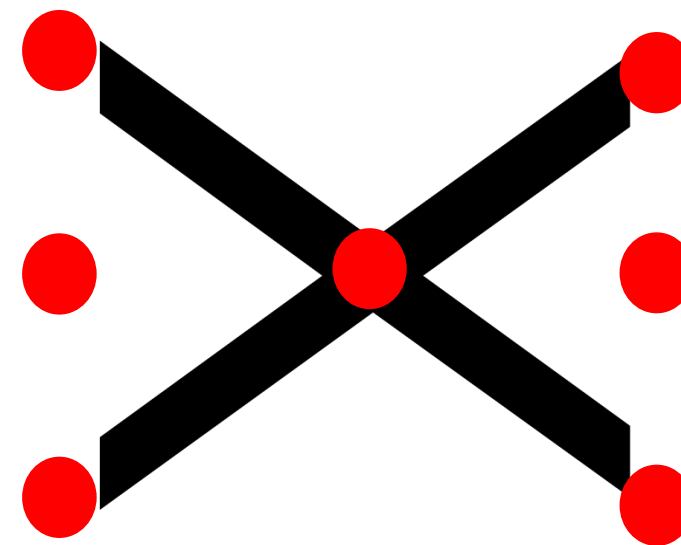
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Step-touch back to center (right foot)

REPEAT LEFT AND RIGHT SIDE STEPS

Circle to the right (feet together)
Circle to the left (feet together)

REPEAT FROM TOP

Hip Hop Beat



We Look Forward to Seeing You Tomorrow for Day 2!



- **11:30 a.m.-12 p.m. EST:** Optional Movement & Meditation Session
- **12 p.m. EST:** Behavioral Health Efforts in the Division of Healthy Start and Perinatal Services
- Plenaries on CAREWare, Mental Health Support for Staff, and more!
- Breakouts on Quality Improvement, Partnering with Faith Leaders, and more!
- Visit HealthyStartEpic.org to view the full agenda

Thank you!

